

CAPORELLA AQUATIC CENTER

9300 NW 58 ST

Tamarac FL 33321

954-597-3660

Splash into the fun and learn to swim!

Parent & Me

Ages 2-4 with a parent in the water. The objective of this class is to help students feel comfortable in the water while parent is at their side. Students will learn elementary water skills that they can build on as they progress.

Tot

Designed for children ages 3-5 years old. Introduction to water safety skills.

Level 1

Designed for children ages 5 years and older with minimal lesson experience. Participants will learn independent submersion, kicking, arm padding, floating, jumping, water adaption, blowing bubbles, underwater recovery, safe water entry and exit, water safety

Level 2

Designed for children ages 5 years and older who have passed Level 1 skills and/or are older in age without past swimming experience. They will improve upon Level 1 skills while learning foundational swimming skills, such as; front crawl stroke, elementary backstroke, floating, glides, surface dives.

Adult Level 1

Designed for ages 13 and older. Participants will learn foundational swimming skills, such as; front float, back float, basic freestyle, backstroke, and endurance work.

Class Days and Times

Parent & Me

Mon & Wed: 5:30-6 pm

Saturdays: 9-9:30am

Tot

Mon & Wed: 5:30-6 pm; 6-6:30pm

Tues & Thurs: 5:30-6 pm; 6-6:30pm

Saturdays: 9-9:30am

Level 1

Mon & Wed: 6 - 6:30pm; 6:30 - 7pm

Tues & Thurs: 6- 6:30pm

Saturdays: 9:30-10am

Level 2

Mon & Wed: 6:30-7 pm

Tues & Thurs: 6:30-7pm

Saturdays: 9:30-10 am

Adult Level 1

Tue & Thu: 6:30 - 7pm

- **All classes must have a minimum of 3 participants in order for class to take place, and will not exceed a maximum of 4 participants.**
- **Swim tests are required by all new participants prior to registration.**
- **Evening classes run 2x per week, 8 sessions in total. Saturday classes run 1x per week, 8 sessions in total.**

Residents \$45.00

Non-residents \$55.00

(Birth Certificate required at registration)



www.facebook.com/TamaracParks



For more information contact 954-597-3660
Parks and Recreation Department

