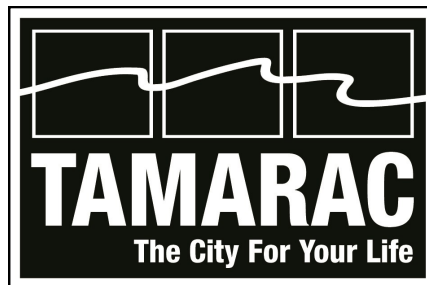


AEROBIC



Sign up for an AEROBIC FITNESS MEMBERSHIP and be on your way to a heart healthy lifestyle!
The ALL ACCESS PASS offers classes at BOTH LOCATIONS!

TAMARAC COMMUNITY CENTER, 8601 West Commercial Boulevard

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	Yoga 5:30 - 6:30PM Kickboxing 6:00 - 7:00PM * Cycling * 7:15 - 8:15PM * Note – separate rate for Cycling classes.	Tone & Sculpt 6:00 - 7:00PM Yoga 6:00 – 7:00 PM Pilates 7:00 – 8:00 PM * Cycling * 7:15 - 8:15PM * Note – separate rate for Cycling classes.	Strong by Zumba 6:00 - 7:00PM Zumba 7:00 - 8:00PM Belly Dancing 7:00 - 8:00 pm	Power Sculpting 6:00 - 7:00PM Yoga 7:00 - 8:00PM * Cycling * 6:15 - 7:15PM * Note – separate rate for Cycling classes.	Body Sculpting 6:00 - 7:00PM	* Cycling * 8:30 - 9:30AM Yoga 9:30 - 10:30AM * Note – separate rate for Cycling classes.

TAMARAC PARK, 7501 North University Drive

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	Salsa 6:30 - 7:30PM Zumba Fitness 7:30 - 8:30PM	Zumba Fitness 9:30 - 10:30AM Dance Fit 7:00 - 8:00 PM	Zumba Fitness 9:30 - 10:30AM Zumba Fitness 7:00 - 8:00PM	Zumba Fitness 9:30 - 10:30AM Salsa 7:00 - 8:00 PM	NO CLASSES SCHEDULED	Pilates 9:30 - 10:30AM Zumba 10:30 - 11:30 AM



ALL ACCESS PASS (Aerobics)

	Drop In	6-month	Annual
Residents	\$7.00	\$85.00	\$140.00
Non-Residents	\$8.00	\$100.00	160.00
Sr. Residents	\$7.00	\$65.00	\$110.00
Sr. Non-Residents	\$8.00	\$95.00	\$130.00
Teen Residents	\$4.00	\$40.00	\$60.00

10 Class Aerobic Punch Card:	
Resident	\$55.00
Non-resident	\$65.00

10 Class Cycling Punch Card:	
Resident	\$55.00
Non-resident	\$65.00

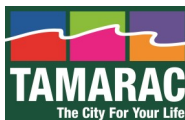
CYCLING FEES

	Drop In	6-month	Annual
Residents	\$7.00	\$85.00	\$140.00
Non-Residents	\$8.00	\$100.00	\$160.00
Sr. Residents	\$7.00	\$65.00	\$110.00
Sr. Non-Residents	\$8.00	\$95.00	\$130.00
Teen Residents	\$4.00	\$40.00	\$60.00

CFN-05222018



www.facebook.com/TamaracParks



For more information contact 954-597-3620

