

# BELLY DANCING

*Just For Kids*

Instructor Maria Chimal

Belly Dance offers children an excellent form of low-impact cardiorespiratory exercise that also improves flexibility, muscle coordination, and strengthens core muscle groups.

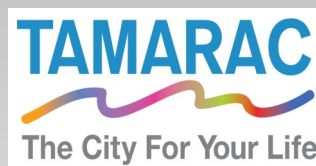


**When: Tuesdays**  
**Where: Tamarac Park**  
**7501 N. University Drive**  
**Who: 6 - 12 year old**  
**Time: 5pm - 6:00pm**

**Fee: Residents \$40.00 for 4 weeks**  
**Non Residents \$50.00 for 4 weeks**



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For more information contact 954-597-3674