Visit www.tamarac.me/webtrac for program information and to register.

Tamarac Community Center (TCC)  (954) 597-3620
Tamarac Park (TPK)  (954) 597-3674
Caporella Aquatic Center (AC)  (954) 597-3660
Social Services (SS)  (954) 597-3642
Visit www.tamarac.me/webtrac for program information and to register.

Tamarac Community Center (TCC)  
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Social Services (SS)  
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JUNE – AUGUST 2023

SENIOR PROGRAM 55+

**Aerobics:**  
- Water Aerobics  
- Kickboxing Lite  
- Sit & Fit  
- Cardio Gold  
- Chair Yoga  
- Stretch & Core  
- 20/20/20

**Dance Fitness:**  
- Jazzercise  
- Line Dance  
- Zumba

**Get Social:**  
- Walking Club  
- Bingo  
- Mah Jong  
- Tamarac Social Club  
- Spanish on Zoom  
- Senior Dance  
- Golden Girls

**Creative Arts:**  
- Happy Hookers  
- Creative Writing  
- Beading  
- Drawing  
- Clay Workshop  
- Rubber Stamp

**Mind Body Wellness**  
- Tai Chi/Qigong  
- Yoga  
- Mind Body Balance  
- Meditate W/Michelle

**Athletics:**  
- Pickleball  
- Ping Pong  
- Volleyball

**AQUATICS**

**Swim lessons:**  
- Parent & Me, ages 2-4  
- Tot, ages 3-5  
- Level 1, ages 5 & older  
- Level 2, ages 5 & older  
- Adult Level 1, ages 13 & older  
- Tamarac Swim Team, ages 5-18

**Pool Slide & Playground**

**Pool Pavilion Rentals**

**YOUTH SPORTS**

- Summer Youth Basketball, ages 6-17  
- Summer Youth Baseball, ages 4-12  
- Tamarac Soccer Academy  
- Tamarac Cougars Football  
- Basketball Youth Open Gym, ages 13-17

**YOUTH ACTIVITIES**

- Ballet, ages 3-12  
- Gymnastics, ages 5-12  
- Hip Hop/Cheerleading, ages 5-10  
- Karate, ages 5 and older  
- Reading, ages 5 and older  
- Kid’s Night Out, ages 6-10  
- Summer Camp, ages 6-11  
- Volleyball Program, ages 9-15

**ADULT FITNESS PROGRAM**

- Booty Barre  
- Zumba Fitness  
- Cycling  
- Transform 60  
- Yoga  
- Strength & Balance  
- Beat Burners  
- Power Sculpting  
- Advance Cycling  
- Zumba Toning  
- Caribbean Class  
- Body Sculpting  
- 20/20/20  
- Barre Fitness

**ADULT SPORTS**

- Co-ed Adult Softball  
- Men’s Flag Football  
- 30+ Men’s Basketball (Summer)  
- Badminton  
- Volleyball

Scan Code for pricing and to register online or go to www.Tamarac.me/Webtrac

Tamarac Community Center  
8601 W Commercial Blvd  
Tamarac Park  
7501 N University Drive  
Caporella Aquatic Center  
9300 NW 58 St  
www.Tamarac.org/Parks  
Or call (954) 597-3620
FAMILY FUN EVENTS:

**Food Truck Fridays! at TCC**
(Every last Friday of the month.)

**Tamarac Community Farmers Market at TPK**
(Every Sunday, 9am-2pm)

**June Events:**
June 2\textsuperscript{nd} - Movie in the Park at TSC, “DC League of Super-pets”
June 9\textsuperscript{th} – Family Bowling Night at 8501 N University Dr. Tamarac
June 16\textsuperscript{th} – Juneteenth Celebration at TSC
June 23\textsuperscript{rd} – Dive-in Movie at AC

**July Events:**
July 4\textsuperscript{th} - All-American Celebration at TSC
July 4\textsuperscript{th} - Patriotic Splash at AC
July 14\textsuperscript{th} - Family Craft Night at TCC
July 12\textsuperscript{th} - Senior 60\textsuperscript{th} Anniversary Party at TCC
July 22\textsuperscript{nd} - Summer Splash with Santa at AC

**August Events:**
August 5\textsuperscript{th} - Back to School Splash at AC
August 11\textsuperscript{th} - Family Vision Board Night at TCC

*Instagram* @TAMARACPARKSANDRECREATION

www.facebook.com/TamaracParks
**Daily Pool Fees**

<table>
<thead>
<tr>
<th></th>
<th>Residents</th>
<th>Others</th>
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</thead>
<tbody>
<tr>
<td>Adult</td>
<td>$4.00</td>
<td>$4.50</td>
</tr>
<tr>
<td>Child (12 &amp; under)</td>
<td>$2.75</td>
<td>$3.25</td>
</tr>
<tr>
<td>Senior/Student/ Military</td>
<td>$3.00</td>
<td>$3.50</td>
</tr>
</tbody>
</table>

**Save with Splash Cards!**
10 Visits, and save on daily fees

<table>
<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td>$36.00</td>
<td>$40.50</td>
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<tr>
<td>Child (12 &amp; under)</td>
<td>$24.75</td>
<td>$29.25</td>
</tr>
<tr>
<td>Senior/Students/Military</td>
<td>$27.00</td>
<td>$31.50</td>
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**Annual Pool Memberships**
Residents ONLY

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Adult</td>
<td>$79.50</td>
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<tr>
<td>Child (12 &amp; under)</td>
<td>$53.00</td>
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<tr>
<td>Senior/Students/Military</td>
<td>$63.00</td>
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**Swim lessons are available for the following ages and skill levels.**

<table>
<thead>
<tr>
<th></th>
<th>Ages 2-4w/parent</th>
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<tbody>
<tr>
<td>Parent/Preschool</td>
<td></td>
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<tr>
<td>Tot</td>
<td>Ages 3-5</td>
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<tr>
<td>Level 1</td>
<td>Ages 5 &amp; over</td>
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<tr>
<td>Level 2</td>
<td>Ages 5 &amp; over</td>
</tr>
<tr>
<td>Adult Level 1</td>
<td>Ages 13 &amp; over</td>
</tr>
</tbody>
</table>

**Fees:**
Residents: $45, Others: $55

For details, including class days and times, call (954) 597-3660.

**Pavilion Rental Rates**

**Saturdays:**
10 am – 1 pm or 2:30 pm – 5:30 pm

**Costs:**
Residents: $75*; Others: $150*

**After Hours:**
7 pm – 10 pm

**Costs:**
Residents: $400*; Others: $500* (up to 50 people-additional charge for extra people)

*A per person pool admission fee, and 5.8% sales tax will apply. A refundable cleanup deposit of $50 is also required.

Caporella Aquatic Center
9300 NW 58 St
www.Tamarac.org/Parks
Or call (954) 597-3660

Scan Code for pricing and to register online
or go to www.Tamarac.me/Webtrac

QR CODE
City of Tamarac Parks and Recreation
Picnic Shelter Fees (Fees include 5.8% sales tax)

Caporella Park (CAP), 5200 Prospect Rd.

Sunset Point Park (SPP), 11000 W. McNab Rd.

Swim Central Annex Park (SCAP) 5800 NW 94 Ave.

Tamarac Sports Complex (TSC) 9901 NW 77 St.

Tephford Park (TEP), 10003 Southgate Blvd.

Waters Edge Park (WEP), 7508 NW 61 St.

**Shelter Size** | **Resident** | **Non-Resident**
--- | --- | ---
Small** *(SPP #3 & 5)*
Accommodate up to 10 people | $29.63/weekday
$37.03/weekend/holiday | $37.03/weekday
$46.56/weekend/holiday

Medium *(SPP #1, CAP**, TEP #1** & 2**, SCAP)*
Accommodate up to 25 people | $45.50/weekday
$59.25/weekend/holiday | $57.14/weekday
$74.06/weekend/holiday

Large** *(SPP #2, 4, 6, TSC)*
Accommodates up to 40 people *(WEB 1 & 2)*
Accommodates up to 35 people | $80.41/weekday
$96.28/weekend/holiday | $100.51/weekday
$120.62/weekend/holiday

ALL PICNIC SHELTER REQUESTS REQUIRE:

- A refundable clean-up deposit of $50.00
- Two (2) week notice for cancellations or changes
- Permit to Install a Bounce House. (Bounce house are not allowed at SCAP and SPP #1)

“Accommodates” – The number of people that can comfortably use the shelter and the adjacent area. Not all attending will be able to sit at the same time.

Tamarac Sports Complex (9901 NW 77 St.)

TSC Meeting Room – 2nd Floor
4-hour time block
Clean-up Deposit (Refundable)

<table>
<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Non-Resident</th>
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</thead>
<tbody>
<tr>
<td>$200.00 (4-hour time block)</td>
<td>$260.00 (4-hour time block)</td>
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<tr>
<td>$150.00</td>
<td>$150.00</td>
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</table>
Volunteer Highlight:

Jill Gerber is a Senior Program volunteer who started the Beading Class.

“It’s been such a joy sharing my favorite hobby. I’m sharing my love of creating jewelry with others”

Customer Service Testimonial:

“Once again, thank you to the dedicated and committed employees of the community center. Your compassionate and caring approach truly makes a difference, and it is greatly appreciated.”
- Kimberly C. –

Beading Testimonial:

“It allows us to use our creativity to use different techniques and share with the group our experience”
- Terry D. –

Caporella Fitness Center Testimonial:

“I have been coming to the fitness center for over 20 years and the newest facility at the Aquatic Center is the most up to date facility. There are live weight as well as machines. There are so many cardiovascular stations available. It is a family atmosphere and the people who work there are so friendly and willing to help. I highly recommend the Tamarac fitness center located in the Aquatic Center and the price for membership is very reasonable.”
- Ray –

“I’m visiting my niece and was so happy to have the opportunity to workout at this center. The staff was friendly which made the visit very pleasant. Looking forward to returning upon new visit to Tamarac.”
- Rosie -

2023 Coaches of the Quarter Corner

Coach Eddie & Lee, with their team. Their team is sponsored by Tropical Financial Credit Union.

Coach Kham, is coaching Basketball & Baseball

Youth Baseball