IN-PERSON RETURN OF
TAMARAC TURKEY TROT 5K
Tam-A-Gram is the official publication of the City of Tamarac, Florida. Reader questions and comments are welcome. Please send your comments to:

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TAMARAC  The City For Your Life

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Important Numbers

Main Number: (954) 597-3500

ADA Coordinator/Accessibility: (954) 597-3600
Voice: 1 (800) 955-8770
TTY: 1 (800) 955-8771

Citizen Hotline: (954) 718-1800
(Activated During Emergencies)

Building Services: (954) 597-3420
Building Inspections, Building Permitting and Inspection Results

City Clerk’s Office: (954) 597-3505
City Manager’s Office: (954) 597-3510
PIO (Media): (954) 597-3523

Community Development: (954) 597-3530
Code Enforcement: (954) 597-3425
Business Revenue: (954) 597-3537

Financial Services: (954) 597-3550
Purchasing: (954) 597-3570
Customer Service: (954) 597-3590

Fire Rescue (Non-Emergency): (954) 597-3800
Human Resources: (954) 597-3600
Job Line: (954) 597-3615
Risk Management: (954) 597-3613

Mayor and Commission: (954) 597-3460
Parks & Recreation: (954) 597-3620
Community Center: (954) 597-3620
Caporella Aquatic Complex: (954) 597-3660

Caporella Fitness Center: (954) 597-3661
Social Services: (954) 597-3642
Transit/Shuttle Bus: (954) 597-3649

Police/BSO Tamarac District (General): (954) 720-2225
(Non-Emergency): (954) 764-4357

Public Services: (954) 597-3700
Engineering: (954) 597-3712
Recycling & Trash Hotline: (954) 597-3740

Utilities (Water): (954) 597-3750
Billing Inquiries: (954) 597-3590
Utilities (Leaks, Breaks, etc.): (954) 597-3750
Water Treatment Plant: (954) 597-3775
(available 24/7 for after-hours utility emergencies)

Service Providers:
Florida Power & Light: (954) 797-5000
Waste Management: (866) 684-3142
Comcast Cable: (954) 252-1937
Library (Tamarac Branch): (954) 765-1500
Post Office (Tamarac Branch): (954) 722-3152
Year-End Reflections

We’ve made it to the end of another year, and we are fortunate enough to witness the commencement of another holiday season. We’ve faced the worldwide COVID-19 pandemic head-on, and though it claimed the lives of thousands, we are here. What are you reflecting upon as 2021 comes to a close?

Resident Surveys

In Tamarac, our year-end reflections are rooted in direct feedback from you. Your 2021 Resident Surveys told us you are happy with Tamarac’s quality of life. You enjoy our parks and you’d like to see more walking and bike trails. You feel safe in the City, but you’d appreciate increased law enforcement visibility. Your feedback also indicates that you’re pleased with the City’s efforts to keep you informed; and that Tamagram is your preferred information source! Your voices are heard. The City will continue providing an array of services, programs, resources and amenities to further enhance your experience in “The City For Your Life.”

Census 2020

Recently received data from the 2020 U.S. Census Bureau shows Tamarac’s population has grown from roughly 60,000 in 2010, to nearly 72,000 in 2020. Tamarac’s U.S. Census data shows a median age of 49.5 and a median household income of $44,400. It also highlights Tamarac’s cultural diversity, as languages other than English are spoken in nearly 37% of our City’s households. Tamarac is growing! Your local government is poised to serve our evolving City.

City Services

Despite challenges brought on by COVID-19, the City’s internal data shows 348 new Tamarac businesses opened in 2021. Important City resources like the Residential Assistance Program provided aid toward rent and mortgage payments, past due homeowners association fees, re-housing and utility bills for nearly 170 local applicants through Community Development Block Grant - Coronavirus funds (CDBG-CV) and the City’s general fund. Whether in-person, virtually or a combination of both, 75 community events were available to Tamarac residents through Parks and Recreation. Services that make Tamarac a desirable place to call home were orchestrated by the City’s staff of 413, including 31 new hires.

Tamarac Turkey Trot

While we’re reflecting, can you believe it’s been 41 years since the first Tamarac Turkey Trot 5K? The tradition began in 1980. The 2020 race was held virtually due to the pandemic. This year, however, we celebrate the milestone of our 40th in-person race.

The City of Tamarac wishes you a happy and safe holiday season! May your homes be filled with joy, love, peace and laughter.

To stay connected with us about upcoming events, activities, important updates and resources, follow the “City of Tamarac” on Facebook, Twitter, Instagram and Nextdoor. You may also visit us online at www.Tamarac.org.

Page from the Nov. 1985 Tamagram, featuring an ad promoting the 5th Annual Tamarac Turkey Trot 5K.
It’s that special time of the year again. A time to reflect on the year and all of its twists, turns, and surprises. As the weather tempers, nostalgia and hope fill the air and plans of gathering with our loved ones in some manner become our priority.

Through 2021, our community continued to stick together to uplift neighbors, friends and strangers through hardships and attempts to re-establish a bit of “normalcy.” The energy of individual volunteers and organizations remained strong as we helped feed thousands of people week after week. Local youth collected supplies and raised funds for women and girls to get basic hygiene products many of us take for granted. Our City and its amazing employees went above and beyond to secure funding, provide assistance and resources to residents, and keep our City running safely. Thank you, Tamarac!

It seems that every year time flies faster; and I am even more grateful for living here! It is a pleasure to be celebrating each other again through our City events. From Sept. 15 through Oct. 15, the Nation celebrated Hispanic Heritage Month. Here in Tamarac, we celebrated with a few festivities hosted by local organizations, including the City’s event on Oct. 12 at the Tamarac Community Center and through the Fast Track Program at Tamarac Park. We danced and worked out to Latin rhythms, sampled Latin dishes, and read a story written about the Hispanic culture, all while honoring our City’s inclusive community. As many of you know, I am extremely proud of my heritage and being adopted by my father. My grandfather was born in Northern Spain and my grandmother was born in Panama. Although my father and my grandparents are no longer with us, enjoying these celebrations have brought back pleasant memories.

Speaking of celebrations, to me, the holidays have begun! I hope everyone enjoyed the Drive-Thru Halloween Haunt and Great Pumpkin Splash and will join us as we take steps or strides forward with this year’s 40th Annual Turkey Trot on Thanksgiving morning. I also look forward to seeing you at our East Side Tree Lighting, Tinsel Town Drive-Thru, and Paws With Claus Holiday Paw-ty to celebrate another year together!

Wishing you a wonderful holiday season and a happy, healthy and prosperous 2022!
As we approach the end of the year, there is so much to look forward to, including the excitement of the holidays.

National Hispanic Heritage Month runs from Sept. 15 to Oct. 15, annually. It was a special time for me, as we celebrated the contributions of the Hispanic community in our beautiful Country. In 1984, I was born in Corinto, Nicaragua. I immigrated to the United States in 1990. I am honored to be Tamarac’s first Latino Vice Mayor and District 3 Commissioner, as of Nov. 3, 2020. I am also proud to be a local business owner and community volunteer.

I am very proud of our Literature for Incarcerated Teenagers book initiative and grateful for the residents who have supported it by donating more than 500 books to help end illiteracy among incarcerated youth. If you would like to contribute, please email me at Elvin.Villalobos@Tamarac.org. During business hours, you may also deliver donated books to my office at Tamarac City Hall, located at 7525 NW 88th Ave. We accept soft cover books in the science, technology, art and self-improvement genres. Those of you who know me well, know how much I value the work of charities and non-profit organizations. Too often, these organizations receive less attention and support than they truly deserve. This year, I chose to contribute to local charities that give back to our residents, including: Aging & Disability Resource Center of Broward County, Broward Veterans Coalition, Fathers M.I.A., Feeding South Florida, House of Hope, Humane Society of Broward County, Kiwanis of Tamarac, No More Tears, Tamarac Historical Society, Women in Distress, Junior Achievement of South Florida and Broward League of Cities.

I wish each of you a wonderful holiday season filled with love, giving and family.
The weather is finally beginning to cool, which means the holidays are upon us. To some, it may seem COVID-19 has covered our lives with a wet blanket to dampen our spirits, even at a time of year that we all look forward to. Tamarac residents, however, are resilient and strong. We have many blessings for which we must give thanks, along with many opportunities to share our good fortune. Let’s take this time to show those around us how much we value our connections and enhance the ties that first brought us together.

Soon, we welcome the arrival of snowbirds and tourists fleeing the cold. That, of course, will bring more traffic to our streets. We welcome our friends with open arms and cannot wait to share unforgettable moments with them again.

In many ways, the holiday season is a sweet ending to all the hard work we’ve put in throughout the year. I am particularly pleased with our partnership with Broward County. I advocated for the installation of bus shelters at Shaker Village and throughout the District. The Commission passed a budget that will fund projects to revitalize the east side. This fiscal year, my colleagues supported my proposal to reduce Tamarac’s millage rate to 7.200 mills. This is the City’s first millage rate reduction in 10 years. Although it is a modest decrease, I kept my promise to you and we are moving in the right direction.

Many of the annual traditions that we love and appreciate will take place soon. These will include my Thanksgiving Initiative, Holiday Big Give Initiative, and the Light Up the East: Holiday Tree Lighting Ceremony at Caporella Park, on Dec. 2, at 6:30 p.m.

We have a lot to look forward to in 2022. I want to wish everyone the best this holiday season. May you have a prosperous and healthy new year. Please be safe as you join friends and family in celebrations and gatherings in the coming weeks.

Finally, remember, if you need my help, you can call me at any time. My cell phone number is (954) 275-3850.

Until Next Time!

Marlon D. Bolton, Commissioner, District 1
A Message From Commissioner Mike Gelin, District 2

As we approach the end of another year and head into the next, we have much to be grateful for. Our children are back in school, reconnecting with friends and teachers. With the availability of COVID-19 vaccinations and vaccine boosters, the pandemic could hopefully shift in the right direction. Some of us have survived a very difficult year, economically. Recognizing the financial challenges we face collectively, the Tamarac Commission lowered property taxes for the first time in 10 years. This will give a small break to local property owners.

The holidays are when most of us connect with friends and family from near and far, while also remembering loved ones no longer with us. With the recent passing of my father, this will be my first holiday season without the physical presence of my “Pops.”

With sincere gratitude I say “thank you” to everyone who emailed, called, texted, posted on my social media pages, attended the homegoing service, and sent prayers to my family as we laid my father to rest this past October. I am thankful to the Tamarac Commission, BSO-Tamarac District and the Tamarac employees who attended my father’s homegoing service. It has been a very difficult time; but I am happy to live in a community that has surrounded me with love and kindness.

The new year is a time to set new goals and challenges. In 2022, I will participate in the annual Miami Dolphins Challenge Cancer 100-mile bike ride. This bike ride raises money to fight cancer. One hundred percent of participant-raised funds go to lifesaving research at Sylvester Comprehensive Cancer Center. I look forward to sharing more information soon.
WITH the holidays upon us, it may be easy to assume the season won’t be as special this year due to pressures associated with COVID-19, vaccinations, booster shots, masks and the everyday grind to make ends meet. Despite these pressures, let’s push to make every effort for our holidays to be special this year. To help us embrace our “new normal,” here are a few fun ideas.

Embracing new technology, as we’ve done since the onset of COVID-19, will allow us to see our loved one’s faces in real-time, by sending holiday cheer virtually. For starters, think about how much fun it would be to have a virtual holiday gathering with those who live too far away to travel this year. You can save on card postage by inviting friends and relatives to a virtual card exchange on your favorite web-based meeting platform. You might even send a special note to someone you wish to reconnect with. Schedule virtual calls with your children and their grandparents, where kids can deliver holiday songs or poems. This will surely put a smile on many faces and could become a holiday season highlight. Just think of the possibilities!

Too tired to decorate the outside of your home? Make it a neighborhood project. You and your neighbors could decorate the outside of your houses on the same weekend, using only what you have at home. No need to buy anything new! Just have fun watching your home transform for the holidays, along with your entire neighborhood.

Don’t forget to bake for the holidays. Try baking a new treat this year. Make two batches and share one with a neighbor. Who doesn’t like a homemade sweet?

I wish you and yours a safe, happy and healthy holiday season!
In remembrance of the 20th anniversary of the September 11, 2001 terrorist attacks on U.S. soil, the Tamarac City Commission paid tribute to those lost, their families and the heroes with a somber wreath-lying ceremony attended by Tamarac’s local first responders.

Following the ceremony, vehicles lined up along Pine Island Road to celebrate the first responders who serve our community with a “Honk for a Hero” Drive-Thru Tribute at City Hall. Attendees received a goody bag filled with community resources, fun gifts and The New York Times best-seller, “I Survived the Attacks of September 11, 2001,” by Lauren Tarshis.

Later that evening, the sky above Tamarac’s City Hall was illuminated with a symbolic depiction of the twin towers that once stood in New York City.
’Tis The Season To Be Safe

The holiday season is here! Tamarac Fire Rescue and Broward Sheriff’s Office - Tamarac District have teamed up to share important tips to help keep your loved ones safe.

Fire & Electrical Tips

Daylight saving time ends Nov. 7. Don’t forget to change your smoke alarm batteries.

• Never place Christmas trees near heat sources, including candles, stoves or open flames.

• Be sure Christmas lights are in good working condition and labeled “UL.” This indicates they meet current safety standards.

• Never overload electrical outlets.

• Unplug Christmas tree lights when leaving home or heading to bed.

• If using a live Christmas tree, keep the base filled with water to prevent it from drying out. Christmas trees are combustible and increasingly flammable as they dry out. Although Christmas tree fires are not common, they’re more likely to be serious when they do occur.

Shopping Tips

The following shopping tips can be applied year-round. They are especially helpful during the holiday season.

• Carry purses close to your body.

• Park in well-lit areas. Be sure to lock vehicle doors.

• Have vehicle keys in-hand upon entering any parking lot to avoid searching for keys outside of your vehicle.

• Take your spare car key and key fob out of your vehicle while shopping.

• Double-check that you have your credit cards, wallet and cell phone after paying for items.

Home Security For Travelers

Traveling for the holidays? Follow these tips to add an extra layer of home security while away.

• Place lights on timers to give the appearance that your home is occupied.

• Tell a trusted neighbor to call the police if they see any suspicious activity on your property.

• Make sure all windows and doors are locked and that your alarm system is activated.

• Suspend newspaper and package deliveries during your absence.

Residents are encouraged to sign-up for BSO’s Home Watch Program. This free service provides a deputy to check the exterior of your home to ensure everything is secure. Call (954) 720-2225 for details.
Public Art Wall Will Celebrate Social Justice

Conceptual design of social justice wall.

Resident input is needed as the City of Tamarac’s Public Art Committee gears up to erect the City’s first social justice wall. Through this public art initiative, Tamarac is paying homage to influential leaders of the past and present who have contributed to the fight for equality in communities across our nation. Entries can include individuals of any race, ethnicity, gender, religion or era in American history.

Each resident is invited to submit the name of one local, state or national icon who personifies social justice to PublicArt@Tamarac.org. Icons with the most mentions could be featured on the social justice wall slated for construction in Tamarac Village in 2022. The wall will include portraits and quotes by social justice leaders who have impacted our culture.

The deadline is Friday, Dec. 3.

Local middle school students are also invited to submit names of icons they’d like featured on Tamarac’s social justice wall through an essay contest. Student entries must be submitted by Dec. 3 to PublicArt@Tamarac.org. Full contest rules are available at www.Tamarac.org/Public-Art.

For upcoming meetings with the artist or to learn more, contact the Public Art Committee at (954) 597-3530 or PublicArt@Tamarac.org.

Construction Corner

Here’s a look at construction and development projects currently underway or coming soon to Tamarac!

Private Development
- Bailey Square apartment complex, 6170-6190 Rock Island Rd.
- Tamarac Self Storage, 8251 W. McNab Rd.
- The Enclaves at Woodmont single-family residential community, sales office at 7910 NW 79th Ter.
- Eden West apartment complex, 8601 & 8701 W. McNab Rd.
- Alazhar School redevelopment, 7201 W. McNab Rd.
- Tamarac Exchange Center, 6899 N. Hiatus Rd.
- Fairfield Inn & Suites, 6800 NW 88th Ave.
- Rock Island Self-Storage, 5602 Rock Island Rd.

Major City Projects
- New Tamarac Sports Complex concession building, 9901 NW 77th St.
- Installation of artistic playground fence at Waters Edge Park, 7508 NW 61st St.
- Inspiration Way, temporary sculptures on Nob Hill Rd., between Commercial Blvd. and McNab Rd.

Public/Private Partnerships
- Tamarac Village, north side of Commercial Blvd., between Pine Island Rd. and NW 94th Ave.

New roof over the Tamarac Community Center Gymnasium, installed in 2021.
The Award For Tamarac’s Tastiest Appetizer Goes To...

Thank you to everyone who supported their favorite Tamarac restaurants by voting for the best signature appetizers as part of the Savor the Flavors Tamarac campaign. This campaign promoted economic development and small businesses in our City! The contest ran from May 1 through July 15. The votes have been tallied, and we’re excited to announce the winners of the 2021 Tastiest Appetizer Contest in the following cuisine categories: American, Asian, Caribbean, Italian, Latin and Overall.

El Buen Gusto Restaurant & Bakery | 7227 NW 88th Ave.
El Buen Gusto was voted Overall Winner and its beef empanadas won the Best Latin Appetizer category.

Char-Hut | 10000 W. McNab Rd.
Char-Hut’s onion rings won the Best American Appetizer category.
Sushi Raku | 10135 W. Commercial Blvd.
Sushi Raku’s Tako Yaki octopus pancake balls won the Best Asian Appetizer category.

Pan d Endz Jamaican Restaurant | 8763 NW 57th St.
Pan d Endz’s jerk barbecue wings won the Best Caribbean Appetizer category.

At’s A Pizza | 6714 N. University Dr.
At’s A Pizza’s Italian meatballs won the Best Italian Appetizer category.
New Vision Pharmaceuticals Brings Innovation And Jobs To Tamarac

Tamarac’s businesses strengthen and support the community in many ways, including providing job opportunities for residents.

New Vision Pharmaceuticals recently purchased the old Unipharma facility in Tamarac Commerce Park for use as its corporate office and manufacturing facility. The company has invested more than $160 million in the 165,000-square-foot facility, making it one of the premier U.S. Food and Drug Administration-regulated product development and manufacturing sites in the Country. It’s also one of the largest life sciences companies in South Florida.

New Vision specializes in research and development, manufacturing and innovative packaging solutions for pharmaceutical companies, as well as health and wellness retailers. The company is well-known for using an innovative technology called blow-fill-seal, which reduces the risk of contamination when packaging pharmaceutical and healthcare products. Many New Vision products are found in hospitals, pharmacies and specialty retail locations around the globe.

CEO Alan Petro says the company is growing, and he’s excited to collaborate with Tamarac’s Economic Development Office, CareerSource Broward and Broward College to identify and bring local talent into the company.

“New Vision Pharmaceuticals is based on the premise that talented people develop excellent processes; and this allows us to deliver world-class products,” Petro explains. “We have unique advantages operating in the Tamarac area and intend to expand using the talent and supply base that is local to South Florida.”

With more than 100 employees, ranging from engineers to packaging operators, the company is now hiring. New Vision offers a comprehensive benefits package, which includes a four-day work week for some roles. For information about opportunities at New Vision Pharmaceuticals, visit www.NewVisionPharmaceuticals.com.

Processing equipment used to manufacture New Vision Pharmaceutical products.
Tamarac resident and Special Olympics athlete, Michelle Canazaro, lit and carried the Torch at the 40th Annual Law Enforcement Torch Run on Oct. 13.

Michelle led a group of Broward Sheriff’s Office deputies and South Florida law enforcement officers from Fort Lauderdale to Pompano Beach to help raise awareness and support for the mission of Special Olympics Florida, which provides year-round sports training and competition in a variety of Olympic-style sports for people with intellectual disabilities.

Michelle is an accomplished multi-sport athlete, winning more than 45 medals, including an honorary ESPY Award during her 25-year career. She is also an athlete leader in the Special Olympics Athlete Leadership Program.

The Broward Law Enforcement Torch Run is part of a 1,400-mile statewide relay that culminates at the opening ceremonies of the Florida Special Olympics Summer Games at the ESPN Wide World of Sports Complex in Lake Buena Vista, Fla.
Tamarac City Commission Meeting Schedule

Tamarac’s Regular City Commission Meetings are held in-person at the Tamarac City Hall Commission Chamber, located at 7525 NW 88th Ave. Please join us for upcoming Regular Commission Meetings on the following dates.

**Regular Commission Meeting**
November 10, 7 p.m.

**Regular Commission Meeting**
December 8, 7 p.m.

All City Commission Meetings are streamed live at www.Tamarac.org/Meetings and on the City of Tamarac’s Facebook page, @Tamarac.Florida.

This schedule is subject to change. For updates on our Regular Commission Meeting schedule and Commission Workshops, please subscribe to our “City of Tamarac - Public Meeting” notifications at www.Tamarac.org/StayConnected, visit www.Tamarac.org/Meetings or call the City Clerk’s Office at (954) 597-3505.

Special Election on January 11, 2022, for U.S. House of Representatives District 20

Did you recently move to Tamarac? Did you change your name or your political party? A Special Election is right around the corner. Be sure your information is up-to-date.

If you plan to vote in the Special Election, it is important to check or update your voter registration information. Registered voters can visit www.BrowardVotes.gov to verify their name, address and voter precinct information online. Visit www.RegisterToVoteFlorida.gov to update your voter registration information. Print a voter registration application form, and mail or deliver it to the Broward Supervisor of Elections, 1501 NW 40th Ave., Lauderhill, FL 33313.

The deadline to update your voter registration is Dec. 13, 2021, which is 29 days prior to the Jan. 11, 2022 election.

Tamarac has 24 voter precincts, located at 14 sites. Tamarac’s precincts are open from 7 a.m. to 7 p.m. on Election Day.

To verify your Election Day precinct location, visit www.BrowardVotes.gov and select “My Voter Status.” Enter and submit your information, and select “Upcoming Elections.”

This year, to make these processes even more convenient, the Broward Supervisor of Elections introduced the “Voter Registration Trifold Mailer,” with return postage included. This mailer will allow current and soon-to-be voters to register, make name and address changes, update signatures, select or change political party affiliations, replace voter information cards, update contact information and request vote-by-mail ballots. For your convenience, “Voter Registration Trifold Mailers” have been strategically placed at sites throughout the County, including Tamarac City Hall, in the City Clerk’s Office. Stop by during business hours to grab one.
**2022 Condominium Bulk Trash Collection**

Mark your calendar to ensure you don’t miss the 2022 bulk collection dates for Tamarac’s condos.

**2022 QUARTERLY BULK TRASH COLLECTION Schedule For Condominiums:**

- January 5
- April 6
- July 6
- October 5

Bulk trash collection includes large items that aren’t picked up on your regular garbage day, such as couches, chairs, mattresses, tables and appliances. Appliances with refrigerant, such as refrigerators and water coolers, must display proof that the refrigerant has been removed and collected by a certified technician.

Bulk pickup can also include tree trimmings, branches, lumber, carpeting and metal poles, as long as they are cut into sections of four feet or less and tied in bundles.

Construction material should not be put out for bulk collection.

Single family homes in Tamarac will continue to receive weekly curbside pickup. Visit www.Tamarac.me/WMmap to find your pickup days.

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**Green Scene**

*Holiday Recycling Tips*

With the holidays upon us, we’d like to remind residents how to properly recycle waste accumulated during the season.

The following items are not recyclable:

- Artificial Christmas Trees
- String Lights
- Tinsel/Garland
- Broken Ornaments
- Ribbons and Bows
- Foam Packaging
- Bubble wrap, packing peanuts, gift bags and tissue paper are not recyclable, but can be reused.

**Christmas Tree Recycling**

Give your Christmas tree a new life by repurposing it! Before Jan. 14, 2022, bring your undecorated tree to Tamarac Public Services, 6011 Nob Hill Rd., where it will be chopped into mulch. Undecorated trees can also be placed curbside on your regularly scheduled bulk trash pick-up day to ensure they are disposed of in an environmentally friendly manner.

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**TAMARAC**

The City For Your Life

The City of Tamarac Presents the

Semi-Annual Community Hazardous Household Waste Recycling Event

Safely recycle unneeded electronics and hazardous household waste for free!

Just store your items in your trunk, remain in your vehicle and event staff will retrieve and recycle with minimal contact. Proof of residency is required.

**Saturday, December 4 | 9 a.m. – 2 p.m.**

Tamarac Public Services Building
6011 Nob Hill Road (East Entry Gate)

For a list of eligible and ineligible recycling items, visit www.Tamarac.org/HazardousWaste.

To learn more, please contact Troy Gies in the City of Tamarac’s Public Services Department at (954) 597-3750.
A Three-Generation Tamarac Turkey Trot Tradition

Thanksgiving Day, Claire Potenzano and her family will lace up their sneakers for the 2021 Tamarac Turkey Trot 5K. The race has been a family tradition since 1993. “It all started when my grandfather and I ran it together,” said Claire, as she reminisced about running in her very first Turkey Trot, as a teenager. “We both placed first in our age groups. This is back when they were giving out turkeys and all the fixings when you won.”

More than 25 years later, Claire no longer competes, but continues the Turkey Day tradition with her 16-year-old twin daughters and 13-year-old son. Each of Claire’s children began participating in the race at age 2. “I went from competing to supporting and pacing my kids as they ran,” said Claire. “Now, we have friends and family attend every year; my mom, brother, sister, cousins, friends and their kids. It’s become a family event that I wouldn’t miss.”

As competitive runners, the Potenzano Family participates in several community races throughout the year, but the Tamarac Turkey Trot is what they look forward to the most. “It’s the one race that we go to every year, where you can connect with people, hear their stories and learn about each other – all the while having fun,” she adds. “The energy is amazing on race day. The music is blasting. Everyone wishes each other good luck. The event staff and volunteers cheer you on along the way and the announcer builds up excitement as you sprint towards the finish line. You can’t forget the iconic picture with the turkey.”

“This is one of the best running events I’ve ever attended. I want to thank the individuals that put in all the hard work to organize it and the many volunteers and first responders that make this race GREAT!”

Annual Water Quality Report Available Online

You can now view your City of Tamarac 2020 Annual Water Quality Reports online. These reports contain important information about the source and quality of your drinking water. We detected 9 contaminants in the West System and 8 in the East. These contaminants were at allowable levels and no health-based violations occurred.


Please call (954) 597-3750 if you would like a paper report delivered to your home.
Caporella Aquatic Complex amenities include a 25-meter heated swimming pool with zero-depth entry, a slide and a children’s water spray ground. The complex also offers a 3,000-square-foot fitness center, locker rooms and outdoor picnic tables. Call (954) 597-3660 for admission fees and information.

As part of our current safety procedures the pool is open in sessions to allow social distancing and time to sanitize between sessions.

The Aquatic Center’s open swim will close for the season on Wednesday, Dec. 1, 2021 and reopen Monday, Feb. 28, 2022.

**POOL HOURS**

**Monday – Saturday:**
- Session I: 10 a.m. – 1:30 p.m.
- Session II: 2:30 p.m. – 6 p.m.

**Sunday:**
- Session I: 10 a.m. – 12:30 p.m.
- Session II: 1:30 p.m. – 4 p.m.

**SPRAYGROUND AND SLIDE HOURS**

**Monday – Friday:**
- 3:30 p.m. – 6 p.m.

**Saturday:**
- Session I: 10 a.m. – 1:30 p.m.
- Session II: 2:30 p.m. – 6 p.m.

**Sunday:**
- Session I: 10 a.m. – 12:30 p.m.
- Session II: 1:30 p.m. – 4 p.m.

**PROACTIVE ARTHRITIS WATER AEROBICS CLASS**

Proactive Arthritis Water Aerobics classes are held every Monday, Wednesday and Friday, from 10 a.m. – 11 a.m. These classes are free to Senior Program members.

**TAMARAC SWIM TEAM**

TS Aquatics offers a competitive swim program for children, ages 5 – 18, at the Caporella Aquatic Complex. Free tryouts are held Monday – Thursday, 5 p.m. – 7 p.m.

The Caporella Fitness Center offers a friendly, non-competitive workout environment with a variety of free weights, machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. Our qualified staff will show you around on your first visit and help you get familiar with the equipment. For more information, contact the Caporella Aquatic Complex at (954) 597-3661 or visit www.Tamarac.org/Parks.

**ANNUAL FITNESS CENTER MEMBERSHIP FEES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults</td>
<td>$150</td>
</tr>
<tr>
<td>Seniors/Active Military/Veterans</td>
<td>$135</td>
</tr>
<tr>
<td>Teens (Ages 16 – 17)</td>
<td>$95</td>
</tr>
<tr>
<td>Teens (Ages 13 – 15)</td>
<td>$65</td>
</tr>
</tbody>
</table>

*Three-month and six-month membership options are also available for adults, seniors, active duty military and veterans.*
**WEEKLY YOUTH CLASSES**

To register or for additional information, including costs, visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac). Classes and schedules are subject to change. Classes are located at Tamarac Recreation Center, 7501 N. University Dr.

<table>
<thead>
<tr>
<th>CLASS</th>
<th>Day</th>
<th>Time</th>
<th>Residents Cost</th>
<th>Non-residents Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>BALLET TAP AND JAZZ</td>
<td>Saturday</td>
<td>10 a.m.</td>
<td>$55 Residents</td>
<td>$65 Non-residents</td>
</tr>
<tr>
<td>CHEERLEADING AND HIP HOP</td>
<td>Saturday</td>
<td>11 a.m.</td>
<td>$55 Residents</td>
<td>$65 Non-residents</td>
</tr>
<tr>
<td>TAE KWON DO</td>
<td>Tuesday &amp; Thursday</td>
<td>5:30 p.m.- 7:30 p.m.</td>
<td>$80 Residents</td>
<td>$90 Non-residents</td>
</tr>
<tr>
<td>GYMNASTICS</td>
<td>Saturday</td>
<td>11 a.m.</td>
<td>$55 Residents</td>
<td>$65 Non-residents</td>
</tr>
<tr>
<td>FAST TRACK</td>
<td>Monday – Friday</td>
<td>3 p.m. – 6 p.m.</td>
<td>$150 Residents</td>
<td>$185 Non-residents</td>
</tr>
<tr>
<td>IMAGINATION MORNING</td>
<td>Wednesday</td>
<td>10:30 a.m. – 11:30 a.m.</td>
<td>$25 Residents</td>
<td>$35 Non-residents</td>
</tr>
<tr>
<td>WINTER BREAK CAMP</td>
<td>Ages 6-12 (1st Grade - 5th Grade)</td>
<td><em>Applications must be submitted by Friday, December 17, 2021</em></td>
<td>$140 Resident</td>
<td>$170 Non-resident</td>
</tr>
</tbody>
</table>

**WEEKLY ADULT FITNESS CLASSES**

The classes below are held in-person. To register or for additional information, including costs, visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac). Classes and schedules are subject to change. Classes are held at Tamarac Community Center, 8601 W. Commercial Blvd. or Tamarac Recreation Center, 7501 N. University Dr.

**CLASSES AT THE TAMARAC COMMUNITY CENTER**

<table>
<thead>
<tr>
<th>CLASS</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOOTY BARRE WITH CAROL</td>
<td>Monday</td>
<td>6 p.m.</td>
</tr>
<tr>
<td>CYCLING WITH CAROL</td>
<td>Monday</td>
<td>7:15 p.m.</td>
</tr>
<tr>
<td>TRANSFORM 60 WITH MIKE</td>
<td>Tuesday</td>
<td>6 p.m.</td>
</tr>
<tr>
<td>YOGA WITH CAROL</td>
<td>Tuesday</td>
<td>6 p.m.</td>
</tr>
<tr>
<td>CYCLING WITH CAROL</td>
<td>Tuesday</td>
<td>7:15 p.m.</td>
</tr>
<tr>
<td>BALANCE AND RECOVERY WITH GAZELLE</td>
<td>Wednesday</td>
<td>6 p.m.</td>
</tr>
<tr>
<td>ZUMBA WITH KECIA</td>
<td>Wednesday</td>
<td>6 p.m.</td>
</tr>
<tr>
<td>BODY SCULPTING WITH GAZELLE</td>
<td>Thursday</td>
<td>6 p.m.</td>
</tr>
<tr>
<td>CYCLING WITH CAROL</td>
<td>Thursday</td>
<td>6:15 p.m.</td>
</tr>
<tr>
<td>YOGA WITH BETH</td>
<td>Thursday</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>BODY SCULPTING WITH MIKE</td>
<td>Friday</td>
<td>6 p.m.</td>
</tr>
<tr>
<td>HIIT WITH SUSAN</td>
<td>Saturday</td>
<td>8:30 a.m.</td>
</tr>
<tr>
<td>ZUMBA WITH SUSAN</td>
<td>Saturday</td>
<td>9:30 a.m.</td>
</tr>
<tr>
<td>CYCLING WITH CAROL</td>
<td>Saturday</td>
<td>9:30 a.m.</td>
</tr>
<tr>
<td>YOGA WITH CAROL</td>
<td>Saturday</td>
<td>10:30 a.m.</td>
</tr>
</tbody>
</table>
WEEKLY ADULT FITNESS CLASSES

CLASSES AT THE TAMARAC RECREATION CENTER

**CHEEKY WITH YASMINE**
Monday | 7:30 p.m.

**ZUMBA WITH MARIA**
Monday | 6:30 p.m.

**ZUMBA WITH MARIA**
Tuesday, Wednesday, Thursday | 9:30 a.m.

**ZUMBA FITNESS WITH KARLENE**
Tuesday | 7 p.m.

**GET EM’ WITH YASMINE**
Wednesday | 7:30 p.m.

**BALANCE AND RECOVERY WITH GAZELLE**
Wednesday | 6 p.m.

**CARIBBEAN DANCE WITH KARLENE**
Wednesday | 6 p.m.

**BODY SCULPTING WITH GAZELLE**
Thursday | 6:30 p.m.

**STRENGTH & TONE WITH YASMINE**
Saturday | 9:30 a.m.

WEEKLY SENIOR CLASSES

The classes below are by registration only. Drop-ins are not allowed.
Participation Platforms: Z = Zoom; L = Live; Z&L = Zoom & Live.

**KICKBOXING LITE WITH MARK**
Monday | 10:30 a.m. (Z&L)

**CREATIVE WRITING WITH JANIE**
Tuesday | 10 a.m. (Z)

**MAT YOGA AND MEDITATION WITH DEBBIE**
Tuesday | 11:30 a.m. (Z&L)

**CARDIO WITH DEBBIE**
Tuesday | 12:45 p.m. (Z&L)

**ABSOLUTE BEGINNERS LINE DANCING WITH HELAINE**
Wednesday | 1 p.m. (Z&L)

**INTERMEDIATE LINE DANCING WITH HELAINE**
Wednesday | 2 p.m. (Z&L)

**CHAIR YOGA WITH DEBBIE**
Thursday | 11:30 a.m. (Z&L)

**SPANISH FOR BEGINNERS WITH NATACHA**
Thursday | 12:30 p.m. (Z)

**MAH JONG**
Thursday | 1:00 p.m. (L)

**PING PONG**
Thursday | 1:30 p.m. (L)

**CLAY WORKSHOP WITH MICHELLE**
Friday | 10:30 a.m. (L)

**CHAIR YOGA AND MEDITATION WITH DEBBIE**
Friday | 12:45 p.m. (Z&L)

**JAZZERCISE WITH WARREN**
Monday, Tuesday, Thursday, Friday | 10 a.m. (Z&L)

**YOGA WITH BETH**
Monday | 12:30 p.m., Wednesday | 10 a.m. (Z&L)

**SIT AND FIT WITH DEBBIE**
Monday, Wednesday, Friday | 11:30 a.m. (Z&L)

**TAI CHI/QIGONG WITH MARK**
Monday | 9 a.m., Friday | 8:30 a.m. (Z&L)

**HAPPY HOOKERS**
Monday | 12:30 – 2:30 p.m. (L)

**ADVANCED RUBBER STAMPING**
Every Other Thursday | 11 a.m. (L)

**PICKLEBALL**
Beginners/Intermediate | Monday, Tuesday, Wednesday | 1:30 p.m. (L)

Classes are for members only. No drop-ins.

55+ Senior Program: Registration is Now Open!
- Visit www.Tamarac.me/Webtrac.
- Choose “Login,” whether you have an existing account or not.
- Current and former members must enter a username and password. If you forgot your username or password, please select the appropriate option.
- First-time patrons will need to create a new account. Once logged in, please choose “Memberships” and then the “55+ Senior Program.”

Classes and schedules are subject to change. For information, visit www.Tamarac.org/Parks or call (954) 597-3620.
SOCIAL SERVICES

Call our information and referral line at (954) 597-3642 for more information about these and other social service programs that may be available in Broward County.

INDIVIDUAL COUNSELING
Free limited sessions for Tamarac residents only. Call counselors Lakshmi at (954) 655-7040 or Jessica at (954) 317-9460 to make an appointment. Please leave a message with your name and phone number and your call will be returned within 24 hours.

FREE HEARING SCREENING
Hear for Good, Inc. provides free hearing tests with a board-certified doctor of audiology and discounted hearing aids through its nonprofit foundation. Pricing on hearing aids is based on income. Please call (954) 597-3642 to make an appointment.

SHINE COUNSELOR
Have questions regarding your Medicare/Medicaid insurance? SHINE is a free, unbiased and confidential counseling service that assists current and prospective Medicare beneficiaries, their families and caregivers, under a grant from the Florida Department of Elder Affairs. Call (954) 745-9779 for more information.

TRANSPORTATION SERVICES
Door-to-door paratransit service is available to people with disabilities and those over age 60 with no other transportation. For additional information, please call (954) 597-3649. Tamarac also offers two free community bus routes to locations across the City. They are the Red and Red Extension Transit Routes. Schedules are available at www.Tamarac.org/439 and City facilities. To track the buses in real-time, download the Ride Systems app and select “Ride Tamarac.”

EXPRESS SHUTTLE
On Thursday, Nov. 18, and Thursday, Dec. 16, members ride free on the Express Shuttle to Coral Square Mall, BJ’s Wholesale Club, Doris Italian Market and other popular stores. There is a $1 fee for non-members. The shuttle departs from the Tamarac Community Center.

Departures: 10 a.m. or 11 a.m.
Return: 2 p.m.

New shuttles are now available to Broward Mall, Sawgrass Mills and Trader Joe’s and Barnes & Noble, located at The Walk in Coral Springs. For more details, please call (954) 597-3649.

Masks are required to ride the shuttle.

MAMMOGRAM SCREENING
The Mammovan will be at the Tamarac Community Center on Tuesday, Dec. 2, from 9 a.m. – 2 p.m. An appointment is required. No walk-ins are permitted. Must be 35 or older. Please bring copies of your previous mammograms with reports to the appointment. Results are available within two business days. Screening Mamograms are covered 100% by most insurance plans. Financial assistance is available by calling Troy Bingham at (954) 955-5438. Please call (561) 955-5438 or visit www.brrh.com/mammovan to schedule an appointment.

Masks are required.
FACILITY LOCATIONS

Caporella Aquatic Complex and Fitness Center
9300 NW 58th St.
Caporella Park
5200 Prospect Rd.
Colony West Golf Club
6800 NW 88th Ave.
Gary B Jones Park for People and Pups
8101 Southgate Blvd.
Mainlands Park
4500 Monterey Dr.
Sunset Point Park
11000 W. McNab Rd.

Tamarac Community Center
8601 W. Commercial Blvd.
Tamarac Multi-Purpose Center
7531 N. University Dr.
Tamarac Park Recreation Center
7501 N. University Dr.
Tamarac Sports Complex
9901 NW 77th St.
Tepford Park
10003 Southgate Blvd.
Veterans’ Memorial Park
7825 Southgate Blvd.
Waters Edge Park
7508 NW 61st St.

ATHLETIC LEAGUES

The following sports leagues are offered in the City of Tamarac. Registration is available at the Tamarac Community Center.

YOUTH BASKETBALL
The recreational basketball league is available for boys and girls ages 6-17. Registration for the recreational basketball season's Spring season will begin Dec. 13. Practice begins in late March, with games starting in April. The season will conclude in June. Space is limited. Volunteer coaches are needed. Practice sessions and games will be held at either the Tamarac Community Center or at Tamarac Park.

Residents: $85; Non-residents: $100

YOUTH BASEBALL
The recreational baseball league is available for boys and girls ages 4-17. Registration for the youth baseball spring league begins Monday, Jan. 3. Practice sessions and games begin in April. The season concludes in June. Space is limited. Volunteer coaches are needed. Practice sessions and games will be held at either Tamarac Sports Complex or Tamarac Park.

Residents: $85; Non-residents: $100

MEN’S BASKETBALL 35 AND OVER
Registration for the recreation basketball league’s spring season begins on Dec. 13. The “Rookie Run” for new players will be held Thursday, Jan. 6. Games begin Thursday, Jan. 13. All games will be played at the Tamarac Community Center.

Residents: $95; Non-residents: $105

SPECIAL EVENTS

VETERANS DAY CEREMONY
Please join us as we recognize Veterans who served our country.

Where: Veterans’ Memorial Park, 7825 Southgate Blvd.
When: Thursday, November 11, 10:30 a.m.

40th ANNUAL TURKEY TROT 5K RACE
Where: Tamarac City Hall, 7525 N.W. 88th Ave.
When: Thursday, Nov. 25, 7:30 a.m.
Fee: Thru Nov. 15, $30
Nov. 16 – 24, $35
Nov. 25 (Race Day), $50
Register: wwww.RunSignUp.com/TamaracTurkeyTrot

SANTA’S BRIGHT & MERRY NIGHT – LIGHT UP EAST TAMARAC
Join us as we light up the Christmas tree, menorah & kinara. Special appearance by Santa Claus and friends.

Where: Caporella Park, 5200 Prospect Rd.
When: Thursday, Dec. 2, 6:30 p.m.

TINSEL TOWN HOLIDAY DRIVE-THRU
Celebrate the holiday season with the lights and themed decor during a festive drive-thru of Tamarac’s Tinsel Town. Experience the magic of the most wonderful time of the year from the safety & comfort of your own vehicle. Bring your letters for Santa and drop them in Santa’s mailbox.

Where: Tamarac Sports Complex, 9901 NW 77th St.
When: Friday, Dec. 10, 6 p.m. – 8 p.m.

PAWS WITH CLAUS HOLIDAY PAWTY
Dress your pet up for the best dressed holiday hound contest and bring your camera to have your dog’s photo taken with Santa. Pictures with Santa run from 10:15 a.m. - 11:30 a.m.

Where: Gary B Jones Park for People and Pups
8101 Southgate Blvd.
When: Saturday, Dec. 11, 10 a.m. – 12 p.m.
40th Annual Tamarac Turkey Trot 5K

Thursday, November 25 | Race Starts @ 7:30 a.m.

Registration: $30 fee until Nov. 15
Late Registration: $35 fee from Nov. 16 - 24
Race Day Registration: $50 fee

T-shirts & Finisher Medals
Commemorative Turkey Trot 5K T-shirt to the First 1500 Registered
Finisher Medal for All Registered Runners
1st, 2nd and 3rd Place Trophies for Overall Finishers
1st, 2nd and 3rd Place Trophies for Age Group Winners

For More Info & Registration
www.Tamarac.org/SpecialEvents
www.RunSignUp.com/TamaracTurkeyTrot