# Important Numbers

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<thead>
<tr>
<th>Main Number:</th>
<th>(954) 597-3500</th>
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<tbody>
<tr>
<td>ADA Coordinator/Accessibility</td>
<td>(954) 597-3600</td>
</tr>
<tr>
<td>Voice (1(800) 955-8770)</td>
<td>TTY (1(800) 955-8771)</td>
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<tr>
<td>Citizen Hotline (Activated During Emergencies)</td>
<td>(954) 718-1800</td>
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<tr>
<td>Building Services Building Inspections, Building Permitting and Inspection Results</td>
<td>(954) 597-3420</td>
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<tr>
<td>City Clerk’s Office</td>
<td>(954) 597-3505</td>
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<td>City Manager’s Office</td>
<td>(954) 597-3510</td>
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<td>PIO (Media)</td>
<td>(954) 597-3523</td>
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<td>Community Development</td>
<td>(954) 597-3530</td>
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<td>Code Enforcement</td>
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<td>Purchasing</td>
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<td>Fire Rescue (Non-Emergency)</td>
<td>(954) 597-3800</td>
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<td>Human Resources</td>
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<td>Mayor and Commission</td>
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<td>Parks &amp; Recreation</td>
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<td>Community Center</td>
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<td>Caporella Aquatic Complex</td>
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<tr>
<td>Caporella Fitness Center</td>
<td>(954) 597-3661</td>
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<td>Social Services</td>
<td>(954) 597-3642</td>
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<td>Transit/Shuttle Bus</td>
<td>(954) 597-3649</td>
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<td>Police/BSO Tamarac District (General)</td>
<td>(954) 720-2225</td>
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<td>Public Services</td>
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<td>Engineering</td>
<td>(954) 597-3712</td>
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<td>Recycling &amp; Trash Hotline</td>
<td>(954) 597-3740</td>
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<tr>
<td>Utilities (Water)</td>
<td>(954) 597-3750</td>
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<tr>
<td>Billing Inquiries</td>
<td>(954) 597-3590</td>
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<td>Utilities (Leaks, Breaks, etc.)</td>
<td>(954) 597-3750</td>
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<td>Water Treatment Plant</td>
<td>(954) 597-3775</td>
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<tr>
<td>(Also used for after-hours utilities emergencies.)</td>
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## Service Providers:
- Florida Power & Light: (954) 797-5000
- Waste Management: (866) 684-3142
- Comcast Cable: (954) 252-1937
- Library (Tamarac Branch): (954) 765-1500
- Post Office (Tamarac Branch): (954) 722-3152
Counting On You

It’s the start of fall – can you believe it? As we inch toward the end of 2020, we find the “new normal” still evolving. Though these things are certain: wearing masks and maintaining social distance must continue. We’re counting on you to help stop the spread of COVID-19.

Fall means that we’re edging closer to the “official” end of hurricane season. But when has Mother Nature actually paid attention to the calendar? That’s why we must stay prepared. Don’t let a lucky miss like we had with Isaias lull you into complacency. Top off your emergency supplies, know where your valuable papers are, trim those trees in advance and sign up for CodeRED (http://bit.ly/TamaracCodeRed) so you can receive time-sensitive information.

Something else that’s time sensitive: the census. The federal government’s deadline for completion is now September 30th. The information you submit can have long-lasting impacts on our City for everything from infrastructure funding to government representation. Take 10 minutes and go to www.2020Census.gov. It’s up to you to help ensure that everyone in Tamarac counts.

Unfortunately, our new normal likely means there will be fewer places to shop. Small businesses are struggling, and we need to support them whenever we can. From day-to-day necessities to restaurant take-out, shop local to keep your dollars in Tamarac and help businesses survive these uncertain times.

Shuttered businesses are only a part of the reason our City will be facing revenue shortages over the near future. Shortfalls in taxes, a tighter economy and extensive job losses mean we’ll most likely be facing financial uncertainty for at least a few years. That will make it difficult to maintain the same levels of service that you’re accustomed to. Difficult, but not impossible. There may be some new ways of doing business and modifications to the programs and services offered, but you can count on Tamarac’s employees to continue to give their all.

You count on your City for a lot: safety, quality of life, and affordable living. We, in return, count on you especially when it’s time to vote - be that early voting, absentee ballot or in person. We count on you to examine the issues and how each candidate measures up to the task at hand as well as their vision for the future.

Enduring pandemics, prepping for hurricanes, supporting local businesses and wisely exercising your right to vote... that’s a lot of responsibility placed on your shoulders. But it’s a critical part of keeping our City moving forward. We’re counting on you, Tamarac.
Everyone’s opinion counts, and everyone’s vote counts. This year’s ballot includes the presidential election and those for many national, state, county and district offices, including Tamarac’s District 1 and 3 Commission seats. It’s an important election, and we encourage all eligible voters to participate. Here’s what you need to know:

**Voter Registration Deadline**

If you’re not already registered, the deadline to register and participate in the general election is October 5th. You can register at www.RegisterToVoteFlorida.gov.

**Three Ways to Vote**

**Vote by Mail.** This option allows you to avoid crowds and stay safe at home. Details on voting by mail are available through the Supervisor of Elections (SOE) office. Call them at (954) 357-7050 or visit www.BrowardSOE.org.

If you choose this option, just sign and return your ballot no later than 7 pm on Election Day. If you return your ballot via mail, allow at least one week for it to reach the SOE office. You can also drop your ballot off in person at any SOE office (during office hours) or at any early voting location (during early voting hours).

**Early Voting.** This gives you the flexibility to vote when and where it’s most convenient for you. It will be held from October 19th – November 1st. There are more than 20 early voting locations in Broward County. If you’re registered to vote here, you can do so at any of these sites. Visit the SOE website for a complete list of locations and hours. Conveniently, the Tamarac Branch Library at 8701 W. Commercial Blvd. is a designated early voting location.

**Election Day.** Many voters choose to cast their vote on Election Day, November 3rd. Polling places will be open from 7 am – 7 pm, and you must vote at your designated precinct.

**Precinct Updates**

At the time of this writing, the following changes were made to precinct polling locations in Tamarac:

- Precinct J015’s polling place changed from the Woodlands Section 5 Clubhouse to Faith United Church of Christ at 6201 NW 57th St.
- Precinct J008’s polling place moved from the Mainlands Section 8 Civic Club to the Vanguard Village #15 Clubhouse at 6320 Brookwood Blvd.
- Precinct J006’s polling place moved from 9190 Lime Bay Blvd. to Millennium 6 - 12 Collegiate Academy, 5803 NW 94th Ave.
COVID-19 Precautions

As the pandemic continues, the SOE office is working with precinct clerks at all early voting sites and Election Day locations to implement the following safety measures:

• Provide clean voting locations and temperature tested, masked poll workers
• Provide hand sanitizer to all voters entering polling locations and courtesy masks as needed
• Provide contact-free voter check-in and plastic-encased pens that voters may keep after voting
• Provide speedy access to ballots and a sufficient number of voting privacy booths that are socially distanced and cleaned throughout the day

Voters should confirm the SOE office has your correct address and information. Check your precinct’s polling location in advance online or by calling the SOE office. To help streamline the process and reduce crowding, study a sample ballot; you can even bring one with you to help you cast your vote quickly.

2020 has been a momentous year. The general election is your opportunity to cast your ballot for the candidates of your choice. For more information about voter registration, vote by mail options and to verify or update your voter information, visit www.BrowardSOE.org or call (954) 357-7050.

The Clock is Ticking

Since the U.S. Census Bureau moved the 2020 Census deadline up to September 30th, it’s critical that anyone who hasn’t participated yet do so now.

An accurate count helps the City get the federal funds and representation in both state and federal government it deserves. This will help fund emergency planning, public safety, future projects and more.

Regardless of your citizenship or homeowner status, completing the census is your civic responsibility. It’s vital that everyone in your household, including young children, are counted.

Remember, the U.S. Census Bureau cannot share your information with anyone, including the IRS, CIA, FBI or any other government agency. The privacy of your census information is protected by law for 72 years.

Heading into September, Tamarac’s participation rate was 68.9%, and the state was at 60.7%. While we are doing better than Florida as a whole, the City had a 76% response rate a decade ago. We know we can raise the bar! Make sure you and everyone you know are counted. Visit www.2020Census.gov by September 30th to complete your census form. Ten minutes can help shape our future.
You Can Count on Us

As we face the continued challenges of the Coronavirus pandemic, many of our residents and businesses are suffering significant financial impacts. While we’re counting on you to do your part to slow the spread, please know that you can count on the City to do all we can to keep the community safe and ease the burden when possible. Here’s a look at some of our recent efforts.

Financial Assistance for Residents
The City’s housing assistance program has provided grants of up to $5,000 for mortgage, rent and utility payments to residents who have been financially impacted by the pandemic and meet eligibility requirements. Thus far, we’ve secured four rounds of funding and held three enrollments. The third round, sponsored by Coronavirus Relief Funds, included re-housing/eviction prevention activities. We’ll hold additional enrollment opportunities as more funds are secured. Updates on this program are posted at www.Tamarac.org/Housing.

Support for Local Businesses
Tamarac’s Small Business Stabilization Grant program launched in August and offered eligible local businesses $5,000 grants to help them recover from the impact of the pandemic. Additional open enrollment periods will be held for this program if further funding is secured. In addition, the “Tamarac Together: Support Local Business” campaign, launched by the City in partnership with the Tamarac North Lauderdale Chamber of Commerce, is designed to assist businesses by encouraging residents to buy local whenever possible.

Food Distribution Events
The City partnered with Feeding South Florida and several local churches to provide food to people suffering with food insecurity during this unprecedented time. We can’t thank these organizations enough for their service to our community.

The Korean United Methodist Church was already a Feeding South Florida partner hosting weekly food distribution events on Saturdays. To meet the increased demand during the pandemic, the City coordinated with the Christian Life Center and Community Christian Church for additional weekday events.

The volunteers and staff of Feeding South Florida, the churches, as well as City staff and BSO, have all worked hard to make these events possible. Through their combined efforts, since April an average of 700 cars have received food at these distribution events every week, making a big difference in the lives of many in our community.

We also thank all the healthcare workers, essential business employees and volunteers who have served our community during the pandemic. We appreciate everyone who has helped others during this difficult time. And we thank everyone wearing masks, socially distancing and following the guidelines to slow the spread of COVID-19. We know it’s not easy, but if we work together and all do our part, we will get through this, together.
New Landscape Irrigation Restrictions to Conserve Water

At the time of this writing, Tamarac’s City Commission is expected to pass a new ordinance that will help conserve water by codifying year-round restrictions on landscape irrigation, including lawn watering. It follows mandatory measures already required by the South Florida Water Management District (SFWMD).

Specifically, landscape irrigation is not allowed between 10 am and 4 pm and can only be conducted two days per week. Property owners with even-numbered addresses can water on Thursdays and/or Sundays. Those with odd-numbered addresses may do so on Wednesdays and/or Saturdays. Locations without addresses, like rights-of-way, can be irrigated on the same day as even-numbered addresses.

Following these guidelines helps conserve water while allowing for a healthy landscape. According to the SFWMD, lawns and landscaping only need 3/4 to 1 inch of water weekly during summer (including rain) and even less in winter.

The new ordinance will go into effect 60 days after its passage. It gives the City the authority to issue written warnings for the first violation, a $50 penalty for a second violation and $100 penalties for third and subsequent violations.

Exceptions are made for special circumstances, such as when new landscaping is installed and places of worship that don’t want to water when they hold services. Another example is properties with “smart” weather-based irrigation controllers capable of deciding which two days per week are best to water. For more information, call (954) 597-3700.

Water is a limited and precious resource. Following these restrictions helps ensure that we can cost-effectively meet future demand.

Green Scene

Conserve natural resources the right way.

• Reduce and Reuse. Even with a decreased demand for recycled materials, you can lower the waste that goes into landfills by reducing and reusing. The Environmental Protection Agency suggests buying products with less packaging (like bulk) and purchasing reusable vs. disposable items. Buy used when you can and maintain objects like clothing and tires, so you replace them less often. Consider borrowing, renting or sharing objects like tools or party decorations that are used infrequently.

• Cut water use while cutting the grass. Adjust your mower blade to leave the grass 3 inches high when you cut the lawn. According to the South Florida Water Management District, taller grass encourages deeper root growth, shades the root system and holds soil moisture.
LOCAL BUSINESS UPDATES

Tamarac Welcomes Tapatia Supermarket

Looking for authentic Hispanic grocery products? Check out the new Tapatia Supermarket in Tamarac, which held a grand opening this summer.

Tapatia offers groceries including traditional Hispanic fare, a cafeteria serving up Mexican, Central American and Caribbean meals, a butcher’s shop, a sweet bread bakery with various Latin American and Caribbean baked goods and access to financial services like in-store utility payments.

Located at 5311 N. State Rd. 7, this 8,000-square-foot supermarket is open seven days a week. It’s owned by Catayu Group, a growing grocery retailer, deli and bakery with more than 10 locations across South Florida.

A Taste of Philly Here in Tamarac

Cool down with an Italian ice from Mrs. SweetWater’s, one of Tamarac’s newest businesses.

Shortly after moving to South Florida in 2017, Philadelphia native Chris Sweetwater quickly discovered one of his favorite hometown treats was missing from the local culinary landscape. Along with his wife Kristen and daughter Chloe, he unsuccessfully tried to recreate those flavors in their home kitchen. Then, they switched gears, devising a plan for Chris’ family in Philadelphia to make the ices in a commercial kitchen and ship them to Tamarac for the community to enjoy.

After searching for the ideal place to set up shop, the Sweetwaters fell in love with the Tamarac Town Square plaza on Pine Island Road, both for its location and the fact that businesses like Rob’s Bageland, Pizza Stop and Prescription Depot have been there for years.

In June, Mrs. SweetWater’s opened its doors to give the community a taste of Philadelphia. Customers can mix and match from nine Italian ice flavors: blueberry, cotton candy, lemon, mango, pina colada, sour apple, watermelon, strawberry lemonade and Swedish fish. If you want a surprise, make sure to ask for “The Bomb.” Chocolate and vanilla gelato will soon be added to the menu.

“Everyone we’ve met so far has been great,” Kristen said. “We really enjoy meeting and getting to know people from the community.”

Mrs. SweetWater’s is located at 8205 NW 88th Ave., and is open seven days a week, noon – 8 pm. Visit www.MrsSweetWaters.com to view their menu and order online.
The Vision Is Becoming Reality

Tamarac Village, the City’s long awaited and much anticipated “downtown” mixed-use hub, is becoming a reality with the first phase nearing completion. Tamarac Village is a catalyzing project for redevelopment throughout the City. It sets the standard for what the City wishes to see from new projects moving forward.

Phase 1 consists of the clubhouse, streetscaping on NW 57th Street and seven residential buildings offering a total of 211 one to three-bedroom rental apartment homes ranging from 800 – 1,485 square feet.

These apartments feature 10-foot ceilings, patios or balconies, Samsung stainless steel appliances, HE front-loading washers and dryers and more. Residents can enjoy amenities at the clubhouse, including a resort-style pool with cabanas, a two-story fitness center, a resident lounge and a kids’ playroom.

Apartment leasing is underway. In fact, the first residential buildings were ready for move-in in mid-July. The project’s phase 1 was expected to be finished by fall 2020.

The developer is preparing for phase 2 of the project, which will include an additional six residential buildings offering 190 apartment homes and additional streetscaping for NW 57th Street and NW 91st Avenue. After that, comes phase 3, with the three commercial buildings and remaining streetscaping on NW 91st Avenue.

The entire project is expected to be complete in 2022. For more information on apartment leasing, visit the leasing center at 9141 W. Commercial Blvd., call (833) 568-4701 or visit www.TamaracVillage.com.

“We are excited to continue this legacy of connecting community members to essential needs and fresh food,” said Yuma Hamed, COO of Catayu Group. “The opening of our newest location in Tamarac will bring new jobs. We remain focused onempowering the communities around us and upholding the promise of offering authentic experiences with welcoming service.”
Metamorphosis at Colony West

After nearly three years of construction, the metamorphosis at Colony West is almost complete.

In addition to its 36 holes of golf and ultra-modern hotel, a new clubhouse and banquet hall will provide multi-use spaces to accommodate a myriad of events.

The walls of the two-story, 17,900-square-foot facility will provide panoramic views of the greens. This beautifully appointed space will be perfect for weddings, bar/bat mitzvahs, quinceañeras, sweet 16s and other celebrations when completed in the coming months. In addition to a banquet hall, the new Colony West will also have a conference room to provide different options for private meetings.

The first floor will feature a full-service restaurant and bar that will be open to the public.

From burgers, wings and salads, to steak and Florida seafood, the restaurant’s menu is sure to have something for everyone. Dining at Colony West will not only be for golfers, but a place for locals to enjoy a fresh quality meal while taking in the views of the beautiful greens.

Watch for news of the opening, coming soon! They’re already taking reservations starting in early 2021. Those interested in planning an event or meeting can contact Pamela Bogart by calling (954) 721-7710 ext. 6 or by emailing PBogart@ColonyWestGolfClub.com.

Focus on Fire Prevention

Cooking is the number one cause of house fires and home injuries. In 2018, fires caused more than $11 billion in property damage.

October 4 – 10 is national Fire Prevention Week. Tamarac Fire Rescue has taken it a step further and expanded it to the entire month, to educate and share measures to avoid causing a house fire.

“Almost half of all home fires involve cooking appliances,” said Tommy Demopoulos, Tamarac Assistant Fire Marshal. “Fortunately, with a little attention, the majority of these fires can be prevented.”

Tamarac Fire Rescue provided the following tips to help reduce your chances of a house fire.

• Keep a close eye on what you’re cooking, especially when frying and grilling food.
• Always turn the oven and burners off immediately after cooking.
• Stay alert and avoid cooking when using medicine or alcohol.
• Keep all flammable and combustible items, including oven mitts, wooden utensils and towels away from hot surfaces.
• If you have small children, use the rear burners to prevent them from touching the hot surface.
• Never use water on a grease fire, use a fire extinguisher to smother the flames.
• Test your smoke alarms monthly and replace the batteries every time you change your clocks.

A life can be saved or taken in a matter of seconds. It’s imperative to set time aside with everyone in your household to go over ways to avoid a disaster.

For additional information, visit www.NFPA.org.
Celebrating Bright Young Minds

The City honored four of Tamarac’s brightest young high school graduates with proclamations recognizing their academic achievements. Here they are, photographed with their proud parents.

Charles Wynter
The valedictorian of the J.P. Taravella class of 2020, Charles had a 5.4881 GPA, was a member of the Science National Honor Society and earned a medical administrative assistant certificate while in high school. He will major in human biology at Stanford University on a full scholarship.

Ajay Seedoo
Earning an associate degree from Broward College while still in high school, Ajay was named the salutatorian of his Atlantic Technical College and Technical High School graduating class. While serving as the Computer Programming Club’s vice president, Ajay was the first-place finisher in the Fundamentals of Web Design state competition and came in second place for Java Programming. With a 5.2304 GPA, Ajay will keep his talents local, majoring in computer engineering at FAU.

Jillian Bourdage
Jillian was the valedictorian of her Broward Virtual School graduating class with a 5.2182 GPA. She will major in aviation studies and play on the women’s golf team at The Ohio State University. A finalist in two USGA championships in 2019, Jillian shifted her focus to her other passion, aviation, when the pandemic forced golf courses to close, and earned her private pilot’s certificate.

Kenia Virgo
Kenia earned the 2020 Blanche Ely High School salutatorian spot with a 5.01 GPA. She kept busy serving as the president of Mu Alpha Theta, secretary of the Student Government Association, member of the National Honor Society and a Questbridge National College Match finalist. Kenia will study medicine at Vanderbilt University in Nashville, Tennessee.
City Commission Meetings

Join us for City Commission meetings at the times and dates below.

Commission Meetings:
- September 9th, 7 pm
- September 23rd, 9:30 am
- October 14th, 7 pm
- October 28th, 9:30 am

Public Budget Hearings:
- September 14th, 5:05 pm
- September 29th, 5:05 pm

The City will announce whether these meetings will be held virtually or in-person at Tamarac City Hall, based on guidelines in Executive Orders from Florida Governor Ron DeSantis. In-person and virtual meetings are open to the public and streamed live at www.Tamarac.org/Meetings. You can also sign up for public participation on this page for meetings held virtually.

This schedule is subject to change. To confirm, visit www.Tamarac.org/Meetings or call the City Clerk’s office at (954) 597-3505.

Construction Corner

Despite the pandemic, there is a lot of construction and redevelopment taking place around town. Tamarac’s transformation offers opportunities for people to build a family, build a business and build a life. Here’s a look at current construction projects in the City.

Private Development
- The Enclaves at Woodmont community, sales office at 7910 NW 79th Ter.
- Hidden Trails community, sales office at 4802 NW 48th Ter.
- Eden West multi-family community, northeast corner of McNab Rd. and Pine Island Rd.
- Alazhar School redevelopment, 7201 W. McNab Rd.
- Community Christian Church, two-story building, 10001 W. Commercial Blvd.
- Tamarac Exchange Center, 6899 N. Hiatus Rd.
- Safeguard Self Storage, two-story addition, 6101 W. Commercial Blvd.

Major City Projects
- Swim Central Annex Park, NW 94th Ave. and NW 58th St.
- New Tamarac Sports Complex Concession Building, 9901 NW 77th St.

Public/Private Partnerships

- Colony West redevelopment, new clubhouse (6850 NW 88th Ave.), and an adjacent Fairfield Inn & Suites (6800 NW 88th Ave.)
- Tamarac Village, north side of Commercial Blvd. between Pine Island Rd. and NW 94th Ave.
An estimated $355 million. That’s how much the County’s 1% sales tax to fund transportation is expected to generate each year, for 30 years. The goal is to award at least 30% of eligible projects to certified small businesses.

Now’s the time to become a certified County Business Enterprise (CBE). Broward County wants to increase the participation of small businesses who are prime contractors and/or subcontractors in County projects. With CBE certification you may be eligible to participate in surtax projects and other opportunities with Broward County government.

In case you missed it, $24.5 million in County Public Works projects and $121.2 million in municipal-requested projects were approved in June 2020. Tamarac will receive approximately $4 million for five City projects and benefit from many County projects as well.

Program eligibility criteria includes:
- Each owner’s personal net worth must be less than $1.32 million
- Firm/business must be independent
- Vendor must be located in Broward County and have a Broward Business Tax Receipt
- Business must be established for a period of one year prior to submitting its application
- Gross revenue limitations vary for construction and contractual services

Attend a free, virtual information session to learn more about the surtax and how to become a certified CBE. For more information, contact the County’s Office of Economic and Small Business Development and Transportation Department at (954) 357-6400 or visit www.Broward.org/EconDev.

Surtax Business Information Sessions
- Wednesday, September 16th
  10 – 11:30 am
- Thursday, November 19th
  11 am – 12:30 pm

Register for these virtual workshops at www.BCOESBD.Eventbrite.com.

Annual Water Quality Report Available Online


These reports contain important information about the source and quality of your drinking water. We detected 7 contaminants in the West System and 9 in the East. These contaminants were at allowable levels and no health-based violations occurred.

Please call (954) 597-3750 if you would like a paper report delivered to your home.
Call our information and referral line at (954) 597-3642 for more information on these and other social service programs that may be available in Broward County.

INDIVIDUAL COUNSELING
Free limited sessions for Tamarac residents only. Call counselors Lakshmi at (954) 655-7040 or Jessica at (954) 317-9460 to make an appointment. Please leave your name and phone number and your call will be returned within 24 hours.

FREE HEARING SCREENING
Hear for Good, Inc. will provide free hearing tests with a board-certified doctor of audiology and discount hearing aids through its nonprofit foundation. Pricing on hearing aids is based on your income. Please call (954) 597-3642 to make an appointment.

SHINE COUNSELOR
Have questions regarding your Medicare/Medicaid insurance? SHINE is a free, unbiased and confidential counseling service that assists current and prospective Medicare beneficiaries, their families and caregivers under a grant from the Florida Department of Elder Affairs. SHINE’s trained volunteers provide counseling on Medicare, Medicaid, Medicare Advantage Plans, Medicare Supplemental Insurance, prescription assistance, long-term care insurance/planning and Medicare fraud, waste and abuse. Call (954) 745-9779.

TAX ASSISTANCE
Representatives from Broward Tax Pro, formerly known as the Volunteer Income Tax Assistance (VITA) program, will be available Monday through Saturday (mornings and evenings) to answer your tax questions. Call their tax hotline at (954) 678-6882.

TRANSPORTATION SERVICES
Door-to-door paratransit service is available to the disabled and to people over age 60 with no other transportation. For additional information, please call (954) 597-3649.

Tamarac also offers two community bus routes, the Red and Red Extension Transit Routes, to locations across the City. Schedules and fees are available at www.Tamarac.org and at City facilities. To track the bus in real-time, download the “Ride Systems” app and then choose “Ride Tamarac.”
ONLINE CLASSES

While in-person classes offered by Tamarac Parks and Recreation are still on hold, the City continues to provide FREE online classes you can take from the comfort of your home to keep your body fit and mind sharp. Visit www.Tamarac.org/Parks for the most current class schedule.

ADULT EXERCISE CLASSES

Sundays, 10 am, Kickboxing
Visit www.Zoom.us
Meeting ID: 436 712 309. Password: 272144

Mondays, 9 am, Tai-Chi/Qigong
Visit www.Zoom.us
Meeting ID: 609 683 270. Password: 027453

Mondays, 12:30 pm, Stretch and Strong
Visit www.Zoom.us
Meeting ID: 900 273 338

Mondays, 5:30 pm, Strength and Stretch

Mondays, Tuesdays, Thursdays, Fridays, 10 am, Jazzercise
Visit www.Zoom.us
Meeting ID: 578 683 3689. Password: funjazz

Mondays, Wednesdays, Fridays, 11 am, Sit & Fit
Visit www.Zoom.us
Meeting ID: 856 460 9893

Tuesdays, 11:30 am, Mat Yoga & Meditation
Visit www.Zoom.us
Meeting ID: 856 460 9893

Tuesdays, 1 pm, Cardio Gold
Visit www.Zoom.us
Meeting ID: 856 460 9893

Tuesdays, 6 pm, Yoga Plus Neck Flex/Care
Visit www.Zoom.us
Meeting ID 753 1131 4015. Password: Zen33

Tuesdays, Wednesdays, Thursdays, 9:30 am, Zumba
Visit https://bit.ly/2yAILAm

Wednesdays, 1 pm, Absolute Beginners Line Dancing Class
Visit www.Zoom.us
Meeting ID: 369 304 2370, Password: 568767

Thursdays, 11:30 am, Chair Yoga & Meditation
Visit www.Zoom.us
Meeting ID: 856 460 9893

Thursdays, 6 pm, Booty Barre

Fridays, 8:30 am, Tai-Chi/Qigong
Visit www.Zoom.us
Meeting ID: 609 683 270. Password: 027453

Fridays, 12:15 pm, Chair Yoga
Visit www.Zoom.us
Meeting ID: 856 460 9893

Friday, 6 pm, Body Sculpting
Visit https://bit.ly/3eVr0vF
Password: 4MBPnc

Saturdays, 9 am, Yogalates

Saturdays, 10:30 am, Zumba

KIDS CLASSES

Wednesdays, 4 pm, Zumba Kids Class

ADULT CREATIVE CLASSES

Tuesdays, 10 am, Creative Writing
Visit www.Zoom.us
Meeting ID: 590 658 2607

Fridays, 3 pm, Spanish
Visit www.Zoom.us
Meeting ID: 798 8708 9467, Password: 9Nmu85

Class offerings, schedules and log-on instructions are subject to change. Visit www.Tamarac.org/Parks for the latest class information, or call Tamarac Parks and Recreation at (954) 597-3620 during normal business hours.
Wear Masks, Save Lives

MAYOR AND COMMISSION

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MICHELLE J. GOMEZ

VICE MAYOR
MARLON D. BOLTON
DISTRICT 1

COMMISSIONER
MIKE GELIN
DISTRICT 2

COMMISSIONER
JULIE FISHMAN
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COMMISSIONER
DEBRA PLACKO
DISTRICT 4

SEPTEMBER | OCTOBER | 2020