TAMARAC TOUGH
Hurricane Irma: Your City’s Response
Right on the Money
The Truth About Property Taxes
Building Fees Simplified
Looking Good, Tamarac!
Irma, a name we won’t soon forget.

Thankfully, we dodged a bullet. A subtle shift in direction and the outcome could have been much worse.

Know that your City prepared long and hard for this. Our plans and people were in place. Water levels in our canals were dropped and our equipment was ready.

After preparations were completed and the hurricane warning was in effect, a contingent of Tamarac staff hunkered down in our Emergency Operations Center and in buildings on the east and west sides of the City. The situation was monitored around the clock. As the winds and rain battered our City, we waited.

Between gusts, Tamarac Fire Rescue answered calls from those in need.

And, when the wind died down and dawn broke, our Rapid Impact Assessment team spread out through the City to see just what Irma had done.

What they found were major roads blocked by downed trees, standing water in pockets around the City, and power out in most of Tamarac. But, thankfully, no homes were compromised. Once the reconnaissance was complete, pumps were set up to drain standing water, and crews got to work removing trees along major thoroughfares to allow access for emergency vehicles. Many hours later, they were able to do the same on secondary roads and in neighborhoods, until most all streets were passable.

Tamarac’s water system was never compromised and generators kept the lift stations operating to ensure your toilets continued to work.

Dedicated employees enabled us to return to almost normal operations within just a few days, to keep the business of the City running. Staff reached out to those on our vulnerable population list and crews provided aid to other cities that didn’t fare as well as we did.

Did Tamarac’s system work flawlessly? Not by any means, but it did work well. We’ll be making changes where needed to include any opportunities to improve our own hurricane plan. And, along with our partner cities, we’ll be working with FPL as they look for ways to improve their restoration procedures.

We’ll rebuild as needed and this City will be even stronger than before because, together, we’re Tamarac Tough.
Hurricane Irma: Your City’s Response

Every year at the start of hurricane season, we share a story in Tam-A-Gram about preparation and planning. Just like our residents and businesses, the City must plan for hurricanes, but on a larger scale and with much more detail.

When Irma threatened South Florida as a potential category 5 storm, Tamarac was ready. We’re fortunate we didn’t receive the direct hit we braced for, but Tamarac did experience hurricane force wind gusts and heavy rains that caused downed trees, widespread power outages and some localized flooding. But at every step of the way, your City worked diligently to keep the community safe.

BEFORE

Well before a storm threatens, the City enters into contracts for services like debris removal as part of our advance preparation.

During hurricane season, we closely monitor storms long before they arrive. Even before the hurricane watch was called for Irma, staff was reviewing emergency plans and working with the South Florida Water Management District to monitor and lower water
levels in canals to minimize the impacts of expected heavy rainfall. We also worked with contractors to make sure that construction sites and the building materials at them were secure.

To ensure residents had timely information updates, we ramped up communications using CodeRED announcements, website posts, social media and City emails that continued throughout the recovery efforts.

Once a hurricane watch was announced, we began preparing our facilities and parks. And when a hurricane warning was issued, the City opened the Emergency Operations Center (EOC) at Fire Station 15 and put our plan into action.
Hurricane Irma: Your City’s Response

DURING

During the storm, more than 50 members of Tamarac Fire Rescue were staffed at the City’s fire stations. They responded to 121 calls as weather conditions permitted.

City staff manned the EOC 24/7 over the course of the weekend to coordinate our response, working in close contact with county and state officials. In fact, two Tamarac employees – one firefighter and one civilian – were stationed at the Broward County EOC.

In addition, 35 Public Services employees and their equipment were housed onsite during the storm – at Fire Station 78 in the east, and in City offices on the west side. They were ready to deploy as soon as the winds were under 40 mph and conditions were no longer too dangerous.

AFTER

At soon as it was safe, Public Services employees began clearing at least one lane of each of the City’s major roads to allow for emergency access.

Once debris was safely cleared, Tamarac crews completed a Rapid Impact Assessment of critical infrastructure including the stormwater system, the water treatment plant and traffic signals at major intersections. In addition, Building staff surveyed homes and businesses throughout the City to ensure they were structurally safe.

There were never any issues with the City’s water supply or the sewage system. Portable generators were used to pump sewage stations that had lost power, and to power traffic lights at five...
of Tamarac’s major intersections until service was restored.

The City also pumped away water from the areas with the most street flooding. Crews cleared debris first from the City’s main roads, then throughout neighborhood roads. When all is said and done, we expect to have removed approximately 200,000 cubic yards of debris.

Throughout the storm, and for days afterwards, staff stationed at the EOC were coordinating efforts with Broward County and other government agencies, FPL and vendors such as Waste Management.

Staff responded to emergency and non-emergency calls for assistance, reached out to those on our vulnerable population list, did status checks in areas without power, provided roof tarps to those who needed them, and identified what had to happen for the City to return to normal operations.

We were able to reopen City offices for business in three days, and the Commission meeting was held as scheduled.

Rest assured, throughout our response, staff was looking for ways to improve our processes for next time and we did find a few opportunities.

While we can’t prevent hurricanes and their inconveniences, we’ll continue to do all we can to provide our citizens with the best possible service – even in the midst of a storm.
Right on the Money

Every year, your City works hard to ensure the annual budget is right on the money, providing the community with outstanding services and quality of life while maintaining fiscal responsibility.

The budget for Fiscal Year 2018, which begins October 1st, is designed to ensure our infrastructure meets tomorrow’s needs and, as the community continues to grow younger and more diverse, we remain “The City For Your Life”.

It was developed following the City’s strategic plan, which is based on the priorities residents and businesses have communicated through surveys and a variety of other feedback. And it provides funds to accomplish this year’s goals without raising the general millage rate for property taxes. In addition, the fire assessment and solid waste fees on your tax bill remain the same, and the storm water fee only increased by $3.60 per year.

Here’s a look at some of the major projects being funded in the FY 2018 budget:

**Tamarac Sports Complex**
**Concession Building - $1,747,000**
A two-story concession building with restrooms, a storage area and a meeting room will be built at the Sports Complex to replace the existing football and soccer concession building that is simply not big enough to meet the demand. It will be used for City events and will also be available for rental.

**Fire Station Construction - $915,500**
A portion of these funds will be used to support the construction of the new permanent Fire Station 36, located on University Drive. The remainder is for a temporary Fire Station 48 to be located in the northwest quadrant of the City. These new stations will enable Tamarac Fire Rescue to maintain excellent service and response rates in all areas of the City.

**Tamarac Park Playground - $455,000**
Tamarac Park will receive a total makeover complete with new playground equipment, safety surface, shade structure, perimeter fencing and improved drainage.

**Neighborhood Signage Program - $260,000**
This money is earmarked for the fabrication and installation of a number of neighborhood entrance signs. A joint effort with homeowner associations, they will look similar to the new City signs which are part of the comprehensive signage program. Together, they will improve the City’s visibility and image, while creating a sense of place.
The Truth About Property Taxes

There are a lot of misperceptions about where your taxes go and how they’re spent. Many people assume that most of their property tax money goes to the City. The truth is, your property taxes fund a wide variety of important services from Tamarac as well as the county, the public school system, the water management district, the hospital district and more. Here are a few facts to help you better understand how your property taxes impact the City.

**Tamarac receives approximately one-third of your ad valorem taxes.**

Your tax bill is broken down into two sections. The first includes ad valorem taxes, which are based on the taxable value of property and calculated using a multiplier called a millage rate. The City receives only about one-third of the ad valorem taxes; the remainder goes to other governmental agencies.

**Approximately 38% of Tamarac property owners pay $250 or less a year in ad valorem taxes.**

In fact, last year, 9% of Tamarac property owners didn’t pay any ad valorem taxes, and an additional 29% only paid between $1 and $250. While that’s good news for property owners, it means the City needs to be that much more vigilant in how we utilize the tax dollars we do receive.

**Non-ad valorem assessments are earmarked for specific services.**

The second section on your tax bill includes non-ad valorem taxes. These are billed at a flat rate and not based on your property’s taxable values. There are currently three assessments in Tamarac: fire, solid waste and stormwater. They cannot be used for anything other than the essential service for which they’re collected.

**It costs a lot to run a City.**

The truth is, it costs a lot more to run the City than Tamarac collects in property taxes. The City’s total budget for the last fiscal year (ending September 30, 2017) was $196 million. Tamarac received approximately $39.5 million from ad valorem and non-ad valorem taxes, which equaled about 20% of the budget. While that’s a significant amount, it’s important to note that police and fire services alone cost around $40.6 million.

In addition to property taxes, the City relies on monies from other agencies, grants and service fees to fund the budget. If you’re interested in seeing how Tamarac balances its budget, visit our financial transparency webpage at www.tamarac.org.

Making Things Better

When the focus is on providing the best possible service to the community, it’s important to constantly seek ways to improve. One of the best sources for innovative ideas is our employees, who have first-hand knowledge of what works best.

To encourage and celebrate employee innovation, the City held its first Innovation Showcase. Employees submitted ideas such as a system to improve how we monitor janitorial services at City buildings, and the use of timesaving software for electronic purchasing quotes. Participants discussed their submissions with their peers, which hopefully inspires future innovation. As Albert Einstein famously said, “Creativity is contagious, pass it on”.

WWW.TAMARAC.ORG
Tamarac is home to a business community that's as diverse and dynamic as our residents. Like the people who live here, companies are attracted to the City's excellent location, amenities and quality of life. While some of our corporate citizens are well known, there are many hidden gems nestled within the City’s borders. PuroClean, a water, fire, mold and biohazard damage restoration company, is one of them.

PuroClean operates a comprehensive support center in Tamarac Commerce Park for its 250 franchised offices across the U.S. and Canada. They provide assistance with operations, accounting, client services, marketing, training and more.

Hidden behind the center’s ordinary building exterior is its unique training facility that includes a 1,200-square-foot “flood house” built to code inside their warehouse. It's used to train people to properly dry out a flooded home, and is one of only 24 IICRC certified flood houses in the world. Although since 2009 it's had hundreds of thousands of gallons of water pumped into it, the hardwood floors and drywall are original. The facility also includes a smoke room and a multi-media training classroom.

While the corporate office houses about 35 employees, there's a regular stream of new franchise owners coming to Tamarac for three-week training sessions, as well as technicians who come to learn how to restore damaged properties. PuroClean President and Chief Operating Officer Steve White is quick to note that the opportunity to visit sunny South Florida is an added enticement when they do.

White has ambitious plans for the company, hoping to double its size and locations by the end of 2020. How? He says their corporate know-how and the local franchisees’ commitment to their communities are a winning combination.

“We understand that our customers are facing pretty devastating situations. We're able to bring the resources of a large national brand to customer service and training that, combined with the heart our franchisees have for their local communities, enables them to provide a level of service we can be proud of,” said White.

“We're not looking to be the biggest, we want to be the best,” he added.

While most of the company’s growth will be in the field, corporate staff will be added as it grows and the company intends to keep its South Florida roots and remain in Tamarac.

“We're pretty heavily invested in our training facilities here. You don't just build a house within a warehouse and then leave it,” said White. “Plus, Tamarac has served us really, really well. It's a great location and our franchise owners like visiting us here.”
Building Fees Simplified

Did you know Tamarac’s Building department is the only department that doesn’t receive monies from the City’s general fund? It’s supported solely by the fees charged for building services, ensuring that only those who are using these services are paying for them.

To make sure that we recover enough costs to fund this critical department yet still maintain charges that are fair to our customers, building fees are reviewed every few years.

A revised building fee schedule went into effect October 1st. Some fees went down, other went up, some were simplified, while others were eliminated. The new schedule is designed to recover all of the City’s costs for new construction and the majority of costs for alterations and smaller projects.

For instance, the fees for residential additions have been substantially lowered, and now, instead of needing permits for multiple disciplines – such as electrical, plumbing and mechanical – one permit includes all.

Fees for remodeling and alterations have also been simplified to a flat rate that’s now the same for all property types. This reduces the rate for commercial, multifamily and condominium properties, and makes it easier to estimate project costs.

The schedule for building fees is published in the Building department section of the City’s website at www.tamarac.org. Just go to the “Permit and Inspections” section and a link is available. You can call the Building department at (954) 597-3420 with questions, or to register for the free monthly Building Permit workshop, which is generally held on the third Wednesday of the month at 10 am.

A New Era at Millennium

Tamarac Mayor Harry Dressler and Assistant City Manager Diane Phillips joined Millennium 6-12 Collegiate Academy Principal Dr. Cheryl Cendan in welcoming the school’s inaugural 9th grade class at an open house this summer.

Formerly Millennium Middle, the school’s expanding to include a full-time dual enrollment high school, starting with this year’s incoming 9th grade class. It’s a great educational option in Tamarac, where qualified students can simultaneously earn high school diplomas and associate degrees from Broward College at no cost.
**Taste of Tamarac**

Good food and good times await you and the entire family at the 14th Annual Taste of Tamarac Business Expo on October 14th. Enjoy samples from more than 25 local food establishments, cooking demonstrations by local chefs and high schools, giveaways and a Kids’ Corner with music, face painting and other activities.

This popular event is presented by the Tamarac Chamber of Commerce.

When:
Saturday, October 14
11:30 am – 3 pm

Where:
Tamarac Community Center
8601 W. Commercial Blvd.

Cost at Door:
$10 per adult
$5 per child (6-12 years)
Children under 6 FREE

Early Bird Special:
The first 200 people to purchase tickets will pay only $5 per adult and $2.50 per child (6-12).
Special available through October 11th.

For more details or to purchase tickets, visit www.tasteoftamarac.org or call the Tamarac Chamber of Commerce at (954) 722-1520.

**Annual Water Quality Reports Available Online**

The City of Tamarac’s 2016 Water Quality Reports are available online at www.tamarac.org/2016WaterReportWest for residents west of State Road 7/US 441, and www.tamarac.org/2016WaterReportEast if you reside east of State Road 7/US 441. These reports contain important information about the source and quality of your drinking water. While we detected 8 contaminants in the West system and 11 in the East system, they were at allowable levels and no health-based violations occurred.

In an effort to maximize sustainability, the City is distributing the report electronically. However, the City will provide a paper copy of the report to those who prefer one, or to those who may not have access to the electronic version. To request a paper copy, please contact Public Services at (954) 597-3750.

For more information or questions, please call (954) 597-3790.
Looking Good, Tamarac!

The City’s Neighborhood Beautification Recognition Program shows appreciation for owners who take having pride in their property’s appearance to the next level.

2nd Quarter Residential Property Winners

**DISTRICT 1**
Michael Hamel
4302 NW 47th Street

**DISTRICT 2**
Rafael and Celio Ravelo
5812 NW 84th Terrace

**DISTRICT 3**
Jeanne R. Kraus
8012 NW 103rd Ave.

**DISTRICT 4**
Choong Kwon and Nahhyun Kim
8610 Banyan Way

2nd Quarter Commercial Property Winner

ELIAS PROPERTIES TAMARAC LLC
C/O WALGREENS
8801 W. Commercial Boulevard
An estimated 5,000 people joined Tamarac at this year’s All-American Fourth of July celebration!
Three upcoming drop-off events offer residents a convenient opportunity to properly dispose of household hazardous waste (HHW) and old electronics (e-waste). Hazardous waste such as paint, pesticides and fluorescent bulbs will be accepted as will electronic devices including televisions, computers and cell phones. Tamarac partners with neighboring cities to host these events. Proof of residency is required. For details visit www.tamarac.org.

SATURDAY, OCT. 7  
9 am – 2 pm  
Coral Springs  
4181 NW 121st Ave.

SATURDAY, NOV. 4  
9 am – 2 pm  
Pompano Beach  
1660 NE 10th St.  
(Community Park)

SATURDAY, DEC. 2  
9 am – 2 pm  
Tamarac  
6011 Nob Hill Rd.  
(Public Works Building)

Get Schooled in Local Government

Interested in learning about what it takes to run a City? Want to better understand the role of local government and public service? Tamarac University (TU) might be for you!

Learn from elected officials, department directors and other City staff in this eight-week interactive citizen academy that provides a unique, behind-the-scenes look at how local government works. Applications for the TU Class of 2018 will be accepted from November 1, 2017 through January 26, 2018. Classes begin in March. For more information, or to apply, visit www.tamarac.org/TU.

Chess Challenge

Join Tamarac Mayor Harry Dressler and other elected officials and community leaders from Broward County on Saturday, November 4th at the Mayors’ Chess Challenge. This free event is held in support of scholastic chess and open to players of all ages and skill levels.

Saturday, November 4  
10 am – Noon  
TAMARAC COMMUNITY CENTER  
8601 West Commercial Boulevard

HOA Liaison Meeting

Learn how to run effective and efficient homeowners or condominium associations at Tamarac’s next HOA Liaison quarterly meeting.

Where: Tamarac Community Center  
When: Tuesday, November 14, 6:30 pm  
Presenters: Kaye Bender Rembaum, Attorneys at Law

RSVP and send questions or topics for discussion to KBRLegalSeminar@PiersonGrant.com or call (954) 776-1999 ext. 242.
Presentations and Proclamations

BSO Deputies Daniel Park and Gerald Kitchell (not pictured) were recognized in a proclamation by the Vice Mayor and Commission, at the request of Tamarac Fire Rescue, for going above and beyond to save a life.

The Mayor and Commission received a plaque from Challenger Baseball’s Randy Hibschman and an update on the adaptive baseball program for disabled school-aged children that the City has sponsored since 1990.

June was proclaimed Caribbean-American Heritage Month, and authors Elliot Bastien and Sandra Bernard-Bastien helped mark the occasion by presenting the Commission with copies of their book “Caribbean American Heritage: A History of High Achievers”.

June 28th was proclaimed Public Art Committee Appreciation Day in Tamarac, in recognition of this hard working group’s commitment to providing public art that beautifies the City.

Tamarac summer camp kids and members of the summer teen program helped mark the occasion when the Mayor and Commission proclaimed July as Parks and Recreation Month.

With a proclamation recognizing June as Gay Pride Month, Tamarac joined other governmental agencies across the country in taking a stance against discrimination and violence toward lesbian, gay, bisexual and transgender people. Pictured with the Commission are Dennis Dunn and Phil Prentice.
BSO Tamarac’s National Night Out

Tamarac was the first city to partner with Hispanic Unity of Florida to host a Mega Citizenship event. Attendees received free assistance with the citizenship application process at the class, held this summer. Mayor Dressler was on hand to show support for those who are taking this important step.

After a successful first event, plans are underway to host more in the future.

Supporting Future Citizens
Historical Society Celebrates Library’s 40 Years of Service

In celebration of the Tamarac Branch Library’s 40 years of service, the Tamarac Historical Society invites you to a literary program showcasing Tamarac authors.

When: Thursday, December 7
10:30 am

Where: Tamarac Branch Library,
Community Room
8701 West Commercial Blvd.

This event is being held in collaboration with the Broward County Library and the Tamarac Writers group.

2018 Bulk Collection Schedule

The 2018 quarterly bulk collection schedule for multi-family homes is:

- January 3
- April 4
- July 4
- October 3

Single family homes receive weekly curbside pick up. Details on bulk trash requirements are available at www.tamarac.org.
Discover the Benefits of Tamarac Parks and Recreation

**Tamarac Parks and Recreation e-Newsletter**

The Parks and Recreation department’s monthly e-newsletter, called *P&R e-News*, highlights department happenings including events, trips, classes and services.

To subscribe, sign up online at: [www.tamarac.org](http://www.tamarac.org) click the “Notify Me” tab in the left column and click the “Online Newsletter” box.

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**Continuing the Legacy**

The Parks and Recreation Foundation of Tamarac (P.A.R.O.T.) established three $1,000 college scholarships in memory of Vincenzo Libio, Morgan Carr and Kevin Boos, two of Tamarac’s outstanding summer camp counselors and a dedicated youth program volunteer. They died in 2015 as the result of a car accident.

Two of the scholarships are awarded to Tamarac summer camp employees and the third to a senior at J.P. Taravella High School. Congratulations to this year’s summer camp employee recipients Rachael Christopher and Nicole Johnston and to the Taravella High School recipient, Thomas Brown. Rachael will be a junior at UCF, Nicole will be a sophomore at UM, and Thomas a freshman at UCF. We wish them all the best as they continue to pursue their degrees and their dreams!

P.A.R.O.T. representatives and the Libio, Carr and Boos families were on hand for the scholarship presentation to Tamarac summer camp’s Nicole Johnston and Rachael Christopher, in the blue shirts, left to right.
Visit the Caporella Aquatic Complex and enjoy its many amenities including a 25-meter heated swimming pool with zero-depth entry, a slide and children’s water sprayground. The complex also offers a 3,000-square-foot fitness center, locker rooms and outdoor picnic tables. Please call (954) 597-3660 for Aquatic Complex admission fees and rental information, or for additional information on the classes and lessons listed below.

**POOL HOURS**
- Weekdays: 10 am – 6 pm
  - Slide and Sprayground: 3 pm – 6 pm
- Saturdays: 10 am – 6 pm
- Sundays: 10 am – 4 pm

**SWIM LESSONS**
- Tot: Ages 3 – 5
- Levels 1 and 2: Ages 5 & over
- Adult Level 1: Ages 13 & over
- When: Call for days and times
- Fee: Residents: $45; Non-residents: $55

**PROACTIVE ARTHRITIS WATER EXERCISE CLASS**
- When: Tuesday and Thursday
  - 6:15 – 7 pm
- Fee: Senior Program Members: Free
  - Others: $4/Class

**WATER AEROBICS**
- Challenge yourself with an interval based aquatic workout. Focus will be on increasing your fitness level while incorporating strength for the major muscle groups. All classes can be tailored to the individual’s ability level. Come out and take a plunge with this challenge!
- When: Monday and Wednesday
  - 6 – 6:45 pm
- Fee: Residents: $45; Non-residents: $55
  - (Four-week session)

**TAMARAC SWIM TEAM**
TS Aquatics offers a competitive swim team program for children ages 5 – 18, and a master’s program for adults ages 18 – 90 at the Caporella Aquatic Complex. Free tryouts are held Monday through Thursday, between 5 – 7 pm. Receive a second month FREE when you try out and sign up for a month. Rates start as low as $45/month. For additional information please email tamaracswimming@gmail.com or visit http://tsaquatics.com.

**FITNESS CENTER**
We invite you to visit the Caporella Fitness Center, which offers a friendly, non-competitive workout environment with a variety of free weights, Life Fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. On your first visit, our qualified staff will show you around and help you get familiar with the equipment. We also have personal training sessions available by appointment. For more information, visit the fitness center today, contact us at (954) 597-3661, or visit our website at www.tamarac.org/parks.

**Annual Fitness Center Membership Fees:**
- Adult Membership: $150
- Senior/Military/Vets Membership: $135
- Teen Membership (16-17 years old): $95
- Teen Membership (13-15 years old): $65

Three month and six month membership options are also available.
**FACILITY LOCATIONS**

- **Caporella Aquatic Complex and Fitness Center**
  9300 NW 58 Street

- **Caporella Park**
  5200 Prospect Road

- **Colony West Golf Club**
  6800 NW 88th Avenue

- **Gary B Jones Park for People and Pups**
  8101 Southgate Boulevard

- **Mainlands Park**
  4500 Monterey Drive

- **Sunset Point Park**
  11000 West McNab Road

- **Tamarac Community Center**
  8601 West Commercial Boulevard

- **Tamarac Multi-Purpose Center**
  7531 North University Drive

- **Tamarac Park Recreation Center**
  7501 North University Drive

- **Tamarac Sports Complex**
  9901 NW 77 Street

- **Tephford Park**
  10003 Southgate Boulevard

- **Veterans’ Memorial Park**
  7825 Southgate Boulevard

For more information on any of the programs or activities listed in the Discovery section of Tam-A-Gram, please contact Tamarac Parks and Recreation at (954) 597-3620. Times and locations may be subject to change without notice.

**ATHLETIC LEAGUES**

The following sports leagues are offered in the City of Tamarac. Registration is available at the Tamarac Community Center.

**YOUTH BASKETBALL**

Registration for Youth Basketball begins November 6th. The league is for boys and girls ages 6-17. Practices begin in February with games starting in March. The season will conclude in May. Space is limited. Volunteer coaches are needed.

Fee: Residents: $85, Non-residents: $100

**YOUTH BASEBALL**

Registration for our Youth Baseball league will begin November 6th for ages 4-12. Practices begin in February with games continuing into early May. Space is limited. Volunteer coaches are needed.

Fee: Residents: $85, Non-residents: $100

**FIELD RENTAL**

Athletic fields are available to rent at a nominal fee. Call (954) 597-3620 for more information.

**FOR THE FOLLOWING ATHLETIC LEAGUE INFORMATION PLEASE CALL (954) 597-3620**

Youth Baseball, Youth Flag Football, Youth Soccer, Youth Basketball, Men’s Basketball, Adult Softball, Adult Kickball and Adult Flag Football.

**FOR YOUTH TACKLE FOOTBALL/ CHEERLEADING CALL (954) 292-6119**

For information on field closures due to rain or maintenance, call (954) 597-3667.
# City of Tamarac Parks and Recreation Youth and Adult Activities

## Youth Recreation Activities

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
<th>Resident/Non-Resident Fee</th>
<th>Session</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archery</td>
<td>Mon.</td>
<td>6 - 7 pm 7 - 8 pm</td>
<td>7 - 12 yrs. 13 - 18 yrs</td>
<td>$45/$55</td>
<td>4-week</td>
<td>Recreation Center</td>
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<tr>
<td>Art &amp; You</td>
<td>Mon.</td>
<td>6:30 - 7:30 pm</td>
<td>7 - 12 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
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<tr>
<td>Basketball Fundamentals</td>
<td>Wed.</td>
<td>6 - 6:45 pm</td>
<td>10 - 14 yrs.</td>
<td>$30/$40</td>
<td>4-week</td>
<td>Multi-Purpose Center</td>
</tr>
<tr>
<td>Ballet, Tap &amp; Jazz</td>
<td>Sat.</td>
<td>10 - 11 am 11 am - 12 pm</td>
<td>3 - 6 yrs. 7 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Fashionista</td>
<td>Sat.</td>
<td>12:30 - 1:15 pm</td>
<td>6 - 14 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
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<tr>
<td>Gymnastics</td>
<td>Thurs.</td>
<td>6 - 6:45 pm</td>
<td>5 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Hip Hop/Cheerleading/Tumbling</td>
<td>Sat.</td>
<td>11 am - 12 pm</td>
<td>5 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Imagination Mornings</td>
<td>Wed.</td>
<td>10 - 10:45 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
<td>Recreation Center</td>
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<tr>
<td>I-Imagine Art</td>
<td>Sat.</td>
<td>11:45 am - 12:30 pm</td>
<td>5 - 14 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Kempo Karate</td>
<td>Mon. &amp; Wed.</td>
<td>5:30 - 6:30 pm</td>
<td>7 - 18 yrs.</td>
<td>$70/$80</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Kids Cooking</td>
<td>Tues. (1st &amp; 3rd)</td>
<td>6 - 8 pm</td>
<td>7 - 12 yrs.</td>
<td>$40/$50</td>
<td>2-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Krafty Kids</td>
<td>Mon.</td>
<td>10 - 10:45 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Lil Sprouts Cooking</td>
<td>Tues.</td>
<td>10 - 10:45 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Start Smart Sports</td>
<td>Thurs.</td>
<td>6 - 6:45 pm</td>
<td>4 - 6 yrs.</td>
<td>$30/$40</td>
<td>4-week</td>
<td>Multi-Purpose Center</td>
</tr>
<tr>
<td>Taekwondo (Beginner)</td>
<td>Tues. &amp; Thurs.</td>
<td>5:30 - 6:30 pm</td>
<td>6 - 12 yrs.</td>
<td>$80/$90</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Youth Tennis</td>
<td>Tues.</td>
<td>5:30 - 6:30 pm</td>
<td>6 - 12 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Sports Complex</td>
</tr>
<tr>
<td>Zumbatomic</td>
<td>Wed.</td>
<td>5 - 6 pm</td>
<td>4 - 12 yrs.</td>
<td>$20/$30</td>
<td>4-week</td>
<td>Multi-Purpose Center</td>
</tr>
</tbody>
</table>

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at https://webtrac.tamarac.org.
## Adult Recreation Activities

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
<th>Resident/Non-Resident Fee</th>
<th>Session</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aerobic Cycling</td>
<td>Mon. Tues. Thur. Sat.</td>
<td>7 - 8 pm 7:15 - 8:15 pm 6:15 - 7:15 pm 8:30 - 9:30 am</td>
<td>16 &amp; over</td>
<td>$7/$8 $85/$100 $140/$160</td>
<td>Per Class 6 months Annual</td>
<td>Community Center</td>
</tr>
<tr>
<td>Badminton</td>
<td>Mon. &amp; Wed. Sat.</td>
<td>6 - 9 pm 5 - 9 pm</td>
<td>13 &amp; over</td>
<td>$3/$5</td>
<td>Per Class</td>
<td>Community Center</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>Sat.</td>
<td>2 - 9 pm</td>
<td>18 &amp; over</td>
<td>$1/$2</td>
<td>Per Class</td>
<td>Community Center</td>
</tr>
<tr>
<td>Wing Chun</td>
<td>Tues. &amp; Thurs.</td>
<td>6:30 - 8 pm</td>
<td>13 &amp; over</td>
<td>$80/$90</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Mon. Thurs. Sat.</td>
<td>6:30 - 8:30 pm 7:15 - 8:30 pm 1:30 - 4 pm</td>
<td>16 &amp; over</td>
<td>$5/$6</td>
<td>Per Class</td>
<td>Multi-Purpose Center</td>
</tr>
</tbody>
</table>

### Recreation Center Fitness Schedule

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salsa Fitness</td>
<td>Mon. Thurs.</td>
<td>6 - 7 pm 7 - 8 pm</td>
</tr>
<tr>
<td>Pilates</td>
<td>Tues. Sat.</td>
<td>7:15 - 8:15 pm 9:30 - 10:30 am</td>
</tr>
<tr>
<td>Zumba Fitness</td>
<td>Mon. &amp; Wed. Tues. Wed. Thurs. Sat.</td>
<td>7 - 8 pm 9:30 - 10:30 am 10:30 - 11:30 am</td>
</tr>
</tbody>
</table>

### Community Center Fitness Schedule

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body Sculpting</td>
<td>Thurs. &amp; Fri.</td>
<td>6 - 7 pm</td>
</tr>
<tr>
<td>Kickboxing</td>
<td>Mon.</td>
<td>6 - 7 pm</td>
</tr>
<tr>
<td>Strong By Zumba</td>
<td>Wed.</td>
<td>6 - 7 pm</td>
</tr>
<tr>
<td>Tone and Sculpt</td>
<td>Tues.</td>
<td>6 - 7 pm</td>
</tr>
<tr>
<td>Yoga</td>
<td>Mon. Tues. &amp; Thurs. Sat.</td>
<td>5:30 - 6:30 pm 7 - 8 pm 9:30 - 10:30 am</td>
</tr>
<tr>
<td>Zumba</td>
<td>Wed. &amp; Fri.</td>
<td>7 - 8 pm</td>
</tr>
</tbody>
</table>

Participants can enjoy these fitness classes with a 10 class punch card, or with a 6 month or annual membership.

**Fees:**
- Per Class: Residents: $7; Non-residents: $8
- 10 Classes: Residents: $55; Non-residents: $65
- 6 Months: Residents: $85; Non-residents: $100
- Annual Membership: Residents: $140; Non-residents: $160
- Annual Membership/Seniors: Residents: $110; Non-residents: $130

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at https://webtrac.tamarac.org.
SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless otherwise noted. Call the information and referral line at (954) 597-3642 for more information on these and other social service programs that may be available in Broward County.

INDIVIDUAL COUNSELING
Free limited sessions for Tamarac residents only. Please call counselors Lakshmi at (954) 655-7040 or Jessica at (954) 317-3460 to make an appointment. Program is grant funded and income verification is needed prior to sessions. Please leave your name and phone number and your call will be returned within 24 hours.

LOWER YOUR PRESCRIPTION COSTS
Start saving today with the City of Tamarac Prescription Discount Card program for those without insurance. Benefits include an average savings of 20%, free enrollment and coverage for all family members. No income requirements.

Pick up at Tamarac Community Center.

TEEN PARENTING GROUP BY MEMORIAL HEALTHCARE SYSTEM
The City of Tamarac, in partnership with Memorial Healthcare System, cordially invites you to participate in FREE parenting sessions that provide different perspectives on adolescent development, parenting styles, communication, and working together as a family to improve relationships and strengthen family bonds.

When: Wednesdays, 6:30 – 7:30 pm

POSITIVE ADJUSTMENT GROUP
Learn coping skills and how to adjust to life changes including losing a loved one, health, daily living activities, moving, etc. A licensed mental health therapist will facilitate this important group for all seniors.

When: Mondays, 10:30 – 11:30 am

CENTER FOR COMMUNICATIONS - FREE AMPLIFIED PHONE
Provides amplified phones and TDDs free of charge to Florida residents who are deaf or hard of hearing.

When: October 23rd

FREE 911 CELL PHONES FOR SENIORS
Call (954) 597-3642 to set up an appointment. Donations of cell phones are accepted.

When: Second Monday of each month at 9 am

FREE BLOOD PRESSURE SCREENINGS
(Sponsored by Tamarac Pharmacy)
When: Please call for dates

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SHINE COUNSELOR
Serving Health Insurance Needs for the Elderly. Have questions regarding your Medicare/Medicaid insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

TRANSPORTATION AND EXPRESS SHUTTLE SERVICES
Door-to-door paratransit service is available to the disabled and to people over age 60 with no other transportation. For additional information, please call (954) 597-3649.

Tamarac also offers two community bus routes – the Red and Red Extension Transit Routes – to locations across the City. Schedules and fees are available at www.tamarac.org and at City facilities.

Additionally, the City runs an Express Shuttle once a month. The shuttle starts at 10 am at the Tamarac Community Center and visits the following stops: Coral Square Mall, BJ’s, Home Depot, Whole Foods, Sam’s Club, Doris Italian Market & Bakery, Michaels, and Panera Bread. The shuttle costs $1 roundtrip, and no sign up is required. Please call (954) 597-3649 for dates.

ADULT TRIPS
Register for all trips at the Tamarac Community Center from 8 am – 8 pm. All bus trips will leave from this location. For information, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

CLEMATIS BY NIGHT
Thursday, October 5th, 4 – 10 pm
Residents: $20, Non-residents: $30

HEAT VS. WIZARDS
Wednesday, October 11th, 4 – 10 pm
Residents: $65, Non-residents: $75

BROWARD CENTER – LOVE NEVER DIES, THE PHANTOM RETURNS
Thursday, November 16th, 4 – 11 pm
Residents: $90, Non-residents: $100

LAKE WORTH PLAYHOUSE – A CHRISTMAS STORY
Thursday, November 30th, 4 – 11 pm
Residents: $70, Non-residents: $80

FIRST CHURCH CORAL SPRINGS – BETHLEHEM RE-VISITED
Tuesday, December 12th, 5 – 9 pm
Residents: $20, Non-residents: $30

FIRST BAPTIST CHURCH OF FORT LAUDERDALE – CHRISTMAS FEAST & PAGEANT
Thursday, December 14th, 4 – 11 pm
Residents: $85, Non-residents: $95
COMMUNITY FARMERS MARKET
Shop for fresh produce, honey, sauces, baked goods, pickles, and other artisanal goodies. Come meet the producers and sample their locally prepared, all-natural products.
Where: Veterans’ Memorial Park
When: Every Sunday, 9 am – 2 pm

EARTHSAVE “TRY VEGAN” DINNERS
Join Earthsave for a delicious, nutritious vegan dinner. RSVP for assured meal to Chef Brook Katz at BrookKatz@hotmail.com. All ages welcome.
Where: Tamarac Community Center
When: 5–9 pm on Oct. 27th, Nov. 18th and Dec. 19th
Cost: $1 for plate, cup and utensils; FREE if you bring your own reusable items

MOVIE IN THE PARK AND 8TH ANNUAL PLAY DAY
Join us for a free big screen movie featuring “Goosebumps”, and our rescheduled Play Day to include organized games, inflatable rides, prizes and giveaways.
Where: Tamarac Sports Complex
When: Friday, Oct. 6th. Activities start at 6 pm, movie at 7:30 pm

HALLOWEEN HOOPLA
Enjoy this FREE event for all ages which includes music, bounce houses, face painting, carnival games, prizes and candy.
Where: Tamarac Park
When: Friday, October 20th, 6 – 8 pm

VETERANS DAY CEREMONY
Please join us as we recognize the veterans who served our country.
Where: Veterans’ Memorial Park
When: Saturday, Nov. 11th, 10:30 am

37TH ANNUAL TURKEY TROT 5K RACE
Where: Tamarac City Hall
When: Thursday, Nov. 23rd: 7:30 am
Fee: Before Nov. 10th: $25
     Nov. 11th – 22nd: $30
     Nov. 23rd (Race day): $50
Register: www.active.com

HOLIDAY LIGHTING FESTIVAL
This free event includes a Christmas tree and Menorah lighting, a holiday concert featuring Tamarac’s best school choirs, holiday craft boutique, appearance by Santa Claus, and children’s entertainment.
Where: Tamarac Community Center
When: Wednesday, Dec. 6th, 6pm

RUDOLPH’S WINTER WONDERLAND
Join us for a holly jolly night of reindeer games. Enjoy bounce houses, face painting, carnival games, cookie decorating, pictures with Santa, and a special appearance by Rudolph.
Where: Tamarac Park
When: Friday, Dec. 8th, 6 - 8 pm

PAWS WITH CLAUS HOLIDAY PAWTY
Dress up your pet for the best dressed holiday hound contest and bring your camera to have your dog’s photo taken with Santa.
Where: Gary B Jones Park for People and Pups
When: Saturday, Dec. 16th, 9 – 11 am
SENIOR PROGRAM

Want to have fun, try new activities, make friends and get in shape? Tamarac’s Senior Program offers more than 40 different activities every week, Monday – Friday, 8:30 am – 4 pm. This program is for seniors aged 55 and up. For additional information, including full descriptions of the classes and programs listed below, please call (954) 597-3620.

A Indicates degree of physical challenge

CREATIVE CLASSES

Advanced Rubber Stamping: Thurs. 1 pm
Clay Class: Fri. 10 am
Happy Hookers Knitting Group: Mon. 1 pm
Painting Club: Tues. 1 pm
Writing Group: Tues. 10 am

EXERCISE & MOVEMENT

Blend for Balance AAAAA: Wed. 9 am
Carol’s Cardio AAAAA: Fri. 11 am
Carol’s Cardio Kickboxing Plus Muscle Training AAAAA: Tues. 9:45 am
Chair Yoga A: Tues. and Thurs. 11:30 am
Core Yoga A: Wed. 11:30 am
Gentle Yoga A: Fri. 10:15 am
Jazzercise A: Mon., Tues., Thurs., Fri. 10 am
Line Dancing A: Mon. and Thurs. 11 am
Movement Mix A: Wed. 10 am; Fri. 11:15 am
Proactive Arthritis Water Exercise Class A: Mon. and Wed. 10 am (Aquatic Complex)
Senior Dance – Ballroom: Thurs. 1 pm
Sit & Fit Aerobics A: Tues. and Thurs. 10:30 am

Small Group Strength Training AAAAA: Wed. 10:15 am (Advance sign up required; RSVP Monday mornings)
Tai Chi / Qigong A: Mon. 9 am; Fri. 9:30 am
Yoga A: Mon. 10:30 am
Zumba Sentao AAAAA: Fri. 10 am
Zumba Gold AAAAA: Mon. 12 pm; Wed. 11:15 am

GAMES & RECREATION

Bingo: Mon. 12:30 pm
Pickleball AAAAA: (Beg) Mon & Thurs. 12:30 pm; (Adv) Tues. 13:30 am; (Int) Wed. 12:30 pm; (Int & Adv) Fri. 12:30 pm
Pickleball Fundamentals: Thurs. 11:30 am (Advanced sign up only)
Ping Pong: Thurs. 12:30 pm; Fri. 10 am
Trivia: Fri. 2 pm
Volleyball AAAAA: Mon. 11:15 am; Tues. 11:15 am; Wed. 11 am

BECOME A SPONSOR!

Sponsoring a special event is a great way to reach your target audience. Partnering with the City of Tamarac provides an opportunity to promote your business and increase visibility in the community. Contact the Tamarac Parks and Recreation Department at (954) 597-3632 for more information.
37TH ANNUAL TURKEY TROT 5K RUN

Join us for one of Tamarac’s largest and most popular events!

Thursday, November 23rd
Race starts at 7:30 am
Tamarac City Hall
7525 NW 88th Ave.

Entry Fees:
- Early Registration (Before Nov. 10th): $25
- Late Registration (Nov. 11th – 22nd): $30
- Race Day Registration (Nov. 23rd): $50

Register online at www.active.com,
or visit the Tamarac Community Center to pick up an application.
For more information call (954) 597-3620.
T-shirts will be provided to the first 1,800 registrants.

Donations will benefit the Parks and Recreation Foundation of Tamarac and will be used to provide funding for youth program grants, scholarships, park equipment and recreation events.