STAYING PREPARED
Parks and Rec Plans for the Future
Democracy in Action – Charter Review Begins
Finding a Balance to Fund Citywide Improvements
Honors for Strategic Leadership and Performance Management
Crime Rates are Going Down

2 4 5 6 9
As our experience with Erika reminded us, it doesn't hurt to be prepared. While Tamarac was spared any of the flooding projected with this storm, we had our emergency plan in motion and were as ready as we could be. That's the most visible part of your City being prepared.

What you may not be aware of are the plans and projects in place to ensure that Tamarac is prepared on all fronts. Sometimes the efforts don't come with the fanfare of a weather emergency, but that doesn't lessen their importance.

For example, there's significant activity under way to upgrade our infrastructure. Around the City, “pipe bursting” projects and the replacement of water mains and pumps will upgrade the aging system used to transport water throughout Tamarac.

Several initiatives have begun to improve overall community appearance. In the coming year you'll see the first installations of the comprehensive signage program that will both denote City facilities and provide directions. The buffer wall project is working its way through the lengthy preparation process and there will soon be visible signs of progress. And, in a collaborative effort with the City of Sunrise, major improvements will be made to Commercial Boulevard at the Sawgrass Expressway. It's one of Tamarac's most highly travelled gateways and is shared by both cities.

We're also preparing for the future of Tamarac. There's a new fire station planned for University Drive as well as demolition and reconstruction of Fire Station 78 on Commercial Boulevard. Elsewhere in this issue you'll learn more about the long term Parks and Recreation Master Plan and the comprehensive review of the City’s Charter.

As we start the new fiscal year, you can be confident that the budget is focused on those projects that will keep us prepared and ready -- whatever comes our way.
Parks and Rec Plans for the Future

Parks provide places for people to play, relax and enjoy. Recreational programs and social services provide opportunities to connect with family, friends and the community. They are important to the quality of life of our residents, which is why the City developed a new Parks and Recreation Master Plan to ensure we continue meeting their evolving needs.

The plan includes expanding the existing parks system by developing undeveloped parcels such as Waters Edge Park, for which we have already received public input on proposed amenities. We will also seek opportunities to acquire additional park land, and explore the possibility of developing a second community center, or participating in a multi-city shared center.

The focus, however, isn’t simply on providing more parks, facilities and programs; we want to provide better parks, facilities and programs. To do so, we will incorporate social, economic and environmental benefits into our long-term plans.

The City wants to create a sense of community through programs and events that bring people together. We want to help people live better, by providing fitness opportunities and relief from urban congestion and other stressors. And where better to unwind than in Tamarac’s parks and green spaces?

Here in South Florida, we are blessed with temperate weather that allows us to enjoy a beautiful and unique natural environment virtually year-round. To preserve the environment for generations to come, Tamarac is studying ways to use our energy, water and resources more efficiently. These include choosing building materials with a low carbon footprint and high durability, and building parks that take in more carbon than they release. The City also plans to provide programs that enhance environmental awareness and knowledge.

When we think of parks and recreation, we may not always think of the economic benefits they bring. But Tamarac’s parks and recreational programs foster an excellent quality of life, which helps attract new residents and businesses, and sustain or increase property values. New or enhanced facilities and programs can create revenue-generating opportunities – not just for the City, but also for the private sector – as well as employment opportunities.

Quality parks and recreational programs offer more than just fun activities and places to play. They are central to the quality of life we provide our residents, and require careful planning. To learn more about our master plan, visit www.tamarac.org.
Nationally Recognized for Excellence

Tamarac’s Parks and Recreation department reaffirmed its commitment to excellence by achieving national accreditation by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). This distinction is held by less than 200 park and recreation agencies throughout the country. First accredited in 2005, the City was only the sixth agency in Florida to achieve this honor. Tamarac Parks and Recreation has been re-accredited every five years since then, most recently this fall.

CAPRA accreditation measures the quality of an agency’s overall operations, management and service to the community. Evaluations are based upon established benchmarks, including 151 standards. Tamarac achieved 100% compliance with these standards, thanks, in part, to the contributions of multiple City departments.

More important than bragging rights, this achievement brings the City increased opportunities to receive grants and funding that provide the ability to continually enhance offerings to meet the community’s evolving needs. Meeting the strict standards for accreditation also ensures the department is accountable, transparent and responsive to the community, and validates our commitment to quality and efficiency.

Sunset Point Park Gets a Facelift

Tamarac’s popular Sunset Point Park is undergoing renovations to keep it attractive, functional, and safe so residents can continue to enjoy it for years to come. The existing playground, safety surfacing, shade structure and fitness stations will all be replaced. Additionally, the multipurpose trail will be resurfaced, and the City will demolish the under-utilized amphitheater and replace it with a large shelter that will accommodate groups of up to 40 people. These updates are expected to be completed this winter.

New Amenities for Veterans’ Park

Change is coming to Veterans’ Memorial Park, in the form of a new fixed boat dock that will help residents better enjoy the waterways. The park will also get two new picnic shelters, providing users with a little relief from the sun while enjoying the park’s amenities.

The City was able to secure funding for the boat dock through a Broward Boating Improvement Program Grant. The project is scheduled to be completed in early 2016.
Democracy in Action – Charter Review Begins

As times change, governments need the ability to update and amend their operational processes and structures to better meet the needs of their citizens. That’s why Tamarac is embarking on a charter review, a formal process which occurs every six years, through which the City’s charter is thoroughly evaluated.

The City Commission recently appointed a new charter board consisting of five residents who will review the charter, along with changes recommended by staff. If the board identifies potential changes it thinks are merited, hearings will be held to get public input. Following the public hearings, proposed amendments will be submitted to the Commission for approval. They would then be brought forth as ordinances that would ultimately be placed on the November 8, 2016 ballot as referendum questions for public vote.

The charter review typically takes about a year to complete. Stay tuned for updates as the charter board works through this important process.

Ever wonder how much of the City’s budget goes to fire rescue services? How tax revenues have changed over time? Or what the City’s total revenues are? To help people find the answers to these questions and more, Tamarac is now offering a new Interactive Budget Portal on its website.

The portal offers much of the same financial data already available in the City’s Annual Budget and Comprehensive Annual Financial Report, but in a comparative and interactive format. People can filter the data they’d like to see, and then choose one of five different types of graphs or a table in which to view it. It is best to view the budget portal in conjunction with the Annual Budget and Comprehensive Annual Financial Report.

The Interactive Budget Portal is located on the Financial Services department’s page on www.tamarac.org, and includes both the City’s current and historical financial data, starting with fiscal year 2010.
Popular Toilet Rebate Program is Back

Want to save some green while going green? Tamarac can help you conserve one of our most important natural resources – water. The City’s popular Toilet Rebate Program is back, and rebates are available once again on a first-come, first-served basis while funds last.

This program provides a rebate of up to $150 for qualifying replacements of high water use toilets with new ultra-low flow, Water Sense-labeled toilets. The impact is significant. It is estimated that the average household can save as much as 6,000 gallons of water per year.

Please remember that applicants must be approved prior to the purchase of the toilet. Rebates are limited to two per household, and are not available for new construction.

In addition to this savings, if you live in a 55+ restricted community, or if you are 62 years of age or older, you could be eligible for additional money of up to $100 per toilet, through the Community Development Block Grant (two toilet maximum). This money can be used toward the cost of the toilet and installation.

For more information on program requirements, visit www.tamarac.org/utilities or call (954) 597-3750.

Finding a Balance to Fund Citywide Improvements

Tamarac is enacting a new water utility tax in January 2016 to fund projects that will enhance the City’s appearance, amenities and safety in the coming years. In order to keep changes to your water bill minimal, the City has also suspended its annual automatic increase in water fees. The net effect is that the average customer will pay approximately $24 less per year with the new tax than they would have with the automatic rate increase.

Why did the City add a tax instead of just using a water fee increase to pay for upcoming projects? The water utility tax can be used for any citywide improvement, unlike water fees which can only be used for utility improvements. This decision gives the City a more flexible revenue source that can be used to fund a variety of upcoming projects including new parks, park improvements, barrier walls and new signage along major City corridors.

The new tax goes into effect in January 2016. The rate increase, which would have gone into effect in October, has been frozen for the next three years.
Honors for Strategic Leadership and Performance Management

Tamarac residents expect their government to be efficient, responsive, hardworking and effective. To ensure we meet your expectations, we engage residents and employees in our strategic planning efforts, creating dialogue and transparency, while carefully managing performance.

The results have earned Tamarac special recognition from the International City/County Management Association (ICMA). We are the only city with a population over 55,000 honored with a 2015 Strategic Leadership and Governance Award. Additionally, we are one of only 33 jurisdictions nationwide to receive ICMA's Certificate of Excellence in Performance Management, their highest recognition in this category.

Fire Rescue’s Summer Intern Success

Three local teens were the first to complete Tamarac’s new Fire Rescue Cadet Intern Program this past summer.

Cadet interns Alexis Bonadonna, Matthew Goldberg and Pavel Machu each amassed approximately 400 service hours over the three month program. They gained great experience participating in administrative, logistics, fire prevention and inspection initiatives. The interns also participated in station tours, ride-alongs, meetings and City events.

The Tamarac Fire Rescue Cadet Program provides a great opportunity for local teens interested in fire service careers to learn more about the field. The department is now accepting applications for the program from young men and women, 13 to 17 years of age. Cadets interested in taking their experience to the next level can apply for next summer’s intern program. Visit www.tamarac.org/firerescue or call (954) 597-3805 for more information.

Time to Apply to TU

Get a behind-the-scenes look at your City and how it operates at Tamarac University (TU), a six week interactive program held each spring. Registration for the 2016 program is November 1st – January 29th. TU provides the opportunity to visit City facilities and learn from elected officials, department directors, and other City staff about the role of local government and public service. It serves as a training ground for volunteers and provides networking opportunities for civic-minded residents.

Visit www.tamarac.org, or email TU@tamarac.org, for more details.
Volunteer of the Quarter

Tonia Shultz is one of our most dedicated volunteers who, for nine years, has provided valuable service to Tamarac’s Building department.

Since 2006, Tonia has selflessly volunteered more than 1,500 hours of her time assisting the department with a major undertaking – preparing more than seven years of permit and plan files for microfilm so they will be available for future reference.

The Building department considers itself extremely fortunate to have a volunteer who is not only dedicated, but who also came with knowledge of the construction industry. Her knowledge, accuracy, attention to detail and dedication have been great assets, and her efforts are truly appreciated.

Chess Anyone?

Tamarac Mayor Harry Dressler will host a Mayors’ Chess Challenge on Saturday, November 14th from 10 am – 12 pm at the Community Center, 8601 West Commercial Boulevard.

This free event is part of a countywide initiative by local mayors to highlight the benefits of chess for children. Studies have correlated chess with increased academic achievement.

With the Broward County Public School system implementing a scholastic chess curriculum in all second and third grade classrooms this school year, it’s a great opportunity for children and adults to check out chess! No advance registration required.

Retiring Your Star Spangled Banner

Thanks to the support of the Woodmont Community Association (WCA), Tamarac residents now have a convenient way to respectfully retire their tattered and torn American flags. A drop box for people to deposit these flags for proper disposal has been installed at Veterans’ Memorial Park. In the first two weeks, more than 30 flags were deposited!

When presenting a check to the City Commission in support of this project, WCA President Sandy Lieberman said he couldn’t think of a better way to honor this nation.
First Tamarac Resident Receives PACE Funding

Tamarac was the first city in Broward County to partner with PACE, enabling residential and commercial property owners to make qualified energy or wind resistance improvements through a special financing program.

This summer, Marie Roseme became the first Tamarac resident to receive help as a result of this partnership, financing a new tile roof after a storm damaged her old roof beyond repair.

She learned about the PACE program through the City, and was able to get the money needed to replace her roof through its EVEST Florida financing program.

“These people worked with me side by side,” Ms. Roseme said. “I love this city; I never want to move.”

If you or someone you know might benefit from this program, visit PACE’s Evest Florida website at www.EvestFlorida.com or call (866) 558-3180 for more information.

2015 Hall of Famers

The Tamarac Historical Society had lots to celebrate when it hosted its 2nd Annual Hall of Fame Awards Ceremony, recognizing each recipient for their contributions to our City.

Event attendees were treated to a keynote speech by Broward County Vice Mayor Martin Kiar, who discussed the history of Broward County, and to a preview of the Broward 100 Inside Out public art exhibition.

Broward County Vice Mayor Martin Kiar

Pictured from left to right with Tamarac Fire Rescue Cadets interspersed throughout are this year’s additional honorees: Julie Fishman, Joel Davidson, Leonard Falitz, Susan Buzzi, Tara Piatek, Javier Ramirez and Mary Kenny.
Crime Rates are Going Down

Tamarac has experienced an impressive 19% reduction in crime from 2012 to 2014. This dramatic improvement, which occurred after several years of countywide increases in crime, places Tamarac among the ten Broward cities with the lowest crime rate.

How was this turnaround accomplished? The City partnered with the Broward Sheriff’s Office (BSO) Tamarac district for ongoing crime prevention efforts which included increasing BSO staff, adding a patrol zone on the east side of town, and conducting more high visibility traffic enforcement citywide. BSO has focused on educating the community about crime prevention and expanded the volunteer COPs program, while the City trained staff to become additional eyes and ears for BSO.

The results speak for themselves. While crime overall is down statewide, Tamarac’s decrease was larger than that experienced by Broward County, and significantly better than the statewide decrease, according to data from the FDLE’s Uniform Crime Report.

<table>
<thead>
<tr>
<th>CRIME RATE REDUCTION: 2012 – 2014</th>
<th>Per 100,000 Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>-5%</td>
<td>-19%</td>
</tr>
<tr>
<td>-10%</td>
<td>-16%</td>
</tr>
<tr>
<td>-15%</td>
<td>-9.3%</td>
</tr>
<tr>
<td>-20%</td>
<td></td>
</tr>
</tbody>
</table>

Tamarac Broward County Florida

Whether you want to get to know local businesses, learn to cook, entertain the kids, or just like to eat, there will be something for everyone at the 12th Annual Taste of Tamarac Business Expo on Saturday, October 17th.

This year’s event will include food stations with samples from accredited chefs and restaurants, and live cooking demos with step-by-step narration on food preparation. There will also be a Kids’ Corner with high energy line dancing, face painting, a fall costume contest, and more.

Date: Saturday, October 17th
Time: 11:30 am – 3 pm
Cost: $8 per adult
      $4 per child (Children 6 to 12 years of age)
      Under 6 FREE

For more details or to purchase tickets, visit www.tasteoftamarac.org or call the Tamarac Chamber of Commerce at (954) 722-1520.
Sheriff’s Explorers Compete in Tamarac

Tamarac’s Millennium Middle School was selected as the site for more than 400 Sheriff’s Explorers from across the state to compete and train, as part of the Florida Sheriff’s Explorer Association (FSEA) State Conference. The event was hosted by BSO. The participating Explorers represented over 20 counties throughout the state.

FSEA provides the opportunity for individuals aged 14 to 21 who are interested in law enforcement careers to associate with a sheriff’s office to train and learn about the profession. There are an estimated 200 Explorers associated with BSO countywide, of which 23 are based in Tamarac. For more information on the Explorers program in Tamarac, please call (954) 720-2225.

Tamarac Welcomes BSO’s “Top Dogs”

Dog lovers take note. Tamarac is now home to a K-9 training facility run by BSO. On a weekly basis, fifteen or more K-9 units will undergo training at this regional facility.

BSO utilizes its K-9 teams for a broad range of activities, including building and area searches and tracking suspects.

Tamarac District Captain Neal Glassman says BSO canines are top dogs, selected from the best breeders and trainers in the world. Once selected, they must undergo BSO’s extensive, 12-week training with their human partner – which covers obedience, agility, tracking and apprehending – before they are put to work in the field. These canine officers are also required to undergo weekly training throughout their years of service.

BSO Tamarac boasts one K-9 unit – the team of Deputy Felix Vasconez and his new canine partner Bane, a 2½ year old German Shepherd who joined the force last December.

Mark Your Calendar!

The inaugural Tamarac Arts & Crafts Festival will take this spring, offering arts and crafts exhibits, food booths, children’s activities, and a juried competition for artists. Visit www.tamaracartsandcraftsfestival.org for more information.

Hosted by the Tamarac Chamber of Commerce in partnership with the City of Tamarac.
ART IN TAMARAC

The City of Tamarac is proud to host two public art displays as part of Broward 100, a celebration of Broward County’s centennial through bold, innovative art and performance projects.

THIS IS TAMARAC

The Inside Out art exhibit entitled “This is Tamarac” at the Community Center features photographs of people who live, work or play in Tamarac. Photos by Tamarac resident and photo-documentarian Susan Buzzi.

LADY JUSTICE

Noted artist Ruben Ubiera painted his “Lady Justice” mural on the west-facing wall of BSO Tamarac’s district office. It’s part of Broward 100’s VisualEYES project. Broward County Commissioner Stacy Ritter joined the City Commission, Public Art committee and members of the County’s Cultural division in welcoming Lady Justice to Tamarac.

Back to School

Mayor Harry Dressler visited Tamarac Elementary School to help Principal Roberta Ray welcome students on the first day of school.

2016 Bulk Collection Schedule

The 2016 Quarterly Bulk Collection Schedule for multi-family homes is:

- January 6th
- April 6th
- July 6th
- October 5th

Single family homes will continue to receive weekly curbside bulk trash pick-up. Details on bulk trash requirements are available at www.tamarac.org.
LIFE IN TAMARAC

FOURTH OF JULY FUN!
Discover the Benefits of Tamarac Parks and Recreation

**Playability**

The extent to which a city makes it easy for all kids to get balanced and active play

#playability

### Tamarac Parks and Recreation e-Newsletter

The Parks and Recreation Department’s monthly e-newsletter, called P&R e-News, highlights department happenings including events, trips, classes and services.

To subscribe, sign up online at: [www.tamarac.org](http://www.tamarac.org) click the “Notify Me” tab in the left column and click the “Online Newsletter” box.

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**Leading the Way for Play**

Tamarac has been named a Playful City for the 6th consecutive year by Playful City USA. Play time is good for us all, and opportunities for healthy play will help grow the next generation of healthy and productive adults. We’re proud to lead the way with our continuous efforts to make Tamarac more playable through great parks and facilities, programs and special events.
POOL HOURS
Weekdays: Pool: 10 am – 6 pm
Slide and Sprayground: 2:30 pm – 6 pm
Saturdays: Pool, Slide, and Sprayground: 10 am – 6 pm
Sundays: Pool, Slide, and Sprayground: 10 am – 4 pm
Pool Closed: December, January and February

SWIM LESSONS
Ages 3-5: Parent-Tot and Tot-only options available
Ages 5 & over: Levels 1 and 2
Ages 18 & over: Adult Level 1
When: Call for days and times
Fee: Residents: $45; Non-residents: $55

PROACTIVE ARTHRITIS WATER EXERCISE CLASS
When: Monday and Wednesday, 10 am – 11 am
Fee: Senior Program Members: Free; Others: $2/Class

WATER AEROBICS
When: Tuesday and Thursday, 6 pm – 6:45 pm
Fee: Residents: $45; Non-residents: $55 (Four week session)

TAMARAC SWIM TEAM
Tamarac Swimming offers a competitive swim team program for children aged 5 – 18, and a masters program for adults aged 18 – 90. The programs are held at the Caporella Aquatic Complex. Free tryouts are held Monday through Thursday, any time between 5 pm – 7 pm. Tamarac Swimming is offering a second month FREE when you try out and sign up for a month. Rates start as low as $50/month.

For additional information please email tamaracswimming@gmail.com or visit tamaracswimming.com.

FITNESS CENTER
We invite you to visit the Tamarac Fitness Center, which offers a friendly, non-competitive workout environment with a variety of free weights, Life Fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. On your first visit, our qualified staff will show you around and help you get familiar with the equipment. We also have personal training sessions available by appointment. For more information, visit the Tamarac Fitness Center today at 9300 NW 58th Street, contact us at (954) 597-3661, or visit our website at www.tamarac.org/parks.

Annual Fitness Membership Fees:
- Adult Membership: $150
- Senior/Military/Vets Membership: $135
- Teen Membership (16-17 years old): $95
- Teen Membership (13-15 years old): $65

Six month and three month membership options are also available.
**FACILITY LOCATIONS**

Caporella Aquatic Complex  
9300 NW 58th Street

Caporella Park  
5200 Prospect Road

Gary B. Jones Park for People and Pups  
8101 Southgate Boulevard

Mainlands Park  
4500 Monterey Drive

Sunset Point Park  
11000 McNab Road

Tamarac Community Center  
8601 West Commercial Boulevard

Tamarac Multi-Purpose Center  
7531 North University Drive

Tamarac Park Recreation Center  
7501 North University Drive

Tamarac Sports Complex  
9901 NW 77th Street

Tephford Park  
10003 Southgate Boulevard

Veterans’ Memorial Park  
7825 Southgate Boulevard

*For more information on any of the programs or activities listed in the Discovery section of Tam-A-Gram, please contact Tamarac Parks and Recreation at (954) 597-3620. Times and locations may be subject to change without notice.*

**ATHLETIC LEAGUES**

The following sports leagues are offered in the City of Tamarac. Registration is available at the Tamarac Community Center.

**YOUTH BASKETBALL**  
Registration for Youth Basketball begins November 2nd. The league is for boys and girls aged 6-17 years old. Practices will begin in February with games starting in March. The season will conclude in June. Space is limited. Volunteer coaches are needed.  
Fee: Residents: $85; Non-residents: $95

**SPRING BASEBALL**  
Registration for Spring Baseball will begin on November 9th. The league is for boys and girls aged 4-14 years old. Practices will begin in February with games starting in March. Space is limited. Volunteer coaches are needed.  
Fee: Residents: $85; Non-residents: $95

**FOR THE FOLLOWING ATHLETIC LEAGUE INFORMATION PLEASE CALL (954) 597-3620:**  
Fall Baseball, Youth Flag Football, Youth Soccer, Youth Basketball, Men’s Basketball, Co-Ed Softball, Adult Kickball, and Adult Flag Football.

**FOR MEN’S SOCCER CALL (786) 367-0972**

**FOR YOUTH FOOTBALL/CHEERLEADING CALL (954) 721-5131**

**FIELD RENTAL:** Athletic fields are available to rent at a nominal fee. Call (954) 597-3620 for more information.

For information on field closures due to rain or maintenance, call (954) 597-3667.
<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
<th>Resident/Non-Resident Fee</th>
<th>Session</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball Fundamentals</td>
<td>Wed.</td>
<td>6:00 - 7:00 pm</td>
<td>10 - 14 yrs.</td>
<td>$30/$40</td>
<td>4-week</td>
<td>Multi-Purpose Center</td>
</tr>
<tr>
<td>Cartooning Class</td>
<td>Sat.</td>
<td>10:30 - 11:30 am</td>
<td>10 &amp; over</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Fashionista</td>
<td>Sat.</td>
<td>12:30 - 1:15 pm</td>
<td>6 - 14 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
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<tr>
<td>Gymnastics</td>
<td>Thurs.</td>
<td>6:00 - 6:45 pm</td>
<td>5 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Hip Hop/Cheerleading/Tumbling</td>
<td>Sat.</td>
<td>11:00 am - 12:00 pm</td>
<td>5 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Imagination Mornings</td>
<td>Wed.</td>
<td>10:00 - 10:45 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>I-Imagine Art</td>
<td>Sat.</td>
<td>11:45 am - 12:30 pm</td>
<td>5 - 14 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Kempo Karate</td>
<td>Mon. &amp; Wed.</td>
<td>5:30 - 6:30 pm</td>
<td>7 - 18 yrs.</td>
<td>$70/$80</td>
<td>4-week</td>
<td>Recreation Center</td>
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<tr>
<td>Kids Cooking</td>
<td>Tues.</td>
<td>6:00 - 7:00 pm</td>
<td>7 - 12 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Krafty Kids</td>
<td>Mon.</td>
<td>10:00 - 10:45 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Level 1 &amp; 2 Ballet, Tap &amp; Jazz</td>
<td>Sat.</td>
<td>10:00 - 11:00 am</td>
<td>3 - 12 yrs.</td>
<td>$45/$55</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Lil Sprouts Cooking</td>
<td>Tues.</td>
<td>10:00 - 10:45 am</td>
<td>2 - 4 yrs.</td>
<td>$25/$35</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Start Smart Sports</td>
<td>Thurs.</td>
<td>6:00 - 6:45 pm</td>
<td>4 - 6 yrs.</td>
<td>$30/$40</td>
<td>4-week</td>
<td>Multi-Purpose Center</td>
</tr>
<tr>
<td>Taekwondo (Advanced)</td>
<td>Tues. &amp; Thurs.</td>
<td>5:30 - 8:30 pm</td>
<td>7 - 12 yrs.</td>
<td>$80/$90</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Teen Club</td>
<td>Thurs.</td>
<td>7:00 - 8:00 pm</td>
<td>12 - 17 yrs.</td>
<td>$25/$35</td>
<td>Annually</td>
<td>Multi-Purpose Center</td>
</tr>
<tr>
<td>Tennis Lessons</td>
<td>Tues.</td>
<td>5:30 - 6:30 pm</td>
<td>6 - 12 yrs.</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Sports Complex</td>
</tr>
<tr>
<td>Wing Chun</td>
<td>Mon. &amp; Wed.</td>
<td>6:30 - 8:00 pm</td>
<td>10 &amp; over</td>
<td>$80/$90</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Zumbatonic</td>
<td>Wed.</td>
<td>5:00 - 6:00 pm</td>
<td>4 - 12 yrs.</td>
<td>$20/$30</td>
<td>4-week</td>
<td>Multi-Purpose Center</td>
</tr>
</tbody>
</table>

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at https://webtrac.tamarac.org
### Adult Recreation Activities

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
<th>Resident/Non-Resident Fee</th>
<th>Session</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aerobic Cycling</td>
<td>Mon.</td>
<td>7:15 - 8:15 pm</td>
<td>16 &amp; over</td>
<td>$6/$7</td>
<td>Per Class</td>
<td>Community Center</td>
</tr>
<tr>
<td></td>
<td>Tues.</td>
<td>7:15 - 8:15 pm</td>
<td></td>
<td>$48/$58</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Thur.</td>
<td>6:00 - 7:00 pm</td>
<td></td>
<td>$64/$74</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sat.</td>
<td>8:30 - 9:30 am</td>
<td></td>
<td>$144/$174</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Badminton</td>
<td>Mon. &amp; Wed.</td>
<td>6:00 - 9:00 pm</td>
<td>13 &amp; over</td>
<td>$3/$5</td>
<td>Per Class</td>
<td>Community Center</td>
</tr>
<tr>
<td></td>
<td>Sat.</td>
<td>5:00 - 9:00 pm</td>
<td></td>
<td>$64/$74</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mixed Art</td>
<td>Wed.</td>
<td>9:30 - 11:30 am</td>
<td>18 &amp; over</td>
<td>$30/$40</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Pottery Studio</td>
<td>Tues.</td>
<td>6:00 - 8:30 pm</td>
<td>16 &amp; over</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Recreation Center</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>Sat.</td>
<td>2:00 - 9:00 pm</td>
<td>18 &amp; over</td>
<td>$1/$2</td>
<td>Per Class</td>
<td>Community Center</td>
</tr>
<tr>
<td>Tennis Lessons</td>
<td>Sat.</td>
<td>9:00 - 10:00 am</td>
<td>13 &amp; over</td>
<td>$40/$50</td>
<td>4-week</td>
<td>Sports Complex</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Mon.</td>
<td>6:30 - 8:30 pm</td>
<td>16 &amp; over</td>
<td>$5/$6</td>
<td>Per Class</td>
<td>Multi-Purpose Center</td>
</tr>
<tr>
<td></td>
<td>Thurs.</td>
<td>7:15 - 8:30 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sat.</td>
<td>2:00 - 4:00 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Recreation Center Fitness Schedule

- **Boot Camp**: Mon. 6:00 - 7:00 pm
- **Pilates & Yogalates**: Sat. 9:00 - 10:00 am
- **Total Fitness Training**: Tues. & Thurs. 6:00 - 7:00 pm
- **Zumba Fitness**: Mon. & Wed. 7:00 - 8:00 pm

#### Community Center Fitness Schedule

- **Body Sculpting**: Thurs. & Fri. 6:00 - 7:00 pm
- **Kickboxing**: Mon. 6:00 - 7:00 pm
- **Pilates**: Mon. 7:00 - 8:00 pm
- **Strength Training Aerobics**: Wed. 6:00 - 7:00 pm
- **Tone and Sculpt**: Tues. 6:00 - 7:00 pm
- **Yoga**: Mon. 5:30 - 6:30 pm
- **Zumba**: Wed. & Fri. 7:00 - 8:00 pm

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at [https://webtrac.tamarac.org](https://webtrac.tamarac.org).
SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless otherwise noted. Call the information and referral line at (954) 597-3642 for more information on social service programs that may be available in Broward County.

CAREGIVER SUPPORT GROUP
Are you a full-time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. The group meets the 1st and 3rd Tuesday of each month at 10 am, and is offered in partnership with Jewish Family Services. Please call Susan Panzer at (954) 370-2140 for more information.

INDIVIDUAL COUNSELING
Free limited sessions for Tamarac residents only. Please call our counselors Lola at (561) 318-1935 or Lakshmi at (954) 655-7040 to make an appointment. Please leave your name and phone number and your call will be returned within 24 hours.

LOWER YOUR PRESCRIPTION COSTS
Start saving today with the City of Tamarac Prescription Discount Card program. Benefits include an average savings of 20%, free enrollment and coverage for all family members. No income requirements. Please call Social Services at (954) 597-3642 for locations.

TEEN PARENTING GROUP BY MEMORIAL HEALTHCARE SYSTEM
The City of Tamarac, in partnership with Memorial Healthcare System, cordially invites you to participate in FREE parenting sessions that provide different perspectives on adolescent development, parenting styles, communication, and working together as a family to improve relationships and strengthen family bonds.
When: Wednesdays, 6:30 pm – 7:30 pm

POSITIVE ADJUSTMENT GROUP
Learn coping skills and how to adjust to life changes including losing a loved one, health, daily living activities, moving, etc. A licensed mental health therapist will facilitate this important group for all seniors.
When: Mondays, 10:30 am – 11:30 am

CENTER FOR COMMUNICATIONS – FREE AMPLIFIED PHONE
Provides amplified phones and TDDs free of charge to Florida residents who are deaf or hard of hearing.
When: Call for dates

BLOOD PRESSURE SCREENING
Free blood pressure screenings. Sponsored by Walgreens. No appointment needed.
When: First Tuesday of each month from 11 am – noon

FREE 911 CELL PHONES FOR SENIORS
Call (954) 597-3642 to set up an appointment. Donations of cell phones are accepted.
When: Second Monday of each month at 9 am

SENIOR SOCIAL
Join us for light refreshments and an educational lecture.
When: Third Tuesday of each month at 11 am

SHINE COUNSELOR
Serving Health Insurance Needs for the Elderly. Have questions regarding your Medicare/Medicaid insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

VETERANS ADVISOR
When: Fourth Friday of each month 8 am – 11 am
No appointment necessary
TRANSPORTATION AND EXPRESS SHUTTLE SERVICES

Door-to-door paratransit service is available to the disabled and to people over age 60 with no other transportation. For additional information, please call (954) 597-3649.

Tamarac also offers two community bus routes – the Red and Red Extension Transit Routes – to locations across the City. Schedules and fees are available at www.tamarac.org and at City facilities.

Additionally, the City runs an Express Shuttle the second Friday of every month. The shuttle starts at 10 am at the Tamarac Community Center and visits the following stops: Coral Square Mall, BJ’s, Home Depot, Whole Foods, Sam’s Club, Doris Italian Market & Bakery, Michaels, and Panera Bread. It also connects to the Red and Red Extension routes. The shuttle costs $1 round trip, and no sign up is required. Additional fees will apply for connections to the Red Route and Red Extension route.

ADULT TRIPS

Register for all trips at the Tamarac Community Center from 8 am - 8 pm. All bus trips will leave from this location. For information, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

BROWARD CENTER - ONCE
Thursday, October 15th, 5 pm – 11:30 pm
Residents: $70; Non-residents: $80

BROWARD CENTER - BIG FISH
Thursday, October 22nd, 6 pm – 11 pm
Residents: $65; Non-residents: $75

MYSTERY TRIP
Thursday, October 29th, 4:30 pm – 9 pm
Residents: $25; Non-residents: $35

ACTORS’ PLAYHOUSE AT THE MIRACLE THEATRE – THE TOXIC AVENGER
Thursday, November 5th, 4:15 pm – 11 pm
Residents: $50; Non-residents: $60

BROWARD CENTER – NEWSIES
Thursday, November 19th, 4 pm – 11 pm
Residents: $80; Non-residents: $90

HOFFMAN’S WINTER WONDERLAND
Thursday, December 3rd, 4 pm – 11 pm
Residents: $20; Non-residents: $30

KRAVIS CENTER – BLUE MAN GROUP
Thursday, December 10th, 5:30 pm – 11 pm
Residents: $75; Non-residents: $85

BROWARD CENTER – HOW THE GRINCH STOLE CHRISTMAS
Thursday, December 17th, 4 pm – 11 pm
Residents: $80; Non-residents: $90
SPECIAL EVENTS

TAMARAC COMMUNITY FARMERS MARKET
The market is a great place to shop for fresh produce, honey, sauces, baked goods, pickles, and other artisanal goodies. Come meet the producers and sample their locally prepared, all natural products.
Where: Veterans' Memorial Park
When: Every Sunday, 9 am – 2 pm

FOOD TRUCK HUMP DAYS
Where: Tamarac Park
When: Every Wednesday
5:30 pm – 9:30 pm

COMMUNITY GARAGE SALE
Where: Tamarac Park
When: Saturday, October 3rd
7:30 am – 12 pm

HALLOWEEN HOOPLA
Enjoy this FREE event for all ages which will include music, arts and crafts, bounce houses, face painting, carnival games, prizes, candy, and much more.
Where: Tamarac Park
When: Friday, October 23rd
6 pm – 8 pm

VETERANS DAY CEREMONY
Please join us as we recognize our fallen heroes who served our country.
Where: Veterans’ Memorial Park
When: Wednesday, November 11th
10:30 am

35TH ANNUAL TURKEY TROT 5K RACE
Where: Tamarac City Hall
When: Thursday, November 26th
7:30 am
Fees:
Early Registration (before Nov 15th): $25
Late Registration (Nov 16th – Nov 25th): $30
Race Day Registration (Nov 26th): $50
Register: In-person at the Community Center, or online at www.active.com

HOLIDAY LIGHTING FESTIVAL
This free event includes the Mayor and Commission lighting the Christmas tree and Menorah, a special holiday concert featuring Tamarac's best school choirs, holiday craft boutique, a special appearance by Santa Claus, and children’s entertainment.
Where: Tamarac Community Center
When: Wednesday, December 2nd, 6 pm

PAWS WITH CLAUS HOLIDAY PAWTY
Dress your pet up for the best dressed holiday hound contest and bring your camera to have your dog's photo taken with Santa.
Where: Gary B. Jones Park for People and Pups
When: Saturday, December 5th
9 am – 11 am
**RUDOLPH’S WINTER WONDERLAND**
Join the City of Tamarac for a holly jolly night of reindeer games. Enjoy bounce houses, face painting, carnival games, pictures with Santa, and a special appearance by Rudolph the Red-Nosed Reindeer.

Where: Tamarac Park  
When: Friday, December 11th  
6 pm - 8 pm

**ARTIST OF THE MONTH**
Calling all local artists! The City of Tamarac is seeking talented individuals who would like to exhibit their creative work at the Tamarac Community Center. Individuals must have a minimum of 12 pieces ready to display with a maximum of 24 pieces. If you are interested in exhibiting, you may pick up an application at the Tamarac Community Center for submission and review.

October: Susan Silton, Diversified Mixed Art  
November: Andres Leon, Photography  
December: Michael Riede, Landscape

**BECOME A SPONSOR!**
Sponsoring a special event is a great way to reach your target audience. Partnering with the City of Tamarac provides an opportunity to promote your business and increase visibility in the community. Contact the Parks and Recreation department at (954) 597-3632 for more information.

**SENIOR PROGRAM**
Calling all seniors! Want to live a more vibrant life, form new friendships, feel a sense of achievement, and get in heart-healthy shape? Join the fun and become a member of the award-winning Tamarac Community Center Senior Program!

The Senior Program has more than 900 members, and with over 40 different activities, programs and services per week, there is truly something for everyone. It’s available to seniors age 55 and over from Monday through Friday, 8:30 am – 4 pm. For more information, please visit the Community Center, call (954) 597-3620, or visit us online at www.tamarac.org. For updates on the Senior Program, you can follow us on Twitter and like our “Tamarac Parks and Recreation” Facebook page.

**TAMARAC SENIOR PROGRAM SCHEDULE**

**MONDAY**
Jazzercise, Board Games, Proactive Arthritis Water Exercise, Yoga, Line Dancing, Volleyball, Zumba Toning, Meditation, Tai Chi, Bingo, Happy Hookers (knitting group), Mah Jong, Pickleball

**TUESDAY**
Walking Club, Jazzercise, Creative Writing, Mah Jong, Sit and Fit, Chair Yoga, Badminton, Pickleball, Painting, Computer Class

**WEDNESDAY**
Proactive Arthritis Water Exercise, Extended Chair Yoga, Volleyball, Movement Mix, Zumba, Pickleball, Core Yoga

**THURSDAY**
Walking Club, Jazzercise, Healthy Heart for Balance, Line Dancing, Spanish, Volleyball, Chair Yoga, Senior Dance, Mah Jong, Computer Class

**FRIDAY**
Computer Club, Jazzercise, Carol’s Cardio, Movement Mix, Jewelry Making, Gentle Yoga, Battle of the Sexes Trivia, Pickleball
35TH ANNUAL TAMARAC TURKEY TROT 5K RUN

Thursday, November 26th
Race starts 7:30 am
Tamarac City Hall
7525 NW 88th Ave.

Register in person at the
Tamarac Community Center
8601 W. Commercial Boulevard,
or online at www.active.com.

Entry Fees:
- Early Registration (before Nov 15th): $25
- Late Registration (Nov 16th - Nov 25th): $30
- Race Day Registration (Nov 26th): $50

SPECIAL OFFER: Pay with a Tamarac gift card at the Community Center by November 15th, and receive $5 off your registration fee!"Commemorative tee shirts guaranteed for the first 1300 runners who pick up their packets. Shirts are not guaranteed on race day.