

# Muscle Toning & Weight Loss **ULTIMATE FIT CAMP**



Come out to Tamarac Park for an unforgettable, feel good workout at our new "Weight Loss and Muscle Toning Ultimate Fit Camp". This boot camp is for everyone, whether you need to Lose Weight, Sculpt & Tone, or need a new fitness challenge to get you out of your same old workout routine, we can get you there.

**Tuesdays & Thursdays  
6:00p.m.-7:00p.m.**

**Tamarac Recreation Center  
7501 N. University Dr.**

**Buy more,  
Save more!**

Are you ready to get in shape for the Holiday Season? Don't sit around waiting for something to happen, get up and make it happen! Take advantage of these great new Ultimate Fit Camp offers, the more classes you buy, the more money you will save!

Drop-in fee is \$6 residents/\$8 non-residents

or

Stay committed and buy a multi-class punch card!

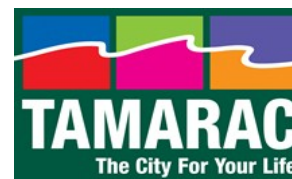
6 class punch card is only \$30 (you save \$6)

8 class punch card is only \$36 (you save \$14)

**\*The Commitment Special**

10 class punch card is only \$40 (you save \$20)

**\*Non-Residents add \$10**



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**It Starts  
in Parks**<sup>SM</sup>

For more information contact 954-597-3674