

# Weight Loss & Muscle Toning Boot Camp



Come out to Tamarac Park for an unforgettable, feel good workout at our new "Weight Loss and Muscle Toning Boot Camp". This boot camp is for everyone, whether you need to Lose Weight, Sculpt & Tone, or need a new fitness challenge to get you out of your same old workout routine, we can get you there.

Cost: Tamarac Residents \$4 per class/Non-Residents \$6  
or

Buy a 6 class punch card!  
Residents \$20 / Non-Residents \$30

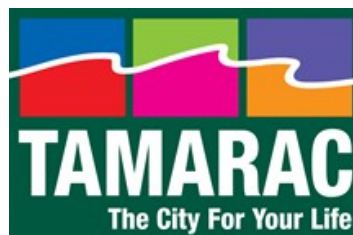
Tuesdays & Thursdays

6:00p.m.-7:00p.m.

Tamarac Recreation Center  
7501 N. University Dr.



[www.facebook.com/TamaracParks](http://www.facebook.com/TamaracParks)



It Starts  
in Parks<sup>SM</sup>

For more information contact 954-597-3674