



ZUMBA®

fitness

**FIRST CLASS IS FREE FOR
ALL NEW MEMBERS!!!**

The Zumba Fitness program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba Fitness achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!



**Where: Tamarac Park
7501 N. University Drive
Ages : 16 years old and up
Day: Wednesday Mornings
Time: 9:30am-10:30am**

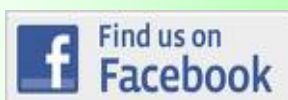
**\$20.00 residents for 4wk session
\$30.00 non-residents for 4wk session
Walk-in fee: \$6.00 residents
Walk-in fee: \$8.00 non-residents**



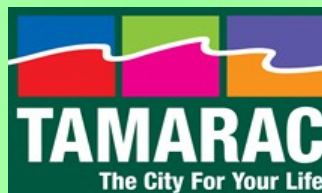
With Jorge

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Tamarac Parks & Recreation....Experience It!!!!



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For more information contact 954-597-3674