

MAKING A DIFFERENCE: City employees raise records amount of money to help those in need.

TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

TAMARAC ADDS MORE PUBLIC ART!

NEW! Under the
Shadow of a Big Tree

GET TO KNOW YOUR CITY

Public Works

SPECIAL REPORT: HOW WE COMPARE

Tamarac's residents and
businesses rate the City in
recent survey results

ELECTION WRAP-UP:

Welcome back
Mayor Talabisco

BE COUNTED!

Census 2010: *It's in our hands...* don't get lost in the crowd, we need your help for Tamarac to get its fair share.

April / May / June 2010

TAMAGRAM

The *Tam-A-Gram* is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City, under the direction of the Public Information Committee and the Public Information Office.

Reader questions and comments are welcome. Please send your comments to:

Public Information Office
Attn.: Tam-A-Gram
7525 N.W. 88th Avenue
Tamarac, Florida 33321

You may also email your comments, or questions, to Chad Quinn, Public Information Specialist, at: chadq@tamarac.org. Please include "Tam-A-Gram" in the subject line of your email.

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IMPORTANT NUMBERS

MAIN NUMBER (954) 597-3500
Citizen Hotline (954) 718-1800
(Activated During Emergencies)
Building Services (954) 597-3420
Building Inspections (954) 597-3430
Building Permitting and Inspection Results (954) 597-3435
City Clerk's Office (954) 597-3505
City Commission (954) 597-3460
City Manager's Office (954) 597-3510
PIO (Media) (954) 597-3523
Community Development (954) 597-3530
Code Compliance (954) 597-3425
Business Revenue (954) 597-3536

Financial Services (954) 597-3550
Customer Service (954) 597-3590
Purchasing (954) 597-3570
Fire Rescue *(Non-Emergency)* (954) 597-3800
Human Resources (954) 597-3600
Job Line (954) 597-3615
Risk Management (954) 597-3613
Mayor and Commission (954) 597-3460
Parks & Recreation (954) 597-3620
Community Center (954) 597-3620
Caporella Aquatic Center (954) 597-3660
Caporella Fitness Center (954) 597-3661
Social Services (954) 597-3642
Transit/Shuttle Bus (954) 597-3649

Police/BSO Tamarac District
(Non-Emergency) (954) 720-2225
Public Works (954) 597-3700
Engineering (954) 597-3712
Recycling & Trash Hotline (954) 597-3740
Utilities (954) 597-3750
Customer Service (954) 597-3590
Utilities (leaks, breaks, etc.) (954) 597-3750
Water Treatment Plant (954) 597-3775
(Also used for 24-hour Utilities emergencies.)
Service Providers:
All Service Refuse (954) 583-1830
Comcast Cable (954) 252-1937
Library (Tamarac Branch) (954) 720-2282
Post Office (Tamarac Branch) (954) 722-3152
Tamarac Theater (954) 724-1110
Waste Management (954) 974-7500

First Things

LOOKING BACK PART I: Due to the production schedule of the *Tam-A-Gram* we were unable to highlight some of our signature events that occurred at the end of the year (November and December) in the January/February/March issue. For instance, for the second year in a row, our annual **Turkey Trot** included a Shadow Run with the Troops in Iraq — over 2,000 soldiers took part in the run at the Victory and F.O.B. Hammer bases. Stateside, over 1,500 runners from around the world took part in Tamarac's 29th annual 5k turkey-day run!

LOOKING BACK PART II: One of Tamarac's most cherished holiday traditions has become the "Holiday Lighting" event at the Tamarac Community Center. Last year's event was held on December 2, 2009. Children from Challenger Elementary sang carols to the large crowd as everyone waited in anticipation for Santa... and the lighting of the holiday tree and Menorah of course.

LOOKING BACK PART III: (*Last of 2009... promise.*) As you may know, the **Tamarac Historical Society** formed in mid-2009 — they're already off to a tremendous start collecting memorabilia and stories, and along the way they are learning about everything from the first house in Tamarac to how to properly store old documents. Their first exhibit, "The Behring Years" was unveiled to the public at a reception held December 9, 2009.

ESSAY CONTEST: On January 6, 2010 fourth grade students from Tamarac Elementary shared their essays on "Why I believe Dr. Martin Luther King Jr.'s vision of racial equality changed America." at the Tamarac Recreation Center at Tamarac Park with the Mayor and Commission. First, second, and third place awards were given out to: Ni-Kyle Davis (Mrs. C. Boyce's class), Taylor Nierenberg (Mrs. S. Kaplan's class), and Thays Tejada (Mrs. D. Frimet's class) respectively. (photos page 4)

ARBOR DAY: On January 15, 2010 fourth grade students from Challenger Elementary took part in the Fourth Grade Foresters Program which encourages children to plant trees in observance of Arbor Day. The City of

Continued: Page 2



FIRST THINGS, A LOOK BACK: Tamarac's 29th Annual Turkey Trot took place Thanksgiving Day 2009 with shadow runs held in Iraq for the second year in a row; December 2, 2009 saw the annual lighting of the City's Holiday Tree and Menorah, as well as a visit from Santa; and December 9, 2009 the Tamarac Historical Society held a reception in the atrium at City Hall introducing their first ever exhibit "The Behring Years"... 2009 was certainly a busy year in Tamarac. Turn to page 4 for some of our more recent *Happenings*.



GIVING: President and CEO of the United Way of Broward County Jennifer O'Flannery Anderson accepts the City's record settling check — a total of \$17,302.74 was collected! — from the 2009 campaign chairman, Chief Building Official and Building Department Director Claudio Grande and City Manager Jeffrey L. Miller.

Record setting campaign

2009 marked another record setting year for the City's annual employee United Way fundraiser. Held the last three months of each year, the United Way Fundraiser incorporates activities ranging from DVD and CD sales to candy guesses; auctions to Wii™ bowling challenges — and all along the way employees "bring their dollars" for a worthy cause.

This year's event raised \$17,302.74 — an incredible figure given the economic conditions. Like many people around the City, the County and the nation, Tamarac's employees are dealing with doing more with less, spouses and family members who have lost income and jobs, higher costs of living; yet despite these obstacles, many increased their automatic payroll deductions to the United Way, bought an extra raffle

ticket or two, and paid to wear jeans just one more time... all in an effort to meet, and exceed, the fundraising goal.

In addition to the generosity of the employees, there are several sponsors throughout the community who contributed to the success of this year's campaign: Blossom Street Florist, Cheddar's Café, Chick-fil-A (at Lauderhill), Colony West Country Club, Dairy Queen (on Pine Island Road), Delaware Chicken Farm and Seafood Market, EDCO Awards and Specialties, Golf Trader, Hallmark (on Pine Island Road), Massage Envy, Milano Italian Grill, Marriott Biscayne Bay, Sawgrass Lanes, and Woodlands Country Club. We thank each of them for their generous support and donations and encourage all of our residents to support these businesses.

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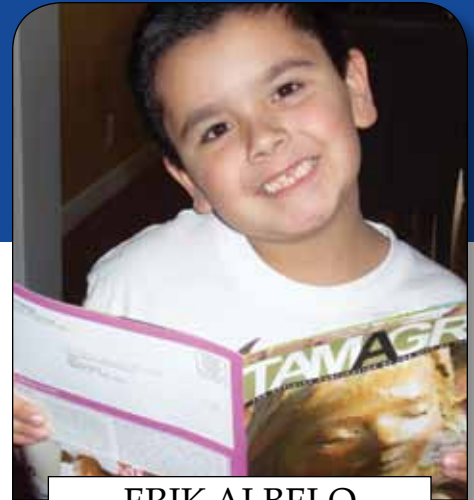
Tamarac provided 155 evergreen trees — the children also listened to a presentation on the importance of trees to the environment given by the City's Planning and Zoning Manager, Frank Zickar. (photos page 4)

TENNIS ANYONE?: The ATP (Association of Tennis Professionals) World Tour made a recent stop in Tamarac — at Synergy Futures at Woodmont Country Club to be exact, from January 22 - 31, 2010. The City was thrilled to host this amazing event which drew players from around the world and included over \$10,000 in prize money. Eric Prodon (FRA) took the singles championship and Catalin Gard (ROU) and Christian Guevara (USA) took home the top prize in the doubles competition.

INSPIRING: Aspiring Young Artist Exhibit: "I was looking for the price tags and was shocked to see school grades instead, especially such young grades," stated Commissioner Diane Glasser after closer inspection of the artwork

by a group of young aspiring artists from Challenger Elementary School. The collection, created under the direction of the children's art teacher Ellen Spahn-Bader, was on display in the atrium of City Hall from February – March, with an introductory reception held on February 10, 2010. (photos page 4)

VOLUNTEERS: Congratulations to **Tonia Shultz** who has been selected as **Volunteer of the Quarter** for the first quarter of 2010. Tonia, a graduate of Tamarac University (Class of 2008) has been volunteering in the Building Department since June 2009 assisting with the formidable task of scanning of the 2007 contractor files and preparing the 2005 permits for microfilming, amongst other things. Over the past several months Tonia has become invaluable to the Department — special thanks to her for all her time and efforts. If you would like to become a volunteer with the City, contact Rose Cure-Persad, Social Services Supervisor, at (954) 597-3642, or via email at rosec@tamarac.org. **CONGRATULATIONS:** Speaking of volun-



ERIK ALBELO

Erik Albelo, a first grader at Tamarac's Challenger Elementary, enjoys reading the *Tam-A-Gram* at home with his mother Karina!

FREE T-SHIRT!

Where do you read the **TAM-A-GRAM?**

Perhaps, like Erik above, you enjoy reading it at home. Or maybe between rounds of golf or, on vacation to exotic locations?

We want to know... send us a picture of you reading the *Tam-A-Gram*! If you do, we may publish your photo in an upcoming issue of the magazine — and **if your photo is chosen, we will send you a free t-shirt with the City's logo on the front!**

Send your photos to: *Tam-A-Gram* Photos, 7525 N.W. 88th Avenue, Tamarac, Florida 33321; or via email: chadq@tamarac.org. (Please note: Photos must be high-resolution to be eligible for printing.) Include your full name, address, telephone number and a brief description of the photo as well as your shirt size preference (L or XL).

teers, we'd like to congratulate our COP (Citizen Observer Patrol) volunteers at Kings Point for their phenomenal efforts on behalf of the people of Haiti. In response to recent earthquake, the COP volunteers collected food items as well as almost \$1,400.00 in cash donations. Tamarac's Kiwanis club (who collected \$3,000.00), as well as city employee (see story page 10) also collected donations for Haiti.

Protect your vehicle

[don't leave valuables in plain site]

THE good news is that the overall crime rate in Tamarac decreased in 2009. However, the one exception is in vehicle burglaries, or more commonly known as break-ins, which have increased over 20%. Vehicle burglaries are a Crime of Opportunity; most thefts occurring when valuables are left unattended.

Who provides the burglar with the opportunity? The victim provides the burglar with the opportunity by leaving their vehicle unlocked or their window open. Most property stolen is left in plain view where anyone walking by the car can see it lying there. What are their favorite targets? Anything of value. The property most preferred is cash or loose change that is left in the console or ashtray of the vehicle. Thieves also like CD's, wallets, purses, cellular phones, radar detectors, radios, speakers, and GPS.

What can I do to keep from being the victim of an auto burglary?

- Remove visible items from your vehicle - If you leave items visible in your car, you are a target. Be aware that someone may be watching as you put a wallet, purse, or cell

phone under your seat, especially at a gym. Take these with you or secure them in your trunk. The criminal does not know that the bag or box in your car is empty.

- Lock your vehicle and take your keys, even for quick errands.
- Again, ALWAYS LOCK YOUR VEHICLE.
- Close all windows, including vent or wing windows and sunroofs.
- Park in a well-lit area.
- Use safety features if you have them. Examples of these features include activating your car alarm, removing stereo faceplates and putting steering wheel locking devices in place.

In less than 30 seconds, a thief can get into your car, open the door, and remove any valuables in sight. In about that same amount of time, you can secure your valuables out of sight, and greatly reduce your odds of becoming a victim. The choice seems obvious.

Call B.S.O.'s non-emergency number at (954) 765-4321 if you see or hear anything or anyone suspicious. **IN CASE OF AN EMERGENCY CALL 911.**

First Things



Be Prepared

THE 2010 Hurricane Season is just around the corner, and although we've been fortunate to have a couple of relatively quiet seasons over the past few years, we must never allow ourselves to become complacent — remember the devastating effects a powerful storm such as Hurricane Katrina can have, or Hurricane Wilma to use an example that had a direct local impact.

Now is the time to begin preparing your Hurricane Kit. Also, take the time to review your family's emergency plan. If you need assistance with creating or updating your family plan, visit American Red Cross's Broward County website at www.broward-redcross.org — you'll find great tips under the "Get Prepared" tab. Another great resource is Broward County's Hurricane Preparedness website at www.broward.org/hurricane.

In the next issue of the *Tam-A-Gram* we'll dedicate the entire center spread to hurricane preparedness — the essentials: what to know; where to go; and how best to ensure you and your family's safety. Be sure to review the information carefully and keep it handy for quick reference.

Homeowner Associations, if you're interested in having a presentation to your community about hurricane preparedness, contact (954) 597-3805.

Anyone interested in joining, or getting more information about, our CERT (Community Emergency Response Team) program, should also call (954) 597-3805. New sessions begin soon.

NEW TEAM MEMBERS

In mid-January Tamarac welcomed two new additions to the executive team, a new **Fire Chief** as well as a new **Director of Financial Services**.

Our new **Fire Chief, T. Michael "Mike" Burton**, comes to Tamarac with over 30 years experience in the Fire Rescue service including 24 years rising to the position of Assistant Fire Chief in St. Petersburg, Florida, and serving as Fire Chief in Grand Rapids Michigan and, most recently, in Greenville, North Carolina. Chief Burton replaces Tamarac's previous Fire Chief, Jim Budzinski who retired last June after 30 years of service to the City.



MIKE BURTON

Mark Mason, Tamarac's new **Director of Financial Services**, comes to the City from across the State where he served as the Financial Services Director for the City of Cape Coral. Mark's prior experience includes 9 years in a private sector accounting firm and over 12 years serving municipal governments (in addition to his employment with Cape Coral, Mark has worked for the cities of Melbourne and Sebastian, Florida). He takes over the position from Deputy City Manager Michael Cernech who had been serving as the interim-Director for over a year.



MARK MASON

DID YOU KNOW?

As a cost savings measure, most open positions in the City have been frozen; only "critical" positions are filled, such as department directors.

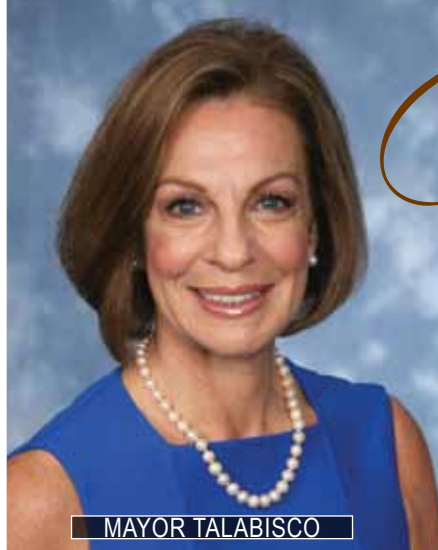


Tamarac.
Children.
Bright.



We're fond of saying that there is "always something going on in Tamarac." Elsewhere in this issue of the *Tam-A-Gram* we attempted to give you a glimpse of a few of the events that occurred late last year (such as our annual Turkey Trot and Holiday Lighting) that did not make it into the January/February/March 2010 issue. On this page we're sharing a few of the more recent activities, all of which involved school kids from Tamarac's elementary schools: the **MLK Essay Contest** (Tamarac Elementary/January 6, 2010); **Arbor Day** (Challenger Elementary/January 15, 2010); and **Young Aspiring Artist** (Challenger Elementary/February 10, 2010). For more details about these events, see First Things beginning on page 1.

HAPPENINGS: Tamarac's school children show off their talents! From award-winning essays about Dr. Martin Luther King, Jr.; to a striking exhibit of incredibly advanced artwork; to a penchant for environmentalism; the future of our City and community looks extremely bright!



MAYOR TALABISCO



TAKING THE OATH: Mayor Talabisco is administered the Oath of Office for her second term as Mayor by Tamarac's City Manager Jeffrey L. Miller at the Swearing In Ceremony held on December 22, 2009, as her husband Jack and City Clerk Marion Swenson look on.

Welcome [back]

TAMARAC'S incumbent Mayor, Beth Flansbaum-Talabisco, won re-election in the special election held Friday, December 18, 2009. The special election which was the result of a new qualifying period, required by State Statute, was opened after two of the original three candidates withdrew from the race — one of the original candidates re-entered the race necessitating the special election.

Mayor Talabisco's second term swearing-in ceremony was held on Tuesday, December 22, 2009 in the Commission Chambers at City Hall, as her husband Jack, and family and friends from across the City, and country, looked on City Manager Jeffrey L. Miller administered the oath of office.

"I'm thrilled to have been re-elected to serve the people of Tamarac for another term — I regret the financial burden this special election has put on the taxpayers of our City, especially during these difficult times, but I respect the democratic process, the law,

and the will of the people," stated the Mayor. "I'm looking forward to continuing to move the City forward in a positive and fiscally responsible direction while at the same

"I'm looking forward to continuing to move the City forward in a positive and fiscally responsible direction..."

time maintaining a focus on what makes this City unique and so amazing; our great programs and services, our parks; our world-class public art program; our engaged citizenry; and our green initiatives. The next several months, and years,

will not be easy ones as we look at further reductions in our revenues and the decisions that will need to be made in order to compensate for those losses, but I intend to remain true to my convictions and focused on the needs of the community while at the same time laying the ground work for the smart growth, expansion, and infrastructure the City will need in the years ahead."

The State of our City remains strong.

Mayor Talabisco delivered her annual State of the City speech on the evening of Wednesday, March 10, 2010 at the regularly scheduled Commission Meeting. This year's speech focused on the challenges that lie ahead for Tamarac as the City continues to deal with the effects of the housing crisis and the broader economic slump that is affecting the entire nation.

"Four in five cities expect budget shortfalls this year, and Tamarac is not alone in its plight... these are tough times, but my colleagues and I, as well as the City Manager and his team, already have our shovels out and are ready to dig deep for the smart solutions and to make the tough decisions that will see our City through this period while staying ever vigilant to maintain the foundation the will allow for our



THE STATE OF THE CITY: Mayor Talabisco delivered her 2010 State of the City speech on March 10.

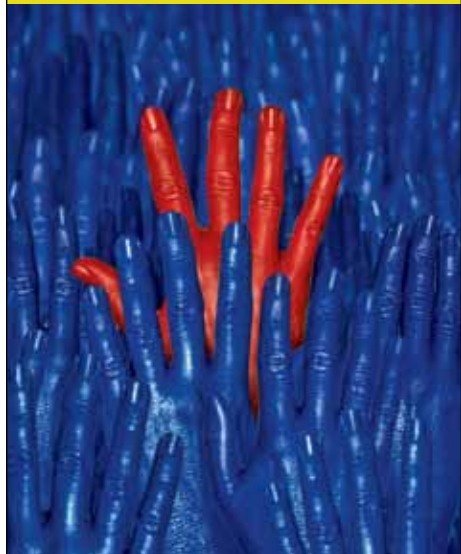


continued success."

In addition to the challenges, the Mayor talked about the successes of the past year which include among others: KSM Electronics, Inc. moving their headquarters into the Tamarac Commerce Park bringing with them approximately 150 jobs, the opening of the new 113 room Hampton Inn on Commercial Boulevard, adjacent to the Sawgrass Expressway, the cre-

ations of the Interfaith Leadership Council and Tamarac Historical Society, as well as the new Adopt-A-Road program and the opening of the new Recreation Center.

The complete text of the Mayor's 2010 State of the City is available online at www.tamarac.org (click the State of the City link under the photo of the City Commission on the homepage). An audio version is also available.



U.S. Census 2010... *It's in our hands...* don't get lost in the crowd. With over \$400 billion dollars in annual funding at stake, we need your help to ensure Tamarac gets its fair share. Be sure to complete and return your 2010 Census once you receive it. Remember, the Census is safe, it's important, and it's confidential. For more information about the Census, visit them online: 2010.census.gov.

WHY BE COUNTED? WE HOPE YOU NOTICED THE BIG RED HAND RISING OUT OF THE SEA OF BLUE ONES ON THE COVER AND THOUGHT TO YOURSELF... "WHAT IS THAT?" QUITE SIMPLY, THAT'S OUR WAY OF GETTING YOUR ATTENTION – DRAWING YOUR EYE NOT ONLY TO THE COVER OF THE TAM-A-GRAM, BUT ALSO TO THE MESSAGE "BE COUNTED." LIKE THE RED HAND RISING, YOUR COMMUNITY NEEDS YOU TO BE COUNTED IN THE 2010 CENSUS... IT TRULY IS *IN OUR HANDS*.

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IT'S IN OUR HANDS

DID YOU KNOW?

Why? The census population totals determine which states gain or lose representation in Congress. It also determines the amount of state and federal funding communities receive over the course of the decade for various projects and programs including roads and hospitals.

2010 Census data will directly affect how more than \$4 trillion is allocated to local, state and tribal governments over the next 10 years, over \$400 billion a year! It is estimated by the Census Monitoring Board that the resulting loss in funding for government services of one uncounted person in the 2000 Census in Broward County was \$1,300. An under counting of just 1,000 residents could mean a loss in funding for approximately \$1.3 million!

The 2010 Census is **quick, safe and confidential**.

With one of the shortest questionnaires in history, the 2010 Census asks ten simple questions based on: name, gender, age, race, ethnicity, relationship, and whether you own or rent your home. It takes only

If you do not return your Census form, another will be sent to your home. If you fail to return the second form, a representative from the Census will contact you to help you complete the form. You are required to complete the form by law, and anyone who refuses to complete the form can be fined.

about 10 minutes for the average household to complete and is required by the U.S. Constitution once every 10 years.

This year, census forms will be mailed to every household beginning in March 2010 – the official Census Day, the day you are encouraged to fill out and return your Census by is April 1, 2010. Keep in mind, you should fill out your census form wherever you are on the day you receive it, regardless of where you live at other times of the year.

The 2010 Census is shorter because questions about *how* we live as a nation, our diversity, education, housing, jobs and more are now covered in the American Community Survey, which is conducted every year throughout the decade and replaces the Census 2000 long-form questionnaire. Responses to the 2010 Census questionnaire are required by law. All responses are used for statistical purposes only, and all are strictly confidential.

Don't be afraid to be counted, even if you are not a documented resident. Census forms are completely confidential for 72 years and cannot be shared with anyone, including welfare and immigration agencies. No court of law, not even the President of the United States, can access your individual responses, and census workers are highly motivated to protect your answers as they are subject to a \$250,000 fine and/or a five-year prison term for disclosing any information that could identify a respondent or household.

Remember, when you receive your Census Questionnaire in the mail, be sure to fill it out completely and return it. Be counted! Your community is depending on you!





Does this page look familiar? As you may recall, the January/February/March issue of the *Tam-A-Gram* included a special eight-page “City of Tamarac Annual Report 2009”. In that Annual Report we referred to the latest citizen and business surveys conducted last year. Here we follow-up on those results.

How we compare

[our residents and businesses let us know]

In Tamarac’s quest to fulfill our vision of “Leading the nation in quality of life through safe neighborhoods, a vibrant economy, exceptional customer service, and recognized excellence,” the City conducts a community survey every two years. A random sampling of residents and businesses are asked to rate their satisfaction with various city programs and services. Whether you have been asked to fill one out, or are just curious about the results, it’s important you know that those results help us to identify the areas of greatest need in our community. They are used annually in strategic planning and budgeting and help to determine priorities for the upcoming year.

This past year’s survey results said a lot about the quality of services Tamarac provides to you, our residents and businesses. While results throughout the rest of the nation were slipping, the City of Tamarac for the most part maintained its leading ratings from our 2007 Community Survey. For example, satisfaction with the value residents felt they received for their tax dollars increased only 1% point in Tamarac from 2007 to 2009, which might not sound like a lot. However, average satisfaction ratings for this same question decreased 9%

points in Florida, and decreased 3% points nationally. Likewise, Tamarac was already scoring higher than the Florida national averages for satisfaction with the visibility of police in neighborhoods. Our 2009 survey showed that satisfaction increased 5%, while it decreased 8% in Florida and 5% nationally. Some other areas where the average Tamarac respondent was more satisfied than the average Florida respondent, or even the average national respondent, were:

- Overall quality of services provided;
- Overall quality of life in the City;
- How well the City is planning for growth; and
- Overall appearance of the City.

The survey is conducted by ETC Institute, a nationally recognized surveying firm. If you’d like to see more survey results and learn how the City utilizes your input, please refer to annual report which was included as a part of the January Tam-A-Gram issue. It is also posted online at www.tamarac.org/publications. We think you’ll agree that the City of Tamarac is truly “A Community of Choice.”

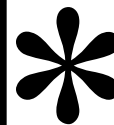
Comments. Questions?

Speaking of the needs of our residents and our ever-evolving approach to customer service, if you’ve visited the City’s website recently you may have noticed a new addition to our home page – a BIG RED BUTTON above the picture of the City Commission with the words “Comments. Questions?” in bold type. In our quest to continually improve upon the ways in which we meet the needs of our residents, this rather simple addition is your gateway to a whole new way in which to interact with your City government.

These days, more and more people are relying on the internet as a way to communicate with the companies, services, and yes, cities, they do business with. In Tamarac, we pride ourselves on “Customer Service... Second to None.”, and we recognize that for many people a quick email or message online fits better into their schedule than looking up a telephone number to place a call – not to mention the fact that trying to fit one more thing into an already hectic schedule can be daunting. The service we have chosen to utilize is called “eBetter Place” – a renowned interface used by communities throughout the country as a way to meet the needs of their residents.

Notice a pot hole in your neighborhood on your drive in to work [but don’t have

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IMPORTANT NOTICE: In the article above we talk about the new big red “Comments. Questions?” button on the City’s website, but there is also another new button designed to make your interaction with us even easier... the new **BIG GREEN BUTTON** that says “Pay Your Water Bill.” This new button, above the Commission’s photo will take you directly to the screen to pay your City of Tamarac utility bill. You can still pay your bill in person, but keep in mind **we no longer accept payments at City Hall**, all payments are now accepted at the Tamarac Community Center (8601 W. Commercial Blvd.). The change in location allows us to offer more services in one location with longer operating hours. For more information, call (954) 597-3590.

When you think of Public Works, do you think of big orange or yellow trucks digging up streets, hoisting heavy objects, fixing street lights, paving, bulldozing... In Tamarac, our Public Works Division does all of those things, and so much more.

Learn more about the Public Works Department and the services they provide visit us at www.tamarac.org.

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Public Works

Tamarac's Public Works is comprised of seven key divisions: Street and Roads, Stormwater, Engineering Services, Landscape, Parks Maintenance, Facilities Maintenance, and Fleet Management — here we give a brief overview of each of the seven divisions and the services they perform that keep the City looking great and running smoothly and safe; from keeping our roadways free of potholes and the canals clean and flowing, to preparing the athletic fields for each night's games.

The **Streets and Roads Division** is responsible for the maintenance and repairs of all City-owned streets, public parking lots, street lights, sidewalks, guardrails, and street signs, as well as the construction of new stormwater pipe, catch basins, and manholes. In addition, the Division coordinates repair and maintenance of traffic control devices with the Broward County Traffic Engineering Division.

Our **Stormwater Division** is responsible for treating canals for aquatic plants, debris removal, clearing and repairing drainage structures and pipes, and construction of

minor drainage infrastructure as well evaluating the capacity of existing stormwater systems, planning and design, and the administration of contracts for stormwater-related capital projects.

The **Engineering Services Division** is responsible for planning and construction, and everything in-between, of the City's capital projects. This Division also reviews, permits, and inspects projects designed and constructed by private developers.

Tamarac's **Landscape Division** maintains landscaping in public rights-of-way, medians, and facilities and buildings owned by the City of Tamarac.

The **Parks Maintenance Division** has similar responsibilities to the Landscape Division, but focuses on the City's park facilities by performing tasks such as preparing athletic fields, landscape and turf maintenance, and irrigation repair. This Division also provides the primary manpower necessary for all City planned events (such as the July 4th Celebration).

Facilities Maintenance Division is responsible for custodial services, minor construction and renovations, space planning, and building maintenance of public buildings.

Our **Fleet Management Division** is responsible for repairs and maintenance of City vehicles, including Fire Rescue apparatus, small and heavy equipment, stormwater pump stations, fuel systems, and emergency generators.

In addition to these seven key divisions, Public Works is also responsible for the City's Recycling and Solid Waste Removal programs. As a matter of fact, Tamarac's recycling efforts have resulted in one of the highest recycling rates in the County! In addition, Public Works coordinates the Free Disposal and Recycling of Household Hazardous Waste and Electronics Program.



The roof over your head

With the rainy season just around the corner, now is the perfect time to do routine, but important, roof maintenance and repairs.

As you know, your roof is one of the most critical components of your home, one that is all too often overlooked until there is a problem. Unfortunately, waiting until there is a problem, such as a roof leak, to make repairs can result in serious consequences (and expenses) including:

- Interior damage
- Wet attic insulation
- Deteriorated roof framing
- Damage to your electrical system

Roof repairs, or replacement, cannot be made in the rain so interior damage may continue unchecked for weeks, causing more problems and resulting in greater ex-

pense. In addition, roofers are often their busiest during summer months and emergency work often equates to heftier charges.

By addressing potential roof problems now, you will have time to obtain several estimates, compare cost estimates, check contractor references (and licenses) and possibly benefit from discounts. Do your research; take the time to learn about different types of roof systems and their comparative advantages in order to gain a clear understanding of what will be done, the cost and how long it will take to complete.

Most roofing jobs require a licensed contractor to obtain a building permit prior to starting the work. If you have any questions about whether a contractor is licensed, or if a permit is required, please contact the City Building Department at (954) 597-3420.

Toilet Rebates

[low-flow rebates still available]

The City of Tamarac Utilities Department still has rebates available to residents who purchase low-flow (1.28 gallon /flush) toilets. The rebates are offered for single family homes only. Additional eligibility requirements apply, please refer to the application available on the Utilities Department page of the City's website, www.tamarac.org/Utilities, or by calling the City's Water Conservation Specialist, Bill Franqui, at (954) 597-3792.

Remember, funds for this program are limited, to assure rebates are available, please submit your application prior to purchasing your new low-flow toilet.

For more information the Toilet Rebate program, or to have an application sent to you, please call (954) 597-3792 or email billf@tamarac.org.

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ODD ADDRESSES: Wednesdays and Saturdays | Midnight to 10 am | 4 pm to Midnight

www.tamarac.org/conservation

DID YOU KNOW?

Water restrictions remain in effect and are key to our conservation efforts! Water on your days ONLY!

WATER RESTRICTIONS

EVEN ADDRESSES: Thursdays and Sundays | Midnight to 10 am | 4 pm to Midnight

www.tamarac.org/conservation

Household Hazardous Waste Collection

03|10 Mark your calendars for **Sunday, May 2, 2010 from 8:00 am - 3:00 pm** — on that day the City of Tamarac, in partnership with Broward County, will offer residents and the surrounding communities the opportunity to dispose of household hazardous waste. The event will take place at the City's Public Works Complex (6011 Nob Hill Road).

We will be collecting items such as: used or leftover paint, solvents, pesticides, household cleaners, lawn and pool chemicals, batteries (rechargeable, auto, marine, etc.), motor oil, propane tanks, tires, printers, computers, monitors, keyboards, and more.

Basically, we're collecting everything you hold onto because you are unsure of how, or where, to dispose of it...

Please note, proof of Broward County residency is required to take part in the Household Hazardous Waste and Electronics Recycling program.

For additional information regarding Tamarac's hazardous waste disposal date, please contact **Tamarac Public Works** at: (954) 597-3700. For other collection dates, visit: www.broward.org/waste.

SPECIAL INSERT • IMPORTANT INFORMATION • SPECIAL INSERT

Learn more about the City's Class 7 Flood Rating... this rating can reduce your flood insurance premium up to 15%... check with your carrier.

SPECIAL INSERT • IMPORTANT INFORMATION • SPECIAL INSERT

If your Flood Brochure is missing, call Tamarac's Building Department at (954) 597-3420 for another copy, or for more information about this valuable information that can save you money.

AndLast

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In response to the devastating earthquake in Haiti, the City of Tamarac's employees came together to help collect clothing and non-perishable food items — the "Help for Haiti" drive was a huge success resulting in two large deliveries to our partners at Family Central. In addition to the collections, City Employees also participated in two "Dress Down for Haiti" days, where in exchange for a \$5 donation to the City's Haitian Relief Fund, they were able to wear jeans for the day. These two days, held simultaneously with similar events at Family Central, collected well over \$2,000! The money collected was presented to a representative of the American Red Cross by the Mayor and Commission at the Commission Meeting on February 24, 2010.



UNDER THE SHADOW OF A [BIG] TREE

COMMUNITY PARTNERS

MAKE A DIFFERENCE: May is National Foster Care Month and ChildNet encourages you to join the over 30 families in Tamarac who already foster children to provide a safe and stable home for a child, or children, in need. "Make a difference in the life of a child by becoming a foster parent." For more information visit www.ChildNet.us or call the Foster Home Recruitment Hotline at (954) 414-6001.

GOLF TOURNAMENT: The Greater Tamarac Chamber of Commerce will host its 15th Annual Golf Tournament on Friday, May 21, 2010 at the Colony West Country Club. Shotgun start at 8:00 am; auction and buffet luncheon at 1:00 pm. Come out and enjoy camaraderie, great sportsmanship, contests, raffles, prizes and much more! Cost: \$115.00 per golfer; \$400.00 per foursome; \$35.00 for luncheon and auction only. Sponsorship opportunities are still available. Visit www.tamaracchamber.com for more information, or call (954) 722-1520.

www.tamarac.org

OVER the course of several days in late November 2009 a new tree sprung to life in Tephford Park – maturing to full grown in less than five days, it is truly a unique species. Planted and nurtured in the mind of world-renowned artist Ilan Averbuch in response to the City of Tamarac's Public Art Committee's (pictured above with the City Commission and City Manager) June 2008 Call to Artists to fill the raised space that proudly overlooks the southern portion of the park, *Under the Shadow of a Big Tree* is the latest sculpture to be added to the City's ever growing collection.

Mr. Averbuch describes his sculpture as, "two forms, an elliptical segmented steel oval ring and a steel and stone tree form are interlocked; caught in each other and at the same time, supporting each other. While the large oval ring suggests an ongoing movement on an east-west axis, the tree takes us from the ground towards the sky," while most everyone else who views it in person simply says "beautiful."

Like all public art in the City, *Under the Shadow of a Big Tree* was paid for by the Public Art Fund established by the City Commission in 2005 with the passage of the Public Art Ordinance which requires 1% of the construction value of new projects/improvements be set aside for public art.

...while most everyone else who views it in person simply says... "beautiful."

Other pieces within Tamarac's art collection include: *Dawn and Dusk* by Jane DeDecker, located in-between the Tamarac Community Center and the Tamarac Branch of the Broward County Library; *Egretta Thula* by George Gadson, located at Tamarac Commons on the corner of McNab Road and Pine Island Road; *Illusion* by Leonardo Nierman located in front of the Tamarac Community Center; and *Eternal Flame* by Beth Ravitz located at Veterans Memorial Park (corner of University Drive and Southgate Boulevard).

Continued From: Page 7

time to look up a number]? Simple. Click on the BIG RED BUTTON, follow a few simple and intuitive steps and we'll handle everything from there. We'll even send you an email, or call you, to let you know the status of your request (of course, a general comment may not need a response).

How easy are those steps? Well... to keep the example of the pothole. A.) Log on to www.tamarac.org; B.) Click on the big red "Comments. Questions?" button — you will be re-directed to a new screen; C.) Choose "Enter a New Request" (note the "Check the status of an existing request." — this option allows you to track the status of a previous requests... to do this, you'll need to make note of your "Request Number" which you will be given after you complete your Request!); D.) On the new

screen, "Step 1", simply follow the steps — the first being to choose a Category from the drop-down menu, in this case "Road Repair", and then fill in the required info. "Step 2" is the screen that shows you that your requests has been sent and provides you with your Request Number — write this number down, or print the screen, for future reference. If you answer "Yes" to the question "Would you like to add addition contact information, you will be taken to "Step 3" — this step is optional, but it's the step that will provide us the contact information we need in order to get back to you.

The eBetter Place system can be used for a variety of items, from potholes to a general comment about an employee who provided you with great service, so log on to the City's website today at www.tamarac.org and click on the BIG RED BUTTON!

Renowned artist visits Tamarac



JANE DEDECKER

In the January/February/March issue of the *Tam-A-Gram* we highlighted two of Tamarac's newest public art pieces, *Dawn* and *Dusk*, by renowned sculptor Jane DeDecker. Ms. DeDecker was unable to attend the unveiling of the sculptures last November, but had committed to coming to our community as soon as her schedule per-

mitted — fortunately an opening in her schedule coincided with the date of the dedication of *Under the Shadow of a Big Tree* (see article on previous page). In addition to attending the dedication ceremony for Tamarac's newest sculpture, Ms. DeDecker spent the morning at Millennium Middle School speaking to a group of art students about her craft. She graciously spent the evening with a slightly older group at a public art lecture that followed the dedication ceremony — it was here that she recalled, not only her thought process and inspiration for *Dawn* and *Dusk*, but the entire process from concept to installation of one of her sculptures.

TAMARAC THEATRE

OF PERFORMING ARTS

New show...

"Last of the Red Hot Lovers"

April 17 - May 9, 2010

SHOW TIMES:

Saturday at 2:00 and 8:00 pm
and Sundays at 2:00 pm

TICKETS: \$20 per show

New show...

"Little Shop of Horrors"

June 5 - June 27, 2010

SHOW TIMES:

Saturday at 2:00 and 8:00 pm
and Sundays at 2:00 pm

TICKETS: \$20 per show

FOR MORE INFORMATION: (954) 726-7898 / www.ttopa.org / 7143 Pine Island Road

Now that you've read the informative *Tam-A-Gram*, it's time to *Flip For It!* and learn about the great programs and activities Tamarac's Parks and Recreation Department offers... it's all in the *Discovery* section of the *Tam-A-Gram!*

Discovery
Flip for it

Discover

Discover the Benefits of Tamarac Parks and Recreation



Summer Camp!

This year Tamarac's Parks and Recreation Department is thrilled to announce that the **NEW Tamarac Recreation Center** (located at Tamarac Park, 7501 N. University Drive, adjacent to Tamarac Elementary) will be home to the **2010 Summer Camp Tamarac program**. The Recreation Center includes some amazing amenities such as an instructional kitchen, fitness/dance room, computer lab, game room, arts and craft room with a kiln, plus two other large multipurpose rooms that the Tamarac camp groups will utilize for games, projects and more.

Camp Tamarac will be a supervised adventure for campers ages 5 to 12 years old and will offer a variety of activities including: cooking classes, yoga, sports skills, arts and crafts classes, weekly field trips, swim trips to the Caporella Aquatic Center, and more! Camp Tamarac is sure to be a place no camper will want to leave at the end of the summer! As an added convenience, this year the camp will offer a lunch option for an additional daily or weekly charge.

In addition, we are offering a new payment plan option

Continued: Page 2

April / May / June 2010

Presorted
Standard
US Postage
PAID
So. Florida, FL
Permit #1401

City of Tamarac
7525 N.W. 88th Avenue
Tamarac, Florida 33321-2401



"Summer Camp" Continued From: Page 1

this year as well (simply check the payment plan option box on the registration form when registering). If you are in need of a fee waiver please ask to speak to our Social Services Division to receive more information.

2010 Tamarac Summer Camp Fees:

1 st Child	2 nd Child
Resident \$504.00	Resident \$465.00
Non-Resident \$605.00	Non-Resident \$557.00

Registration packets are available at the Tamarac Community Center (8601 W. Commercial Blvd.), or the Recreation Center. **Call (954) 597-3620 for more information.**

TAMARAC ATHLETICS

The following sports leagues are offered in the City of Tamarac. Please contact the sports league at the phone number provided for more information.

Youth Sports Leagues..... Phone Number

Tackle, Flag Football/Cheerleading....	(954) 721-5131
Girl's Softball.....	(954) 881-7033 (www.eteamz.com/tamaracgirlsoftball)
Little League.....	(954) 720-0301 (www.tamaraclittleleague.com)
T-Ball/Coach Pitch.....	(954) 720-0301
Youth Basketball.....	(954) 722-1166
Youth Football/Cheerleading.....	(954) 721-5131
Youth Soccer.....	(954) 804-5022 (www.tamaracsoccer.com)

Adult Leagues..... Phone Number

Coed Softball.....	(954) 720-7103
Men's Basketball.....	(954) 533-5538
Men's Basketball League (Over 30)...	(954) 720-7103
Men's Soccer.....	(954) 553-0272
Men's Softball.....	(954) 726-2013

FACILITY LOCATIONS

Caporella Aquatic Center (Wellness Center)
9300 N.W. 58 Street

Gary B Jones Park for People and Pups
8101 Southgate Boulevard

Tamarac Community Center (TCC)
8601 W. Commercial Boulevard

Tamarac Multi-Purpose Center
7531 N. University Drive

Tamarac Park / Recreation Center
7501 N. University Drive

Tamarac Sports Complex
9901 N.W. 77 Street

Tephford Park
10003 Southgate Boulevard

More information: (954) 597-3620 / www.tamarac.org/parks.

SPECIAL EVENTS

Community Garage Sale

Where: Tamarac Community Center
When: Saturday, April 10th, 7:30 am – 12:30 pm
Fee: \$20.00 per vendor space

Mother's Day Dance

Enjoy a special evening of dinner, dancing, games, and a gift for all mothers.

Where: Tamarac Community Center
When: Saturday, May 8th, 6:00 – 8:00 pm
Fee: \$10.00 per couple / \$5.00 additional family member

Get Healthy, Go Green Expo!

Discover new green products, create less waste, and learn to live a healthier lifestyle. The Expo will include health screenings and information, fitness demonstrations, earth friendly vendors, a Farmers Market, and much more. You are invited to join us for this free community wide event. Vendors wishing to exhibit must fill out an application. Call (954) 597-3642 for more information.

Where: Tamarac Community Center
When: Saturday, May 15th, 9:00 am – 12:00 pm

Memorial Day Ceremony

Join us in remembering our Veterans as the City pays tribute to those who gave their lives to protect our freedom. The City of Tamarac Veterans Affairs Committee along with our Mayor and City Commission, invite you to join them on this special holiday. Winners of the "What Memorial Day Means to Me" essay contest will be recognized.

Where: Veterans Memorial Park (Located on the corner of Southgate Blvd. & University Dr.)
When: Monday, May 31st, 10:00 am

Father's Day Fishing Tournament

Grab your fishing poles and bait and enjoy a day of fishing with your family. Price includes a gift for dad and a grilled lunch. Fishing starts promptly at 9:00 am.

Where: Caporella Park
When: Saturday, June 19th, 9:00 am – 12:30 pm
Fee: \$10.00 per family of four / \$5.00 additional family member

Artist of the Month Exhibit

Visit the Tamarac Community Center to view:

April: Tamarac Elementary (Trash to Treasure)
May: Kings Point Arts and Crafts Club (Artistic Panorama)
June: Kings Point Camera Club (Nature's Gifts)

Show Your Talent!

Calling all local artists! Show off your creativity and share your love of art with the residents of Tamarac. If you are interested in displaying your artwork, applications are available at the Tamarac Community Center or call (954) 597-3635.

Become a Sponsor!

Sponsoring a special event is a great marketing approach to reach your desired audience. By partnering with the City of Tamarac, we will provide you with an avenue to promote your business and assist in increasing visibility in the community. Contact Charlene Nevadomski, Special Events Manager at (954) 597-3635 for more information.

ADULT TRIPS

Register for all trips at the Tamarac Community Center located at 8601 W. Commercial Boulevard from 8:00 am - 8:00 pm. All bus trips will leave from this location. **For information about any of our trips, call (954) 597-3620.** Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

Miami Dade Fair & Expo

When: Monday, April 5th
(Bus leaves at 4:45 pm and returns at 11:00 pm)
Fee: Residents: \$12.00, Non-Residents: \$22.00

Musical Series at Mizner Park Amphitheater, Boca Raton: Pathway to the Stars

When: Friday, April 23rd
(Bus leaves at 4:30 pm and returns at 10:00 pm)
Fee: Residents: \$10.00, Non-residents: \$20.00

IMAX Theater/ Islamorada Fish Company

When: Thursday, May 6th
(Bus leaves at 4:30 pm and returns at 10:00 pm)
Fee: Residents: \$15.00, Non-Residents: \$25.00

"Suds" – Broward Stage Door

When: Friday, May 21st
(Bus leaves at 7:00 pm and returns at 11:00 pm)
Fee: Residents: \$32.00, Non-Residents: \$42.00

Isle of Capri

When: Thursday, June 10th
(Bus leaves at 5:00 pm and returns at 10:00 pm)
Fee: Residents: \$5.00, Non-residents: \$15.00

Musical Series at Mizner Park Amphitheater, Boca Raton: Florida Atlantic University Musical Extravaganza

When: Friday, June 18th
(Bus leaves at 4:30 pm and returns at 10:00 pm)
Fee: Residents: \$10.00, Non-residents: \$20.00



PARK MAINTENANCE:

Gary B Jones Park for People and Pups

Tamarac Dog park, the Gary B Jones Park for People and Pups will be closed on the following dates for quarterly maintenance. Be sure to mark your calendars:

When: Wednesday - Thursday, April 14 - 15, 2010
Wednesday - Thursday, July 14 - 15, 2010
Wednesday - Thursday, October 13 - 14, 2010
Wednesday - Thursday, January 12 - 13, 2011

For more information about park maintenance, or any of Tamarac's parks, call (954) 597-3620.



SENIOR PROGRAMS

Calling all Seniors! Want to live a more vibrant life, form new friendships, feel a sense of achievement, and get in heart healthy shape? Be part of the fun and become a member of the award winning Tamarac Community Center Senior Program!

With over 50 different activities, programs and services per week, there is truly something for everyone. The Senior Program has over 1200 members who participate in activities such as Jazzercise, clay workshops, painting, line dancing, scrabble, volleyball, chair yoga, and much, much more. Where else can you enjoy all these activities all for \$25 a year!

The Senior Program is available to seniors ages 55 and up from Monday through Friday, 8:30 am – 4:00 pm. For more information and to check out our program listing, please visit the Community Center (8601 W Commercial Blvd.), or call **(954) 597-3620**, or visit us on the web at www.tamarac.org/parks. You can also get updates on the Senior Program through Twitter and Facebook (join our fan page "Parks and Recreation").

Below is a list of the classes Tamarac's Senior Program has to offer. Call (954) 597-3620 for more information...

CLUBS & ACTIVITIES

- Arts & Crafts
- Badminton
- Battle of Sexes Trivia
- Bingo
- Body Basics
- Card Making
- Card Playing
- Chair Yoga
- Chicken Soup for the Soul
- Coed Basketball
- Computer Class
- Creative Writing
- Duplicate Bridge
- Happy Hookers Club
- Jazzercise
- Jewelry Making
- Line Dancing
- Mah Jong
- Mediation
- Movies
- Painting
- Scrabble
- Stretch & Tone
- Tai Chi
- Think Loft (Brain Games)
- Volleyball
- Walking Club
- Water Exercise Class
- Weekly Dance Party
- Yoga
- Yogalites
- Zumba

SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless otherwise noted. Call the Information and Referral line at (954) 597-3642 for more information on social service programs that may be available in Broward County. For transportation issues, to register for our Transportation Program or to inquire about transit, please call (954) 597-3649. Schedules for the Red and Yellow Transit Routes are available at www.tamarac.org and at City facilities.

PROGRAMS

Caregiver Support Group

Are you a full-time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed with the challenges? Meet with others who share similar experiences caring for a loved one. In partnership with Jewish Family Services. Please call Susan Panzer at Jewish Family Service of Broward for more information at 954-370-2140.

When: 2nd and 4th Tuesday of each month, 10:00 – 11:30 am

Caregiving Workshops

Are you responsible for someone else's care? Find out what it means to be a caregiver and how to take better care of yourself. To register, please call Susan Panzer at Jewish Family Service at 954-370-2140.

When: April 21st, May 18th, June 16th, 10:00 am – 11:30 am

Chronic Disease Self-Management Program

Do you suffer from a chronic disease? Classes are 2.5 hours, once a week over a 6 week period. Participants who suffer or who are caregivers to those with chronic disease are invited. Light refreshments will be served at each class. In partnership with the Aging & Disability Resource Center of Broward County. Days and times to be announced. Space is limited. Please call (954) 597-3642 to register.

Depression & Bipolar Peer Support Group

Women's Group: Every Wednesday from 6:00 pm to 8:00 pm.

Co-ed Group: Every Thursday from 6:00 pm – 8:00 pm.

Meet with other women who share their personal experiences dealing with their mood disorders. For more information, call Depression and Bipolar Alliance at (954) 588-3272, or online at www.sfdbsa.com.

FISH (Families Invested Support Health)

FISH is a free support group for families of children whose behavior challenges family relationships, social development, and school performance. Sponsored by the Mental Health Association and funded by the Broward County Human Services Department. Call (954) 746-2055 or e-mail FISH@mhabroward.org for more information.

When: Wednesdays, 6:00 – 8:00 pm

Lower Your Prescription Costs

Start saving today with the City of Tamarac Prescription Discount Card program. Benefits include an average saving of 20%, free enrollment, coverage for all family members, and no income or age requirements. Please call Social Services at (954) 597-3642 for locations.

SERVICES/ GROUPS

Alzheimer's Support Group

When: 1st and 3rd Monday of each month, 10:30 am

Bereavement Support Group

When: Every Monday, 10:00 - 11:30 am

Eye Screenings

Please call (954) 597-3642 to schedule an appointment.

Free 911 Cell Phones for Seniors

2nd Monday of each month at 9:30 am. Call (954) 597-3642 to set up an appointment. Donations of cell phones are accepted.

Free Eyeglass Repair Program

When: Every Tuesday, 10:00 am - 1:00 pm

Hearing Screenings

When: 2nd Tuesday of each month, 9:00 - 10:45 am

Mammovan

Mobile Mammography Screening provided by North Broward Hospital District. Most insurance is accepted. If insurance is unavailable, there will be a \$75 fee to cover the cost. A referral is recommended. No HMO taken. Call (954) 597-3642 to schedule your appointment.

Meals on Wheels: Lunch

Served at 11:30 am for seniors 60 and older. Suggested donation is \$2. Provided by Broward Meals on Wheels. Must reserve a meal no later than noon the day prior by calling Patrick Massacqui at (954) 724-2544 between 9:30 am and 12:30 pm.

Osteoporosis Screenings

Call 1-800-257-0944 to schedule an appointment.

Project SAFE

When: 2nd Monday of each month, 9:30 - 11:00 am

Senior Coping Skills Group

When: 2nd and 4th Tuesday of each month, 10:30 am - 12:00 pm

Free Individual Senior Counseling: Please contact Sharon Roseman, LCSW at (954) 895-6031 to make an appointment. Tamarac residents only.

Senior Social

Join us for bagels and coffee and an educational lecture.

When: Every 3rd Tuesday of each month, 10:00 am

SHINE Counselor

Serving Health Insurance Needs for the Elderly. Questions regarding your Medicare/Medicaid Insurance? Call to speak to a SHINE counselor: (954) 745-9779.

Veterans Advisor

When: Every Friday, 8:00 - 11:00 am

PROGRAM SPOTLIGHT:

Matter of Balance

Do you have concerns about falling? Many older adults experience concerns about falling and restrict their activities. Matter of Balance is a free program that emphasizes practical strategies to manage falls. Call (954) 597-3620 for class start dates.

When: Tuesday and Thursday, 11:00 am – 1:00 pm

ADULT ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee		Location	Session
Badminton	Mon. & Wed.	6:00 - 9:00 pm	13 & over	\$3/\$5	Community Center	Per Class	
	Sat.	5:00 - 9:00 pm					
	Sun.	12:00 - 4:00 pm					
Clay workshop	Mon. & Wed.	5:30 - 8:30 pm	18 & over	\$55/\$65	Community Center	8-week	
Internet (Beginner)	Tues. & Thurs.	7:00 - 8:30 pm	18 & over	\$35/\$45	Community Center	4 classes	
Kundalini Yoga	Thurs.	9:30 - 10:30 am	18 & over	\$40/\$50	Recreation Center	4-week	
Line Dancing (Beginner)	Thurs.	6:00 - 8:00 pm	18 & over	\$7/\$8	Community Center	Per Class	
Line Dancing (Intermediate)	Tues.	7:15 - 8:45 pm	18 & over	\$5/\$6	Community Center	Per Class	
Line Dancing (Intermediate)	Thurs.	8:00 - 9:30 pm	18 & over	\$7/\$8	Community Center	Per Class	
Medicine Ball Workout	Sat.	10:30 - 11:45 am	13 & over	\$30/\$40	Recreation Center	4-week	
Middle Eastern Dance	Tues.	7:00 - 8:30 pm	18 & over	\$45/\$55	Community Center	4-week	
Salsa & Ballroom Dance	Wed.	7:00 - 8:00 pm	18 & over	\$35/\$45	Community Center	4-week	
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	\$1/\$2	Community Center	Per Class	
	Sun.	12:00 - 4:00 pm					
Taekwondo	Tues. & Thurs.	7:00 - 8:00 pm	13 & over	\$70/\$80	Recreation Center	4-week	
Teacher's Power Hour	Tues. & Thurs.	3:45 - 4:45 pm	18 & over	\$60/\$70	Recreation Center	4-week	
Tennis Lessons	Sat.	9:00 - 10:00 pm	13 & over	\$40/\$50	Sports Complex	4-week	
Windows Computer	Tues. & Thurs.	7:00 - 8:30 pm	18 & over	\$35/\$45	Community Center	4 classes	
Zumba	Mon.	6:30 - 7:30 pm	13 & over	\$20/\$30	Recreation Center	4-week	
	Wed.	6:30 - 7:30 pm					
	Fri.	7:00 - 8:00 pm					

FITNESS SCHEDULE

Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm	<p>Where: Tamarac Community Center</p> <p>Fee: Residents: \$5, Non-residents: \$6 per class Residents: \$45, Non-residents: \$55 for 10 classes Residents: \$99.38, Non-residents: \$198.75 for annual membership</p>
Boot Camp	Wed.	7:00 - 8:00 pm	
Hi/Low Impact Aerobics	Tues.	6:00 - 7:00 pm	
Kickboxing	Mon. & Thurs.	6:00 - 7:00 pm	
Pilates	Mon.	7:00 - 8:00 pm	
Step Fusion	Wed.	6:00 - 7:00 pm	
Yoga	Mon.	5:30 - 6:30 pm	
	Thurs.	7:00 - 8:00 pm	
	Sat.	9:00 - 10:00 am	

YOUTH ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee		Location	Session
				Resident/	Non-Resident Fee		
Acrobatics	Wed.	5:30 - 6:15 pm	5 - 9 yrs.	\$40/\$50		Community Center	4-week
Art Techniques	Sat.	12:00 - 12:45 pm	4 - 11 yrs.	\$35/\$45		Community Center	4-week
Basketball Fundamentals	Mon.	6:00 - 8:00 pm	8 - 13 yrs.	\$40/\$50		Multi-Purpose Center	4-week
Bellydance	Wed.	6:00 - 7:00 pm	13 & over	\$45/\$55		Recreation Center	4-week
Cold Porcelain Sculpting	Sat.	10:30 - 11:30 am	5 - 12 yrs.	\$60/\$70		Recreation Center	4-week
Computer Graphic Art	Sat.	10:00 - 11:00 am	8 - 12 yrs.	\$40/\$50		Recreation Center	4-week
Creative Minds Arts & Crafts	Tues.	4:30 - 5:30 pm	5 - 11 yrs.	\$40/\$50		Recreation Center	4-week
Drama	Wed.	3:30 - 5:00 pm	6 - 14 yrs.	\$50/\$60		Recreation Center	4-week
Fun-Art-Tastic Spanish	Fri.	5:00 - 5:45 pm	4 - 11 yrs.	\$36/\$46		Community Center	4-week
Guitar Lessons	Sat.	5:30 - 6:30 pm	8 - 12 yrs.	\$50/\$60		Community Center	4-week
Gymnastics	Sat.	11:30 am - 12:30 pm	5 - 11 yrs.	\$40/\$50		Recreation Center	4-week
Hip Hop / Cheerleading	Sat.	12:00 - 12:55 pm	5 - 11 yrs.	\$40/\$50		Community Center	4-week
Imagination Mornings	Wed.	10:00 - 10:45 am	16 mos. - 3 yrs.	\$10/\$15		Community Center	4-week
Level 1 Ballet & Tap	Sat.	10:00 - 10:45 am	3 - 5 yrs.	\$40/\$50		Community Center	4-week
Level 2 Ballet, Tap, & Jazz	Sat.	11:00 - 11:55 am	6 - 10 yrs.	\$40/\$50		Community Center	4-week
Salsa & Ballroom Dance	Wed.	4:45 - 5:45 pm	7 - 12 yrs.	\$40/\$50		Multi-Purpose Center	4-week
Soaring Into Reading	Tues.	6:00 - 7:00 pm	K - 2 nd Grade	\$40/\$50		Recreation Center	4-week
Start Smart Sports Dev.	Thurs.	6:00 - 6:45 pm	3 - 5 yrs.	\$30/\$40		Multi-Purpose Center	6-week
Taekwondo (Advanced)	Tues. & Thurs.	6:00 - 7:00 pm	7 - 12 yrs.	\$70/\$80		Recreation Center	4-week
Taekwondo (Beginner)	Tues. & Thurs.	5:00 - 6:00 pm	4 - 12 yrs.	\$70/\$80		Recreation Center	4-week
Teen Council Program	Thurs.	7:00 - 8:00 pm	12 - 17 yrs.	\$20/\$25		Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50		Sports Complex	4-week
Tumbling	Sat.	11:00 - 11:45 am	3 - 5 yrs.	\$40/\$50		Community Center	4-week
Tutorial Program	Wed.	5:00 - 6:00 pm	7 - 14 yrs.	\$69/\$79		Community Center	4-week
Yoga	Wed.	3:30 - 4:30 pm	6 - 12 yrs.	\$40/\$50		Recreation Center	4-week

The City of Tamarac offers all of these great activities and more! For more information call Parks and Recreation at (954) 597-3620. To sign up for any of our activities, or to speak with someone in person, visit our Customer Service Division located at the Tamarac Community Center, 8601 W. Commercial Blvd. (Hours: Mon. - Fri., 8:00 am - 8:00 pm, Sat., 8:30 am - 8:00 pm, Sun., 7:30 am - 4:00 pm). For the latest on what's happening in the City, you can follow us on Twitter at twitter.com/CityofTamarac or become a fan of "Parks and Recreation" on Facebook! Please note, date and times of activities are subject to change, please contact Tamarac's Parks and Recreation Department for more details.

CAPORELLA AQUATIC CENTER

Visit the Caporella Aquatic Center located at 9300 NW 58 Street. Enjoy its many amenities including a 25 meter swimming pool with zero depth entry and slide, children's water playground, 3,000 sq.ft. fitness room, locker rooms, picnic tables, and more.

Early Lap Swimming:

Tuesday and Thursday: 7:00 - 10:00 am

Pool Hours:

Weekdays: Pool: 10:00 am - 6:00 pm
Slide and Sprayground: 2:30 - 6:00 pm
Weekends: Pool, Slide, and Sprayground:
10:00 am - 6:00 pm

For Aquatic Center rental information and fees, please call (954) 597-3660.

Pro-active Arthritis Water Exercise Class

Work on balance and coordination while increasing range of motion, joint flexibility, muscle strength, and cardiovascular fitness without causing strain.

When: Monday, 10:30 - 11:00 am, and
Wednesday, 12:30 - 1:30 pm
Fee: Senior Program Members: Free
Non-Senior Program Members: \$2.00 per class

Swim Lessons

Swim Lessons are offered for beginner level swimmers. Swimmers will learn front float, back float, and general arm and leg motions for swimming freestyle and backstroke. (Parent-Tot: Ages 3 - 5; Level 1: Ages 6 - 16; Level 2: Intermediate: Ages 6 - 16; Adult: Level 1: Ages 17 & Over.)

Parents/Tots (Ages 3 - 5):

Monday/Wednesday, 6:00 - 6:45 pm;
Tuesday/Thursday, 5:00 - 5:45 pm;
Saturday, 9:00 - 9:45 am & 10:00 - 10:45 am

Level 1 (Ages 6 & over):

Monday/Wednesday, 5:00 - 5:45 pm;
Tuesday/Thursday, 5:00 - 5:45 pm & 6:00 - 6:45 pm;
Saturday, 9:00 - 9:45 am

Level 1 (Advanced):

Saturday, 10:00 - 10:45 am

Level 2 (Intermediate, Ages 6-16)

Adult Level 1 (Ages 17 & over):

Tuesday/Thursday, 6:00 - 6:45 pm

Fee: Residents: \$40.00, Non-residents: \$50.00

Competitive Swim Team

Beginners to serious competitors of all ages can join the competitive swim team. Private lessons are also available. Call (954) 597-3660 for more information.

Water Aerobics

Get a total body workout to improve motor skills, balance, strength, and posture. Moderate to high level of cardio will be achieved.

When: Monday/Wednesday, 6:00 - 6:45 pm
Fee: Residents: \$45, Non-residents: \$55

Fast TracKids

Get on the train of fun and activity pulling into the **Fast TracKids** program at the new Recreation Center (located at 7501 N. University Drive)! The City of Tamarac is dedicated to providing high-quality, affordable comprehensive programs that are fun for kids and incorporate fitness and wellness. *This new program will also fit the needs of working parents, allowing them the comfort of knowing their children have a safe and fun place to learn new skills until they can pick them up after work.* Our highly-trained staff interacts with children while incorporating the 5 core values of: Honesty, Respect, Everybody Plays, Everybody Wins and Teamwork to all activities. The participants will be split into different weekly "Tracks" which will rotate daily in to various areas including yoga, homework help, cooking, aerobics, sports skills and more.

The kids will learn about sportsmanship, teamwork and an active, healthy lifestyle while having loads of fun. We will offer numerous instructional opportunities for the participants in the areas of cooking, computers, fitness, aerobics, dance, arts and crafts, homework assistance and various sports. The maximum number of participants in the program is 25 children between the ages of 5 and 12 years old. The cost for the program is \$100/residents and \$120/non-residents per month; there is also a second child discount.

For more information, please call (954) 597-3674 or stop by the Recreation Center to sign-up your child.

WELLNESS CENTER

We invite you to visit the Tamarac Wellness Center (9300 N.W. 58th Street). We have a variety of free weights, life fitness machines, treadmills, elliptical cross trainers, recumbent life-cycles, stationary bikes and more. The Wellness Center offers a friendly non-competitive workout environment with an awesome view of our competitive pool or community garden. If this is your first visit, our qualified friendly staff will show you around and get you familiar with the equipment. We also have personal training sessions available. Visit the Tamarac Wellness Center today at 9300 NW 58th Street or contact us at (954) 597-3661 or visit our website at www.tamarac.org/parks.

TAMAGRAM

flip for it flip for it

Now that you've read about [just a few] of the great programs and activities Tamarac's Parks and Recreation Department offers... *Flip For It!* and read the City's informative magazine, the *Tam-A-Gram!*