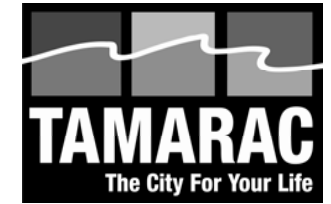
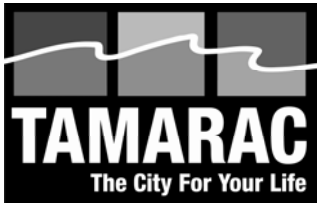


City of Tamarac Fitness Schedule



Tamarac Community Center
 8601 W. Commercial Blvd.
 Tamarac, FL 33351
 954-597-3620

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Body Sculpting 10:00-11:00 AM	Yoga 5:30-6:30PM Kickboxing 6:00-7:00PM Pilates 7:00-8:00PM	Hi/Low Impact 6:00-7:00PM	Step Fusion (Step/Sculpt/Pilates) 6:00-7:00PM Boot Camp 7:00-8:00PM	Kickboxing 6:00-7:00pm Body Sculpting 6:00-7:00PM Yoga 7:00-8:00PM	Body Sculpting 6:00-7:00PM	Yoga 9:00-10:00AM

Aerobics Yearly Membership Fees

Residents: \$132.50, Non-Residents: \$198.75
Senior Residents: \$106.00, Senior Non-Residents: \$149.00
Teen Residents (15-17 yrs): \$53.00

Per Class Fees

Residents: \$5.00 or \$45.00 Punch Card (10 classes)
Non-Residents: \$6.00 or \$54.00 Punch Card (10 classes)

The Fitness Center Deluxe Membership includes admission into the above classes.

