



Junior Lifeguard Program

Have you ever wondered if you have what it takes to be a lifeguard?

This class will prepare **10-14 year olds** for future lifeguard certification courses.

Each Jr. Lifeguard will learn six critical areas of lifeguarding:

**Recognition, Prevention, Fitness, Responsibility,
Leadership & Professionalism**

Students will learn basic water rescues, first aid/CPR, rescue breathing and will shadow a certified lifeguard on duty.

The Jr. Lifeguard program is a two day program that is the first step in allowing students the ability to learn first hand what it takes to be a certified lifeguard.

Fees:

Residents - \$45.00

Non-Residents- \$55.00

***Jr. Lifeguard T-Shirt & Whistle are additional fee of \$15.00 paid to Jeff Ellis Management on first day of program.**

**Saturday and Sunday
from 12:00-4:00pm
at the Caporella Aquatic Center
9300 NW 58th St. Tamarac**



For more information call: 954-597-3660

