City of Tamarac Parks and Recreation Activities

YOUTH ACTIVITIES						
Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Animation Class	Wed.	6:30 - 7:30 pm	14 & over	$70/$80	Recreation Center	6-week
Ballet, Tap, & Jazz	Mon.	6:00 - 6:45 pm	4 - 6 yrs.	$40/$50	Recreation Center	4-week
Cartooning Class	Sat.	10:30 am - 12:00 pm	10 & over	$60/$70	Recreation Center	6-week
Hip Hop/Cheerleading	Sat. Wed.	12:00 - 12:55 pm 6:00 - 6:45 pm	5 - 11 yrs.	$40/$50	Recreation Center	4-week
Imagination Mornings	Wed.	10:30 - 11:15 am	18 mos - 4 yrs.	$20/$30	Recreation Center	4-week
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	$70/$80	Recreation Center	4-week
Kids Cooking	Tues.	6:00 - 7:00 pm	7 - 12 yrs.	$35/$45	Recreation Center	4-week
Krafty Kids	Mon.	10:00 - 10:45 am	18 mos - 4 yrs.	$20/$30	Recreation Center	4-week
Level 1 Ballet & Tap	Sat.	10:00 - 10:45 am	3 - 5 yrs.	$40/$50	Community Center	4-week
Level 2 Ballet, Tap, & Jazz	Sat.	11:00 - 11:55 am	6 - 10 yrs.	$40/$50	Community Center	4-week
Little Sprouts Cooking	Tues.	10:00 - 10:45 am	18 mos - 4 yrs.	$20/$30	Recreation Center	4-week
Taekwondo (Beginner)	Tues. & Thurs.	5:00 - 6:00 pm	4 - 12 yrs.	$70/$80	Recreation Center	4-week
Taekwondo (Advanced)	Tues. & Thurs.	6:00 - 7:00 pm	7 - 12 yrs.	$70/$80	Recreation Center	4-week
Teen Club	Thurs.	7:00 -8:00 pm	12 - 17 yrs.	$50/$60	Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 -12 yrs.	$40/$50	Sports Complex	4-week
Tiny Tots Program (includes Imagination Mornings, Krafty Kids, Little Sprouts Cooking, and Water Safety)	Mon - Fri.	Times Vary	18 mos - 4 yrs.	$50/$60	Recreation Center	Monthly Membership
Tumbling	Sat.	11:00 - 11:45 am	3 - 5 yrs.	$40/$50	Community Center	4-week
Wing Chun	Mon. & Wed.	7:00 - 8:30 pm	10 & over	$75/$85	Recreation Center	4-week
ADULT ACTIVITIES						
Aerobic Cycling	Mon. Tues. Wed, Thurs, Fri Sat.	6:15 - 7:15 pm 7:30 - 8:30 pm 6:00 - 7:00 pm 10:00 - 11:00 am	16 & over	$5/$6	Community Center	Per Class
Badminton	Mon, Wed. Sat.	6:00 - 9:00 pm 5:00 - 9:00 pm	13 & over	$3/$5	Community Center	Per Class
Ballroom Dance	Wed.	7:30 - 8:30 pm	18 & over	$50/$60	Community Center	6-week
Fitness Boot Camp	Tues. & Thurs.	6:00 - 7:00 pm	16 & over	$6/$8	Recreation Center	Per Class
Line Dancing (Beginner)	Thurs.	6:00 - 8:00 pm	18 & over	$7/$8	Community Center	Per Class
Line Dancing (Interm)	Tues.	7:15 - 8:45 pm	18 & over	$5/$6	Community Center	Per Class
Line Dancing (Interm)	Thurs.	8:00 - 9:30 pm	18 & over	$7/$8	Community Center	Per Class
Middle Eastern Dance	Tues.	7:00 - 8:30 pm	18 & over	$45/$55	Community Center	4-week
Mixed Art	Wed.	9:30 - 11:30 am	18 & over	$40/$50	Recreation Center	8-week
Pilates & Yogalates	Sat.	9:30 - 10:30am	16 & over	$20/$30	Recreation Center	4-week
Pottery Class	Mon.	6:00 - 8:45 pm	16 & over	$50/$60	Recreation Center	8-week
Taekwondo	Tues. & Thurs.	7:00 - 8:00 pm	13 & over	$70/$80	Recreation Center	4-week
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	$1/$2	Community Center	Per Class
Zumba	Mon. Wed or Fri.	7:00 - 8:00 pm 7:00 - 8:00 pm	13 & over	$20/$30 $25/$35	Recreation Center Community Center	4-week
Zumba Toning	Tues. & Thurs Wed.	9:30 - 10:30 am 7:00 - 8:00 pm	16 & over	$20/$30 $35/$45	Recreation Center	4-week 8-week
FITNESS SCHEDULE						
Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm				
Boot Camp	Wed.	7:00 - 8:00 pm				
Pilates	Mon. & Thurs.	7:00 - 8:00 pm				
Strength Training Aerobics	Wed.	6:00 - 7:00 pm				
Weights with Will	Tues.	6:00 - 7:00 pm				
Yoga	Mon. Thurs. Sat.	5:30 - 6:30 pm 7:00 - 8:00 pm 9:00 - 10:00 am				

Where: Tamarac Community Center
Fee: Residents: $5, Non-residents: $6 per class
Residents: $45, Non-residents: $54 for 10 classes
Residents: $132.50, Non-residents: $198.75 for annual membership

For more activity information, please call the Tamarac Community Center at 954-597-3620 or the Recreation Center at 954-597-3674.
Registration is also available online for some programs at https://webtrac.tamarac.org